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September/October 2009

THE STATE OF GRACE ISSUE

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GRACEFUL EXITS

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AFTER MIDNIGHT

Who's Up Late in the Garden State

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Vivian Stringer



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inside

The State of Grace Issue

EDGE Restaurant

Lola Latin Bistro 12

ANDREA CLURFELD

After Midnight

New Jersey in the wee small hours 17

DIANE ALTER

What Price Beauty?

Welcome to the Marilyn Wars 22

NEIL PATRICK PARENT

It's A Gift

Products with an EDGE 34

CHRISTINE GIBBS

Saving Grace

Five beauty essentials 39

DAN BRICKLEY

The EDGE Interview

Rutgers hoops coach Vivian Stringer 50

ZACK BURGESS

Net Results

Stuff we found on the Internet 60

MARK STEWART

EDGE Images

Graceful Exits..... 41

Fall fashion feature

SUE BARR

Acting Out..... 55

Show biz in old New Jersey

KAREN SCHNITZSPAHN

Healthy EDGE

State Your Case..... 27

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President's Message

Why does summer leave us so quickly? These months, graced with long days and nice weather, never seem to linger long enough. As everyone gears up again for the activities of the fall, I hope that you'll find a few moments to leaf through our "State of Grace" issue. I especially enjoyed the interview with Rutgers University Women's Basketball coach Vivian Stringer, who knows a thing or two about grace, both on and off the court.



In this issue's Healthy Edge special section, we spotlight three Trinitas doctors, who recount their most challenging cases. Also in the special section we capture in words and pictures numerous events—both on and off the campuses of Trinitas—including our successful fundraiser earlier this summer at Hudson Farms in Andover, and the beautification of a City of Elizabeth park that bids a warm and beautiful welcome to all who come to Trinitas!

Be well!

Sincerely,

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Lola Latin Bistro

The Lola in Lola Latin Bistro, isn't a person, but an attitude. "The name Lola sounds fun and exotic and Latin," says Grace Castagnetto, the 25-year-old chef who inspired this fiesta of a restaurant in Metuchen, which is exactly that—fun, exotic and very Latin.

by Andrea Clurfeld

It's a party, Lola Latin Bistro, a lunchtime/dinnertime celebration of Castagnetto's spirited takes on the foods she grew up with in a Peruvian household in Perth Amboy coupled with what she learned as a culinary student in New York and as a mainstay in the kitchen of the venerable Frog & the Peach restaurant in New Brunswick. That's where restaurateur Nick Borzone met her and decided to create a restaurant that would showcase her talents. Thus was born Lola, a hot-pot of Latin flavors accented with the young chef's awareness of global trends and ingredients. Does it work?

One look around the high-energy parlor of a dining room on an SRO weekend night tells you food and diners are clicking, big time. There are bountiful bowls of Brazilian fish stew, fat pork chops plated with a colorful pineapple-jalapeno salsa and cocktail glasses of ceviches going out to tables and, momentarily, stopping conversation. If folks in the area who knew this spot on Durham Avenue as the longtime home to a traditional Italian restaurant had their doubts when Lola opened a

Lola Latin Bistro

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BYOB. Tote-along wine choices: A crisp white from Spain and/or a hearty red from South America. At Lola, lunch is served 11:30 a.m. to 2 p.m. Tuesday through Friday, while dinner is served 5 to 10 p.m. Tuesday through Thursday, 5 to 11 p.m. Friday and Saturday, 5 to 9 p.m. Sunday. Lola is closed Mondays.





year ago, they don't today. Lola is a firing-on-all-cylinders smash.

That's probably because Castagnetto has the gumption to turn garlic shrimp on its ear, taking a same-old, same-old starter and bumping up its flavor quotient with an infusion of warming, smoky-sweet guajillo chilies. She brushes baby pork ribs with mango and a mix of hot-woody spices, cooks them till they're spoon-tender and elicits swoons from diners. This chef knows how to seduce.

She pays homage to her South American heritage with empanadas that are basic and beautiful, such as the pockets of pastry filled with goat cheese and olives, or luxurious and alluring, such as the little bites stuffed with shreds of filet mignon. If you need to choose, go with the basic, since the beef empanada falls shy on juiciness and seasoning.

But there's nothing shy about the meaty chorizo con queso, with its tandem of heat-licked Spanish sausage tempered by a wash of tangy cheese that you roll into a flour tortilla. Tuna tartare goes Latin here courtesy of tortilla-shaped crisps that provided a cheery textural counterpoint to the silky seafood. I didn't think the starter needed the schmear of guacamole between fish

and chip; if anything, it clouded the play between main elements.

Think you know all about jalapeno? You can't, not unless you've experienced Castagnetto's garlic-and-aji-panca-marinated pork tenderloin. She gives the pork a night in the marinade that lets the ancho-esque taste of the Peruvian aji panca chile shine and then plates it with a jalapeno puree tamed by slow cooking with scents of cumin and sea salt. She coaxes an uncommon sweetness out of the normally hot jalapeno, allowing it to bring out the best in the pork. Factor in a heap of lime-licked Spanish coleslaw on the side, and it's an entrée sensation.

That Brazilian seafood stew shows the care taken by the kitchen to make sure each shrimp, mussel, clam or piece of finfish struts its stuff in the broth of onion-strewn tomatoes. Salmon isn't shortchanged, but coupled with mango that glazes the rich fish and makes it taste like a whole new species. But the biggest and best surprise of the night was what the chef did with chicken: Pumped up by bright citrus flavors and a burst of cilantro, then set astride rice enriched by coconut milk and flecked with scallions, chicken gets a full-regalia makeover from wallflower to prom queen.

Amazing Grace!

The menu at Lola is continually evolving as chef Grace Castagnetto plays with ingredients and dishes appropriate to the season. Her mariscada of late winter/early spring, for example, morphs from a fish stew with the hearty, creamy backdrop of coconut milk to a lighter hint-of-tomato bath in high summer.



We leaned in to discuss dessert options, necessary because, by this point in the night, the party at Lola was in full swing and the noise level bordering on nightclub. The loquacious host came by to advise, a server who confided his sideline is sweets pitched in his two pennies and, of course, we'd spied finales being delivered to tables around us. The skinny? Don't miss the tres-leches cake, probably the best version of the Latin three-milks cake I've had in the state—moist, not too sweet and creamy-textured as it was. And the flan, a wiggly, eggy, thoroughly custardy rendition of the classic.

It's hard to leave a good party. But at Lola Latin Bistro, I suspect the party's only started. **EDGE**

Editors Note: Andy Clurfeld is a former editor of *Zagat New Jersey*. The longtime food critic for the *Asbury Park Press* also has been published in *Gourmet*, *Saveur* and *Town & Country*, and on *epicurious.com*.

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An aerial night photograph of a city, likely New Jersey, showing a dense urban landscape with numerous lights from buildings and streets. A bright, full moon is visible in the dark blue sky, casting a soft glow over the scene. The city lights create a warm, golden glow against the cool tones of the night sky.

After Midnight

*In the wee small hours,
not all of New Jersey is in REM state*

by Diane E. Alter

I am an early bird. It has nothing to do with catching the proverbial worm; my day job in the financial sector simply required me to be up at the crack of dawn. No *Late Night* with Letterman. No *Conan*. No 1:00 a.m. road trips to the Wendy's Drive-Thru. Whatever the rest of New Jersey was up to after midnight was of little interest to me. Then came the financial vortex of 2008–09, which inhaled

my position and proceeded to transform me into an insomniac. I became the earliest of birds, a night owl. I soon found myself downloading songs on the Internet and dancing like no one was watching. Because no one was watching. It was time to get out and see what the rest of New Jersey was up to in the wee small hours. My first stop? That was easy. It was time to really learn how to dance.

☾ CHEEK TO CHEEK

Dancing in the dark is not just a Springsteen thing. The Fred Astaire Dance Studio—with six locations across the state—welcomed me with open arms when I requested an after-midnight session. By appointment, these professionally run studios, manned by champion dancers, bowed to my presence. The first words I heard after all the midnight pleasantries were exchanged were: “Shall we?” The rest was a little slice of history. As I was leaving the studio another nocturnal soul came liltin’ in, ready to dance the rest of the night (or, technically, the morning) away.

☾ HOME INVASION

Somewhere this evening in the Garden State, a group of ladies is enjoying a truly moving experience. They are spending the night in heaven courtesy of the Pampered Soul, whose magnificent, mobile spa rolls into your driveway to perform candlelight massages, facials, manicures, pedicures and other rejuvenating amenities.

☾ 'VETTE FLIX

The good old days are still here if you’ve got a decent GPS. The Warwick Drive-In Theatre in Vernon and Delsea Drive-In Theatre in Vineland run movies past midnight and offer fully stocked concession stands. Hot buttered popcorn. A box of Junior Mints. Orange pop. Get the picture?

ART ALL NIGHT

Artists are known for burning the midnight oil; after all, creative genius doesn’t keep to a schedule. Indeed, somewhere this very day in the pre-dawn hours, perhaps in your town, brush met canvas with extraordinary results. Art lovers can actually witness these creative bursts at Art All Night, a spring exhibition in Trenton that brings more than 500 works of visual and performing art to the public in a unique, 24-hour marathon. Pieces run the gamut, from children’s refrigerator art to poetry and performance art to exceptional work by fine artists and photographers. “And then you get the weird stuff,” says one event volunteer. “It’s kind of mind-blowing.”



Photo courtesy of Spirit Cruises

☾ WINE FOR WATER

I never really got over my long-ago infatuation with *Love Boat*. Perhaps that was what drew me to Lincoln Harbor, where Spirit Midnight Cruises shoves off at 12:30 a.m. and returns around 3:00. The journey begins with a dockside party and then it is smooth sailing on the Hudson in sophisticated style. Though true love eluded me on this particular voyage, the dancing, drinking, food and fun—not to mention the romantic views of the big city—beat the heck out of Circle Line.

☾ NIGHTLY BREAD

Whatever pundit wrote *Man does not live by bread alone* obviously hadn’t heard about Terrigno’s Bakery. The aroma of piping-hot loaves draws devotees down to Bridgeton right up to closing time, in the neighborhood of 12 o’clock. Think crusty on the outside, soft and doughy on the inside; seeded, whole grain, rye, sour dough, French, Italian. And for those who insist a balanced diet is a cookie in each hand, Terrigno’s also turns out a spectacular array of sweets, pastries, cakes, pies, and tarts. Bring an extra pair of hands.

LOUNGE ACT

Frank Sinatra's first group went by the name The Hoboken Four. Old Blue Eyes knew his way around the Mile Square City's backstreets, bars and juke joints in the 30s, but even *he* might be overwhelmed by the after-midnight choices in the town today. Among Hoboken's new and noteworthy hotspots is Lounge 11, at 505 Madison Street. An exclusive nightclub, bar and restaurant, it combines contemporary design with a hip New York atmosphere. The music selection is diverse, as is the crowd scene—especially on weekends.

SPIRIT OF DISCOVERY

If you're searching for weird in New Jersey in the pre-dawn hours, as a rule you shouldn't have to look very far. If you'd prefer a more structured foray, then head to Ocean City, where eerie sounds and sightings highlight the candlelight strolls led by the Ghost Tours staff. No two tours are alike, says one guide, because "many strange and unusual things have been picked up on digital cameras. At times, even my own hair stands on its ends."

STAR POWER

Leave it to New Jersey's own Ivy Leaguers to keep our eyes trained skyward all night. The Amateur Astronomers

of Princeton have focused their know-how, curiosity and enthusiasm on princetonastronomy.org, an astronomy and cosmology web site that lets us know what to look for on those early a.m. strolls. A 24-hour phone line (609) 737-2575 suggests the best time to wish upon a falling star or view a cosmic display, and alerts callers to sudden developments in the night sky. A recent call described an unusual lunar citing visible at 3:00 a.m. Live updates are also available to Tweeters at princetonastro.

COUNTER CULTURE

You knew this was coming, right? New Jersey is world-renowned for its diners, and rightfully so. Entire books and web sites have been devoted to the subject. Golly, a whole page in this issue of EDGE has been devoted to diner culture! Rather than debate the relative merits of the Garden State's classic eateries, I've chosen one to represent them all. The Mastoris Diner in Bordentown has been satisfying appetites and clogging arteries for more than four generations. An endless menu only hints at the jaw-dropping portions that cascade out of the Mastoris kitchen—which often serves 2,500 customers a day. Technically this is not an all-night diner; the Mastoris staff catches its breath for a couple of hours after 1:00 a.m. every morning. But that has not kept it from becoming one of Jersey's most cherished late-night traditions.

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According to the American Cancer Society, 150,000 Americans will be diagnosed with colorectal cancer each year, and over one-third of them will die from it. Colon cancer is the second leading cause of cancer death in both men and women, killing more people than breast and prostate cancer combined.

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Preventative health care is the wisest form of care available, which is why doctors advise everyone over the age of 50 (or earlier if there is a family history of colon cancer or polyps, or if diagnosed with colitis) to undergo a careful screening of their large intestine (the colon).

All colorectal cancers originate from benign growths in the colon called polyps. The goal is to remove them before they have a chance to grow into a cancerous polyp.

So, colon cancer is preventable with early diagnosis.

• CURABLE •

The good news is that colon cancer is 95% curable when it is detected and treated at its early stages, before physical symptoms develop.

A screening colonoscopy is a test which examines the large intestine, where pre-cancerous polyps are identified and removed. It is considered the most reliable and effective way to prevent and cure colon cancer.

The Board Certified physicians at the Center for Digestive Diseases, P.A. specialize in screening colonoscopies, as well as all other gastrointestinal problems since 1980 and have teaching affiliations with Trinitas Hospital. The physicians are affiliated with other area hospitals. Dr Muthasamy served as past Chief of Gastroenterology/Endoscopy at St Elizabeth (Trinitas) Hospital from 1981-1995, and remains actively involved in teaching Resident Doctors and Medical Interns.

Having a screening colonoscopy decreases your risk of developing colon cancer and increases your chance of survival if colon cancer is detected.

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What Price Beauty?

Marilyn Monroe is said to have had \$3.50 in her apartment when she died. Yet she will make more money this year than all but a handful of Hollywood stars.

How is she worth more dead than alive?

Who gets that money? Who doesn't (but should)?

Welcome to *The Marilyn Wars*.

by Neil Patrick Parent

Marilyn Monroe has been dead for 48 years. Do you care? In some years the dead Marilyn earned over \$7 million on sales of over \$60 million in merchandise bearing her name or image. Still don't care? Well, I know who does care. A unique group of sharp businesspeople, creative lawyers, nostalgic purveyors of porn, scheming collectors, paranoid political conspiracy theorists, fraudsters and infringers, fans and obsessed idolaters, and loyal devotees who seek to prolong their candle in the wind.

These are the soldiers in *The Marilyn Wars*. They are engaged in a struggle of constant calumny, lawsuits, claims of fraud and theft, and even threats of duct-taping and abduction. The main battlegrounds are the federal courts and state legislatures, and the principal combatants are the estates of various artists claiming conflicting intellectual property rights in Marilyn, and the publishers and photographers who took the iconic photographs reproduced on so many of the pieces of merchandise sold under her name. The rest of the colorful players (who are worthy of their own article) are cheerleaders of varying stripes.

Over the last few years, *The Marilyn Wars* have changed the entire playing field for intellectual property rights known as "rights to publicity," sparking precedent-setting court cases from coast to coast over who owns a piece of what or whom. And all over a sex symbol who would have recently turned 83.

A product of national obsession and hard work behind the scenes, Marilyn's estate—in tandem with its licensing agents and others—has fought to ensure that her memory lives on, and productively so. Marilyn's name or image has appeared on dozens of products and advertisements, from a "Marilyn" perfume line in Europe to advertising campaigns with Dom Perignon, Absolut and General Motors. There are even Marilyn-themed casino slot machines and a line of pet clothing that includes a hot-pink dog dress with the slogan, "Diamonds are a Dog's Best Friend." (Seriously.) Would you reach for a bottle of water bearing the iconic image of Marilyn stretched out on a red velvet blanket over one of Fuji or Evian? Gauging from their labels, the makers of Star H2O must think so.



Above: Marilyn as cover girl, postmortem. Who owned these photos? Facing page: A print of a publicity shot of Marilyn recently sold at auction. Art or artifact?

Marilyn Monroe memorabilia courtesy of Black Book Partners

So who owns Marilyn, and who or what has the right to the proceeds from her legacy? After all, that's what *The Marilyn Wars* are really all about.

In her will, Marilyn left the residual of her estate to her acting teacher, Lee Strasberg of New York. Some years after Marilyn died, Strasberg married named Anna Mizrahi, who by many accounts never met Monroe. After Lee died, Anna connected with Mark Roelser, who had founded a company now called CMG Worldwide, headquartered in Indianapolis. This location is important because Roesler had lobbied the Indiana legislature to pass a law giving rights to publicity to the estates of deceased people— despite the fact that they were already dead when the law was passed, thus coining the term, "posthumous rights to publicity." This allowed

CMG to capitalize on the rights of publicity licensed to his company by the heirs of deceased celebrities. CMG began enforcing these rights around the country, encouraging those selling merchandise using those names to pay a licensing fee for the privilege.

Over time, this became big business. Today CMG represents scores of “living legends” ranging from Monroe to Malcolm

X. Some American icons became, in effect, worth more dead than alive. Who in 1947—the year when Marilyn was crowned Miss California Artichoke Queen—would have guessed that over \$30 million would have been collected on Marilyn merchandise and advertising through the end of last year?

Among those requested to pay fees for the use of Monroe’s image have been the heirs to photographers who themselves had taken some of the iconic photographs of Marilyn that the estate was exploiting. One such instance involves the famous publicity still from the film *The Seven Year Itch* where Marilyn is standing above a New York City subway grate with her dress billowing up around her. Issues of copyright and right to publicity are now center stage as CMG and other combatants in *The Marilyn Wars* have staked competing claims over who or what has the right to capitalize on Marilyn’s



Joe and Marilyn were front-page news in every corner of the world. She still out-earns the Yankee Clipper.

The Marilyn Mystique

How does one account for the posthumous power Marilyn Monroe holds over American culture? The singularity of her experience may help account for her continued fame. Marilyn came to Hollywood as the prototypical wide-eyed, small-town girl and, early on, seemed destined to be consumed by the powerful older men who control the film industry. Instead, she became the world’s biggest movie star and most famous sex symbol. She married a baseball legend (Joe DiMaggio) and divorced him. She married the country’s most famous living playwright (Arthur Miller) and divorced him, too. Finally she entangled herself romantically with the U.S. President and Attorney General before her apparent suicide at 36. You can’t make this stuff up.

robust brand. While the CMG-friendly courts of Indiana have enforced posthumous rights to publicity, the courts and statutes of other states such as New York and California have not necessarily followed suit.

Importantly, New York has no laws granting posthumous rights of publicity. California, another state in which Marilyn maintained a home, *did* have such a law passed, but only in 1984, some 22 years after Monroe's death. However questions were raised about its retroactive effect. In 2007, a court ruled that because there was no such right in New York (and that California's law had no retroactive effect), no such right existed when Marilyn died in 1962 and, therefore, it was impossible for her to have conveyed that right in her will. You can't convey something that you don't own, and if it didn't exist when you died, you can't have owned it.

While these litigations and appeals are ongoing, CMG continues to own numerous registered trademarks relating to Marilyn Monroe. But others are jumping on the Marilyn

bandwagon, such as her photographers and others claiming interests in her image. *The Marilyn Wars*, in other words, are just heating up (and one can only imagine the fires soon to rage regarding the Estate of Michael Jackson). Their outcome impacts hundreds of millions of dollars and has implications to the estates of scores of famous people and their future estates. It will take some years before the stardust settles, but in the meantime, Marilyn keeps smiling and profiting a great many well beyond her few happy years. Not bad for a "candle in the wind."

Editor's Note: Neil Patrick Parent is a partner in the Manhattan-based law firm Reavis Parent Lehrer LLP (www.rpl-law.com) with affiliates in Los Angeles and San Francisco. The firm has a practice group concentrating in intellectual property and entertainment law. This article is not intended to convey legal advice and individuals seeking information concerning the above should seek appropriate legal counsel.

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State Your Case

Shiny hair and teeth, longer legs, firmer abs, cooler apartments, faster cars—the list of differences between TV docs and the real-life ones is practically endless. Yet from a practical standpoint, the difference that matters the most to real-life patients is this: Can you help me? That’s when the TV docs disappear and the true problem-solvers hit their mark.

by Lisa Milbrand

Let’s face it. Who doesn’t love a good medical drama? When some “Doc Hollywood” sinks his teeth into a perplexing patient, we are transfixed. These television characters will crack the case—we know it and, on some level, we know they know it, too. The medical dramas that play out on hospital floors every day present the same challenges and demand the same out-of-the-box thinking.

However, when a patient stares desperately into a doctor’s eyes, that’s not acting. It’s the real deal.

We asked a trio of the top docs at Trinitas to “state their case”—the one that intrigued or challenged them, surprised or gratified them, the kind that makes real-life doctoring far better than doctoring As Seen On TV.

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A HELPING HAND

For Dr. Richard Mackessy, the chairman of Trinitas' orthopedics department and a specialist in hand surgery, the toughest patients are often the youngest. He's spent the past 20 years donating his surgical expertise to Healing the Children, a nonprofit that helps children from around the world come to the U.S. to receive treatment. "Most of the kids have congenital problems with their legs that keep them from getting around," he says. "We usually have to amputate and give them a prosthesis, but the results are amazing—it allows them to be up and walking around, independent and functional."

Healing the Children sponsored two of Dr. Mackessy's most memorable patients—a pair of children from Russian orphanages who had severe hand deformities. The first, a boy, was missing a thumb due to a congenital condition. Dr. Mackessy was able to utilize the index finger to create a thumb for the little boy. "You situate the index finger in a different way, attach different muscles, and take one of the bones out of it, and you've created a thumb." The surgery helped the child gain use of his hand.

Another, a little girl, was missing most of her left arm below the elbow, and the fingers on the right hand were fused together. Dr. Mackessy was able to separate the thumb and fingers on the right hand, and perform surgery to make her left arm more useable. Both kids not only regained the use of their hands, they gained something else—while they were in America for their surgeries, they were adopted by U.S. families. Dr. Mackessy says he constantly sees the power of medicine. "[This work] makes you see life differently—it shows you what medicine can do for people."

THE HEART OF THE MATTER

For Dr. Arthur Millman, head of Trinitas' cardiology center, mending broken hearts is all in a day's work. One of his most interesting patients was a 70-something lady who wanted to skydive. "She wanted to get a letter from us that said that she could go, but she was in severe heart failure, with a leak in the mitral valve," he recalls.

After she was stabilized, Dr. Millman was able to surgically repair her valve. "While you can replace the valve, doing so damages the heart muscle and creates illness in the patient," he says. "If you are able to fix the valve instead, it's still you, not some piece of plastic or something that came from a cow or a pig."

With this valve repair, he was able to give the patient a whole new lease on life. "She can take care of herself now, go

shopping—things she couldn't do beforehand. I still tell her that skydiving isn't a good idea, though."

SOLVING A MEDICAL MYSTERY

When a young diabetic patient came to Dr. Paul Vaiana early in his medical career complaining of numbness in his hands and feet, the now-president of Trinitas Regional Medical Center's Medical and Dental Staff, might have assumed that the problem stemmed from a failure to take his medications. But Dr. Vaiana noticed something that concerned him. "He had no motor strength, and that made me think that something else was happening."

A spinal tap revealed the cause—Guillain-Barré syndrome, a disorder in which the nervous system comes under attack by the body's immune system. At the time, not much was understood about the disease, but Dr. Vaiana knew his patient was running out of time.

"I knew it needed to be addressed quickly with a very

specialized treatment," he recalls. "If you aren't able to wash the patient's blood, they became ventilator-dependent quickly." Dr. Vaiana and the hospital were able to locate a plasmapheresis machine within 24 hours to cleanse the patient's blood and get him on the road to recovery. "Everyone worked together on this young man and in three days he was out of the woods," he remembers. "We were so aggressive in treating it, and now that is the standard care of this disease."

Three decades later, that young man is still Dr. Vaiana's patient. "I love practicing medicine and having a relationship with my patients," Dr. Vaiana says. "It's not the money driving care here—I'm glad to be part of a team who really goes out of their way to help people in their time of need." **EDGE**

Editor's Note: Lisa Milbrand is a New Jersey-based writer whose articles on health and relationships appear in *Parents*, *Arthritis Today* and *Modern Bride*. Her blog *themamahood.com* celebrates the life of a working mother.



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TRINITAS PEOPLE

WALK THIS WAY

Curb Appeal. We know how crucial it is to making a first impression. Thanks to a partnership of the Trinitas Comprehensive Cancer Center, City of Elizabeth, Gardener's Touch Landscapers, and the Elizabeth Garden Club with Groundwork Elizabeth, the patch of land outside of the Williamson Street Campus of Trinitas in downtown Elizabeth has undergone a beautification project. The result? A breathtaking "Welcome" to the medical center's campus.

Earth moving and other heavy-duty equipment crews from the City began transforming this plot of land in early summer. Undeterred by the rain in June, volunteers from Groundwork Elizabeth and Elizabeth High School took advantage of an overcast day to prep the soil, plant a variety of groundcover and flowering plants, and spread mulch. Their hard work resulted in the beautification of the Sheridan Square Triangle that greets all who walk or drive onto the campus.

Talented landscape designers Cindy and Sal Coppa envisioned a garden filled with more than 100 vinca bowles perennial vines. Jonathan G. Phillips (far left), Executive Director of Groundwork Elizabeth, is encouraged by the work thus far and is gearing up for more hard work ahead. "We're planting bulbs in the fall that will bloom in the spring," he explains. "We'll celebrate our hard work with a formal dedication of the park and will install a Welcome to Elizabeth sign, too. We want everyone to know that this park has been designed for all to enjoy."



A WOMAN OF DISTINCTION

Dedicated. Progressive. These were among the words used to describe Dr. Nancy DiLiegro, PhD, FACHE as she received the American Heart Association's "Woman of Distinction" Award (in the Business, Industry, Healthcare category) at the organization's 7th Annual Go Red for Women Luncheon. Dr. DiLiegro (left, with keynote speaker Nancy L. Snyderman, MD, Chief Medical Editor of NBC News) is Trinitas's Vice President of Clinical Services. She was hailed as a "leader in healthcare who has served as a catalyst in her workplace and community promoting women's cardiovascular health and wellness—while implementing several programs which foster improvement in the region's health."



TRINITAS PEOPLE

AIMING HIGH

The First Andrew H. Campbell Memorial Sporting Clays Tournament, held this summer at Hudson Farms in Andover, netted \$48,000 that will benefit patients of the Trinitas Comprehensive Cancer Center. The event brought out 85 shooters and included a Silent Auction and nature walk.



Vincent Salerno MD (Trinitas Comprehensive Cancer Center), Gary S. Horan, and Thomas Jacobson (Trustee, Trinitas Health Foundation).

Andrew H. Campbell served as Chairman of the Board of Elizabeth General Medical Center in the late 1990's and later as Chairman of Trinitas Health and Hospital. He was Vice Chairman of the Board of Trinitas Health and Hospital at the time of his death in April 2007. The building that houses the Trinitas Comprehensive Cancer Center in Elizabeth was rededicated as the Andrew H. Campbell Pavilion in September 2008.



Bon Jovi keyboardist David Bryan is flanked by Nadine Brechner (Executive Director, Trinitas Health Foundation), Vincent Abate, Alfred B. Nunan Jr. (Co-Chairman, AHC Sporting Clays Tournament Committee), and Cynthia Campbell, wife of the late Andrew H. Campbell.



James Kellogg, David Bryan, Kirk Kellogg, and Russell Lucas take a break at beautiful Hudson Farms.



Cynthia Campbell, surrounded by family members, kicks off the event with the ceremonial cannon blast. Gary S. Horan, FACHE, President & CEO of Trinitas Regional Medical Center, applauds her remarks.



Andrew H. Campbell Jr., David Outcalt, Matthew O'Donnell and James Campbell.

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by Christine Gibbs

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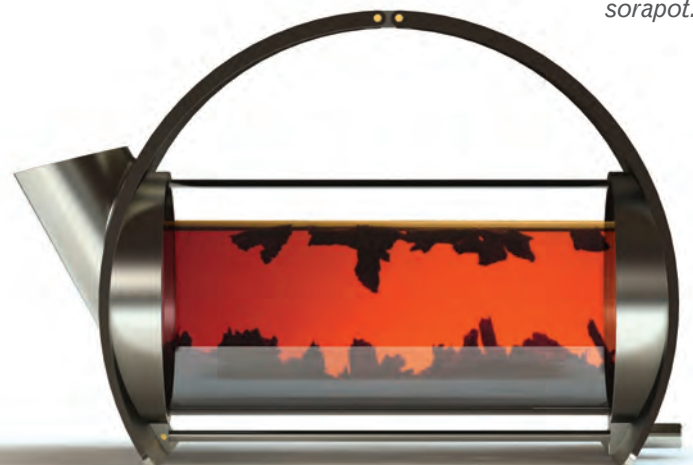


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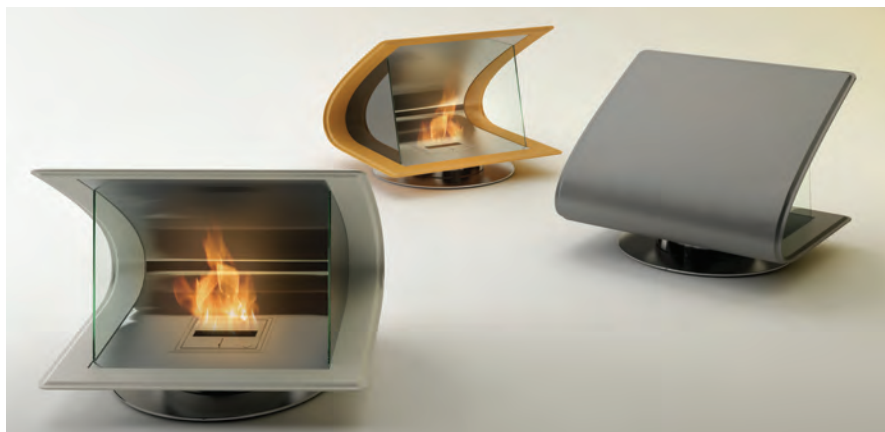
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Emergency Medical Technician Refresher Program

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8:30 am - 5:00 pm

May, June, November and December

Paramedic Refresher Programs

16 hour recertification class

8:30 am - 5:00 pm

February and October

CPR for Healthcare Providers, Initial Classes

Second Tuesday of every month

9:00 am - 3:00 pm

CPR for Healthcare Providers, Refresher Classes

Fourth Thursday of every month 9am - 12 noon

CPR Instructor Programs, Initial Classes

September and February

CPR Instructor Programs, Refresher Classes

February, March, April, May, June and Sept

Emergency Medical Technician Continuing Education Programs

Monthly

Dates vary. Contact training center

First Aid Class

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Babysitter Safety Program

Available on request for groups of six or more

Contact training center

Advanced Cardiac Life Support Programs (ACLS)

Monthly

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Pediatric Advance Life Support Programs

Monthly

Dates vary. Contact training center

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Saving Grace

Five essentials for that little bit of Grace in all of us.

by Dan Brickley

When you name your daughter Grace, let's face it, you set the bar high. Starting in toddlerhood, the heat is on these girls to be just a bit more refined and elegant than the other kids. As Grace blossoms into young adulthood there comes the added pressure of living up to the divine blessing suggested by her name. And as the years pass, she must make us feel graced by her presence just to stay in our good graces. Let her slip, even for an instant, and—surprise—there is no grace period! In that respect perhaps there is indeed a little Grace in all of us. At least I'd like to think there is.

So it's worth noting that the saving grace of *being* Grace is that no two Graces are exactly alike. Among the myriad ways to express this individuality is through the products one uses to look and feel wonderful when venturing out into the world. Whichever of the following five Graces you happen to be, here are five essentials you can use to save the day.

GRACE KELLY • *ICONIC ACTRESS*

The quintessential Grace. If anyone were ever just born perfect, it was she. Refined yet warm, bold yet demure, perpetually charming and unyieldingly beautiful. This Grace is sophisticated and chic. She spares no expense, gravitating to **CHANEL'S SUBLIMAGE** cream (\$350, 1 oz.) to keep that million-dollar face in check and **JO MALONE'S GRAPEFRUIT** cologne (\$100, 100 ml) to seduce and mystify. In the crowning glory department, she never forgets to keep her blonde icy with **FREDERIC FEKKAI'S** very own "Grace" color serum (\$30) because flawless hue is essential. And this Grace uses **BREMENN RESEARCH LAB'S LUMEDIA FACIAL BRIGHTENER** (\$90, 3 oz.) and



MURAD'S RESURGENCE RENEWAL EYE CREAM (\$73, .5 oz.) to remain luminous at any hour.

GRACE SLICK

• *60s ROCK GODDESS*

The rebellious Grace. This Grace is the very essence of revolutionary cool. She is wildly beautiful, a fierce Athena with a twist of Venus. Her spirit is unwavering, yet elegant. She is a mix of earth mother and warrior, of intellect and magic. This Grace wears **CREED'S WILD JASMAL** perfume (\$190, 2.5 oz.), **BUMBLE AND BUMBLE Bb.SHINE** (\$35, 4 oz.) for glossy shag hair, and **CHANEL'S** navy liquid eyeliner (\$45) to enhance her powerful, exotic gaze. It might be said that this particular Grace is known to, *ahem*, indulge now and again, and that's one of the reasons we love her. On the flip side of that coin, **AMORÉ PACIFIC'S TREATMENT ENZYME PEEL** (\$60, 2.5 oz) is sure to erase the evidence of any debauchery. Meanwhile, **DECLEOR'S 10 DAY RADIANCE POWER CURE** (\$37, .33 oz) is a quick and holistic fix to brighten her complexion after dehydration from lack of sleep, sun exposure or perhaps, one too many summertime cocktails.



GRACE JONES • *SULTRY SUPERMODEL*

The exotic Grace. She is a modern surrealist. This Grace is fueled by an almost primal force. She is staggeringly, savagely beautiful, and Amazonian in her sensuality. This Grace is not demure; instead her beauty flows from an overt and fabulous artistry. She wears **ROBERT PIGUET'S FRACAS** perfume (\$95, .25 oz.), **MAKEUP FOREVER'S NEON PINK POWDER BLUSH** (\$19), and **PHILOSOPHY'S MIMOSA LIP SHINE** (\$12) for a bold pop-art palette. This Grace is nothing if not physical, and to keep her body

tip-top, **CLINIQUE'S TURNAROUND BODY SMOOTHING CREAM** (\$28.50, 5 oz) is a unifier on the front against strain and age, while **NUDE SKINCARE'S AGE DEFENSE DIETARY SUPPLEMENT** (\$108, 80 capsules) is an innovative regimen to keep skin tight, firm, and youthful.



GRACIE ALLEN • *CLASSIC COMEDIENNE*

The witty Grace. She is quick and clever. This Grace is the first person you look for at every party, and the last you forget. She is fiercely independent, irresistibly fiery, and complexly rich. What she sacrifices in mystery, she more than compensates for in her confident allure. She wears **BOND NO. 9'S WEST SIDE EAU DE PARFUM** (\$200, 100 ml.), **NARS SEPHORA FLAME** lipstick (\$24), and **BARE ESSENTIALS' BUXOM LASH MASCARA** (\$18) for deep red, sumptuous lips and bold, beautiful eyes. In a pinch, this Grace turns to **CLARINS' INSTANT LIGHT PERFECTION TOUCH** concealer (\$30) and **DUWOP'S SIDEWINDER CHEEK VENOM** (\$24, .35 oz) to ensure coverage and a brazen, natural flush.

GRACE GARCIAPARRA • *BABY GRACE*

The Grace of things to come. When you're the progeny of the ultimate soccer mom (Mia Hamm) and a baseball All-Star (Nomar Garciaparra) you had better soak up all the pampering you can before it's time to get fitted for that first pair of cleats. **WELEDA** has the most delicate, organic products in its **CALENDULA** line. The company's Starter Kit (\$12)—which includes Baby Cream, Lotion, Shampoo/Body Wash, Calendula Oil, and Diaper Care—is as gentle as can be and everyone knows that comfortable baby equals happy mother. When it comes to dressing a toddler, **PETIT BATEAU** is at the top of the list. Classic, comfortable, and pure products for baby abound. Check out the **MILLERAIES LONG-SLEEVE NEWBORN BODYSUIT** (\$20) and **ROBBIE ADRIAN'S VELOUR ORGANIC BABY BLANKET WITH SILK TRIM** (\$44-\$270) for the ultimate in cuddling. **EDGE**

Editor's Note: Dan Brickley was the host of TLC's *A Makeover Story* for three seasons. He has authored numerous articles on fashion and beauty.

Graceful Exits

Photography by Sue Barr

Grand entrances are no longer required to catch the eye of that special someone, especially in hip hideaways like New Jersey's own Hotel Indigo. Indeed, when prepping for a romantic rendezvous, understated elegance is always in fashion.

Being a power couple (or just dressing like one) does have its pitfalls, however. Schedules can un-mesh in the blink of a Blackberry, leaving a better half out on a limb. That's just one reason why looking like a million bucks when you leave a lobby is just as important as turning heads when you come in.

Model:

Marisella Cruz

Next Model Management

Hair & Make-up:

Chuck Jensen/Mark Edward Inc.

Christine Krawczuk, Assistant

Fashion Stylist:

Ellen Silverstein

Digital Tech and Retouching:

Elisha Jacobsen

Bill Haber, Intern

Photo Assistants:

Chris Pinto

Ryan Struck

Production:

Ashley Moran

Location:

Hotel Indigo in Rahway

Special thanks to

Tracey Powers/Hotel Indigo,

Paul Monteiro/Leonardo Jewelers,

Owen Gould/Orchid Wrangler,

and Ray Catena Motors.

WAITING GAME

RALPH LAUREN cashmere turtleneck sweater & gray and white wool pinstripe jacket and pant/**LORD & TAYLOR** • Milanese diamond and prasiolite cluster ring/**LEONARDO JEWELERS** • Sunglasses/**BCBG** • Leather wallet/**COLE HAAN** • Vintage gloves/**ATOMIC PASSION**



WONDER WOMAN

NANETTE LEPORE plaid 40's-inspired short-sleeve jacket with leopard print belt & /LORD & TAYLOR • Vintage gloves/ ATOMIC PASSION • DAVID WEBB yellow gold and platinum cheetah earrings & bracelet/LEONARDO JEWELERS • Green leather clutch/BCBG/MAXAZRIA

BLUE PERIOD

Blue velvet jeweled necklace gown/
BCBG/MAXAZRIA • Fellini silver clutch/
LORD & TAYLOR • Bouquet dome ring
with blue topaz stones and diamonds &
Vintage Art Deco platinum sapphire and
diamond bracelet/LEONARDO JEWELERS



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MALANDRINO black jersey dress with silver and rhinestone brooch/
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OUTTA HERE

TIBI scoop-neck jacquard dress/**PAINTED PINK** • TIBI lace jacquard coat/**STANLEY WELCH CLOTHIER** • TIBI satin heels/**TIBI BOUTIQUE SOHO** • Vintage suede gloves/**FAMILY JEWELS** • **RALPH LAUREN** tortoise shell sunglasses/**LORD & TAYLOR** • Fancy intense yellow radiant-shaped diamond ring & **ALEX SEPKUS** earrings/**LEONARDO JEWELERS** • **MERCEDES-BENZ** 2010 E350 COUPE/**RAY CATENA MOTORS**

A close-up photograph of a woman's hand. The hand is holding a vibrant red rose. The wrist and lower forearm are wrapped in white medical bandage. On the ring finger, there is a gold ring with a large, faceted purple gemstone. At the bottom of the frame, a silver bracelet with clear crystals is visible. The background is a soft, light pink gradient.

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EDGE

interview

Vivian Stringer



If you had to win one game and could take any coach in the state, Vivian Stringer would unquestionably be among your top candidates. If you could select a coach to guide your daughter through the most important four years of her life, the Rutgers basketball legend would be a no-brainer. Coach Stringer has graced the Garden State with her presence since 1995, and during that time she has elevated the state of the game, both on and off the court. A three-time Coach of the Year, she is one of only three people in women's hoops history to win 800 games. As it happens, EDGE Assignments Editor **ZACK BURGESS** has some history with his interview subject—they first crossed paths 10 years ago when he covered her Rutgers team for *The New York Times*. He knows as well as anyone that her triumphs have not come without their share of tragedy. She has persevered through the deaths of her father and husband, a daughter devastated by meningitis, and a son who nearly lost his life in a car crash.

Some people define “grace” as the bestowing of God’s blessing. Zack pulled Vivian Stringer off the court to talk about this idea, as well as the dual challenges of being a coach and mother. And yes, he managed to sneak in an Imus question!

EDGE: Given the dramatic ups and downs and challenges in your life and career, do you feel blessed?

VS: Yes, I do. I wake up every day and witness other people's plights, and just shake my head and wonder, 'How do you handle it all?' You just have to understand that when there is life, there is hope. Blessed? Yes.

EDGE: What does it mean to you to go into the Basketball Hall of Fame with Michael Jordan this year?

VS: I really haven't allowed myself to think about it. I probably would be paralyzed if I thought about it too much. To go in with arguably the greatest class the Hall of Fame has ever seen is an honor. I have to prepare myself for the greatest day in my life, besides the birth of my children. It's overwhelming. When I started at Cheyney State (in Philadelphia), I never believed that I would find myself receiving such a huge honor.

EDGE: How soon after you got the coaching job at Cheyney State did you know this was your calling?

VS: Are you kidding me? The minute I got there! I was just grateful they gave me a chance to coach the team. It was magical. I was 22 years old and loving every minute of it. It's what I was meant to do.

EDGE: How do you feel you did raising a family and being a college basketball coach?

VS: I did a masterful job as a parent of keeping basketball and my family separate. But now I wish I wouldn't have kept things so separate. Those trips through the Midwest were tough. We were going from Iowa to Wisconsin. Instead of being on the team bus, I wish I had ridden right behind the bus for those six or seven hours, giving my kids more mommy time. Listening to them say mommy this, and mommy that. I was fortunate enough to have the best husband in the world.



EDGE: Where did being a coach and being a mom intersect?

VS: My son David played Division-I football. So not only do I know what it's like to go into a home and recruit, I know what it's like to be on the other end of the recruiting process as a parent. I know during his recruitment process I often looked for who was going to care about my son—who was going to push him to be the best that he can be, who was going to understand how special he is as a person. Ultimately, that's what every parent wants. They want to know that their child is going to be safe and understood. I try to be the coach I would want for someone to be to my child. I want parents to understand that I am a parent, too. Parents have a right to see their child walk through your program okay, and emerge a better person at the end.

EDGE: Yet you have a reputation for being tough on your players. Is that fair?

VS: They say that I don't get players sometime because I am known for being hard. What makes what I do any different from anyone else? Players who go to the University of Tennessee know they are going to a place where they just flat-out had better get it done. What I am trying to teach my players is to be good women. I want them to understand that when they come to Rutgers, they are not only here to play basketball, but to become young women who know how to empower themselves as well.

EDGE: Someone once told me talent and hard work always wins out. Do you believe that?

VS: I think *perseverance*, talent and hard work is what we

should say. Thirty-eight years of doing this. I would like to think when *my* story is told that it's one of perseverance, because you can have all the talent in the world—and you might even have a good work ethic—but without perseverance, none of it matters.

EDGE: What are the qualities you look for when you are recruiting a player?

VS: She has to have the will and the drive to be the best, and the skill to play the game. Someone who is not satisfied unless she is as good as she can possibly be, which means she is probably *never* satisfied. The more difficult something becomes, the more she sees it as an opportunity versus an obstacle. These qualities will carry her throughout the rest of her life.

EDGE: Have you ever gone against your rule and taken a player who had the skill but maybe not the drive?

VS: Sure I have. It doesn't work.

EDGE: Getting back to the idea of grace, I have a final question. Lost in the uproar after Don Imus made those infamous remarks about your players was the fact that you were quite gracious in accepting his apology. Why was that important to you?

VS: I think we found ourselves in a situation where we needed to forgive. My faith wouldn't have me do it any other way and I knew that. When Imus said what he said, it hit me to the bone. I've never been one to be able to smile and say it's over—I really need to do a much better job—so in order for us to go forward, we just needed to forgive.

EDGE: How many of those girls are still on the team?

VS: We have four kids left from that class who are now going to be seniors.

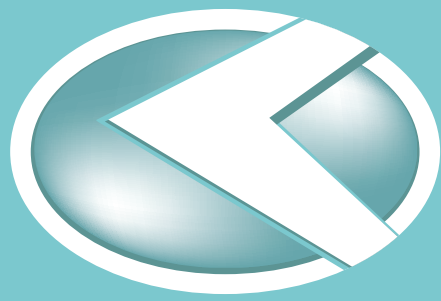
EDGE: And how are they doing?

VS: One is going to be doctor, one a pharmacist, one wants to be lawyer and another who can do whatever she wants. To see what these young ladies went through and have them come through it with their dignity and honor intact is a wonderful thing. I'm very proud of them. **EDGE**



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Jack Nicholson. Bruce Springsteen. Tom Cruise. Queen Latifah. Our state's contributions to the entertainment industry have been endlessly chronicled and commemorated. Yet generations before New Jersey became a "supplier" to the performing arts, it actually served as the *epicenter* of the entertainment world. Indeed, between the Civil War and World War I, summertime was showtime in the Garden State. For when

New York City's wealthy theatre- and concert-goers headed across the Hudson and turned south, the 19th century's American Idols followed. The show must go on, so they say, and it did—in playhouses and small-town theatres up and down the Jersey Shore. Historian Karen L. Schnitzspahn chronicled this annual exodus in her book *Stars of the New Jersey Shore*, and kindly agreed to give EDGE readers a rare peek at her priceless collection.





During the 1870s and 1880s, sassy, quick-witted **NELLIE McHENRY** was America's favorite comedienne. Her show biz career continued in the 1890s, when she became a Garden State resident.

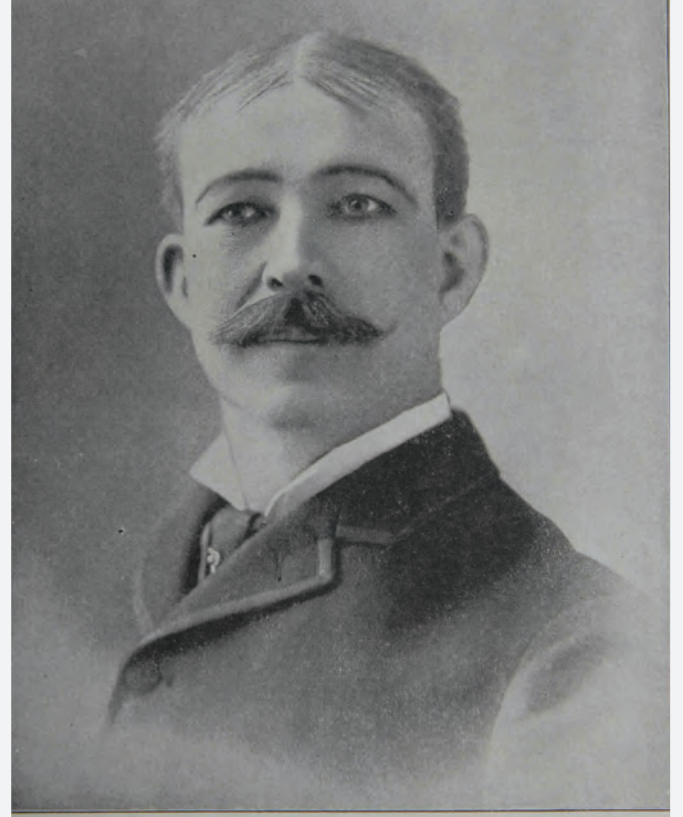


MAGGIE MITCHELL

made her stage debut in an 1855 Newark production of *Uncle Tom's Cabin*. Over the next 40 years, the "Cricket" divided her time between New York City and Long Branch, and became one of the nation's most popular female entertainers.



Neighbors of **NEIL BURGESS** were always a little disappointed to see him in manly Victorian dress. Burgess was the world's foremost female impersonator during the 1880s. He was also an inventor and New Jersey real estate investor.



OLIVER BYRON.



The king of 19th century melodrama was **OLIVER BYRON**. For three decades beginning in the 1870s, he and his wife, **KATE**, summered at the Jersey Shore—where they built or renovated nearly two dozen homes.



A poster for the **BYRONS'** thrilling play *The Inside Track*, which critics claimed had the "most realistic fire scene ever produced."





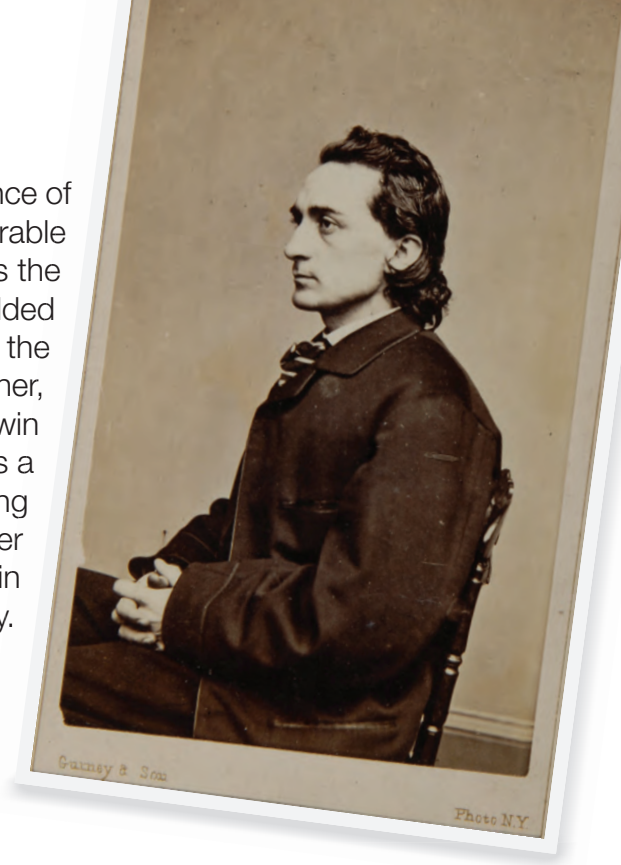
Arthur Pryor, Bandmaster.

Some 60 years before Bruce Springsteen wowed the crowds at the Stone Pony, the music man of Asbury Park was **ARTHUR PRYOR**. He was New Jersey's most popular bandleader in the years before World War I.



PRYOR brought Ragtime from the “wrong side of the tracks” in Asbury to the concert halls of the fabled Boardwalk, where he introduced the syncopated rhythms to upscale audiences.

The “Prince of Players”—the incomparable **EDWIN BOOTH**—was the country's most heralded thespian in spite of the misdeeds of his brother, **JOHN WILKES**. Edwin spent many years as a member of a thriving actors' summer community in New Jersey.



Gaunoy & Son

Photo N.Y.

ROBERT MANTELL's thundering delivery wasn't always a hit with the critics, but audiences adored him. In the early 1900s, Mantell's Shakespearean repertory company played the biggest opera houses and the smallest school auditoriums, but at the end of the season he called Atlantic Highlands home.



Robert B. Mantell as “Romeo”
Miss Genevieve Hamper as “Juliet”

Editor's Note: Karen L. Schnitzspahn writes and lectures about New Jersey's cultural history. Her 2009 book, *The Roaring '20s at the Jersey Shore*, is available from Schiffer Publishing. Special thanks to Ann Elizabeth Koenig for her work on this project.





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Net Results

Thanks to the Internet, New Jersey history is just a few mouse-clicks away. We found (and purchased!) these Garden State artifacts on the net.

by Mark Stewart

NIGHT SERVICE

Billed as the "Most Aristocratic" in the state when it opened in Union in the 1950s, the Peter Pan Diner now answers to the name of another beloved character of children's fiction, Huck Finn.

PRICE: \$5.00



ANOTHER PLANET

The Venus Diner in Union was a celestial stop for travelers heading west on Rte. 22 in the 1950s and 60s. Today the Rio 22 Brazilian steakhouse stands on the same site, across from Costco.

PRICE: \$22.00



HEY ABBOTT!

When it opened in the 1930s, the Madison Plaza advertised itself as the "World's Most Beautiful" diner. The building is history, but memories of that bygone era persist—that stretch of Madison Ave. is now called Lou Costello Place.

PRICE: \$13.00



PARK IT HERE

The Mastoris began as a roadside lunch wagon in the 1920s and now is a Bordentown landmark. And after all these years, "portion control" still is not in the family's vocabulary.

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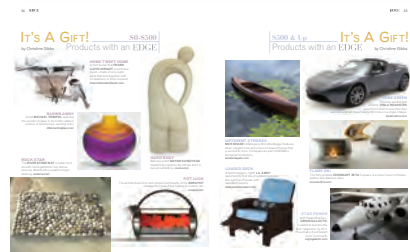
Contributors

The wheels are always spinning for **DIANE ALTER** (*After Midnight*). She is a part-time freelancer and full-time “idea machine” — in other words, a magazine editor’s dream. Who better to write a story about New Jersey after dark? Diane and EDGE Managing Editor Mark Stewart have worked together before. In 2008, he banished her to a monastery to atone for her sins (and then write all about it). Diane’s next religious experience will appear in a future issue of EDGE.



We knew there was something different about fashion model **MARISELLA CRUZ** (*EDGE Cover Girl*) when we spotted her reading John Steinbeck’s *The Grapes of Wrath* while the crew worked their hair and make-up magic. Marisella hails from Arizona and lives in New York, but her modeling career has elevated her to world-traveler status. Recent shoots have taken her to Europe and Australia. Marisella’s favorite fashion icon is cover girl Erin Wasson; a peek at her iPod reveals that she is a serious Santigold fan.

CHRISTINE GIBBS (*It’s A Gift*) brings decades of writing and editing experience to EDGE. Her roots are in the business world, having freelanced in the financial, international business and healthcare sectors. As one of three Editors of EDGE she helps to draw the magazine’s line in the sand on content and style. Having once owned and operated a restaurant in Boca Raton, Chris is truly in her comfort zone when it’s time to play “whack-a-mole” with the myriad problems and challenges that invariably arise. Where would we be without her?



SUE BARR (*Graceful Exits*) now has three fashion shoots under her belt for EDGE. Sue and her crew took over the Hotel Indigo for a day to produce the stunning images in this issue. No one was safe—including the Boston terrier that wandered into her frame and is now immortalized on page 45. The consummate pro, Sue demanded the dog’s owner sign a release before making the final cut. Look for *Raising Your Toddler* (Marsha Greenberg, Globe Pequot Press) this holiday season. More than 100 of Sue’s award-winning lifestyle shots bring this important book to life.

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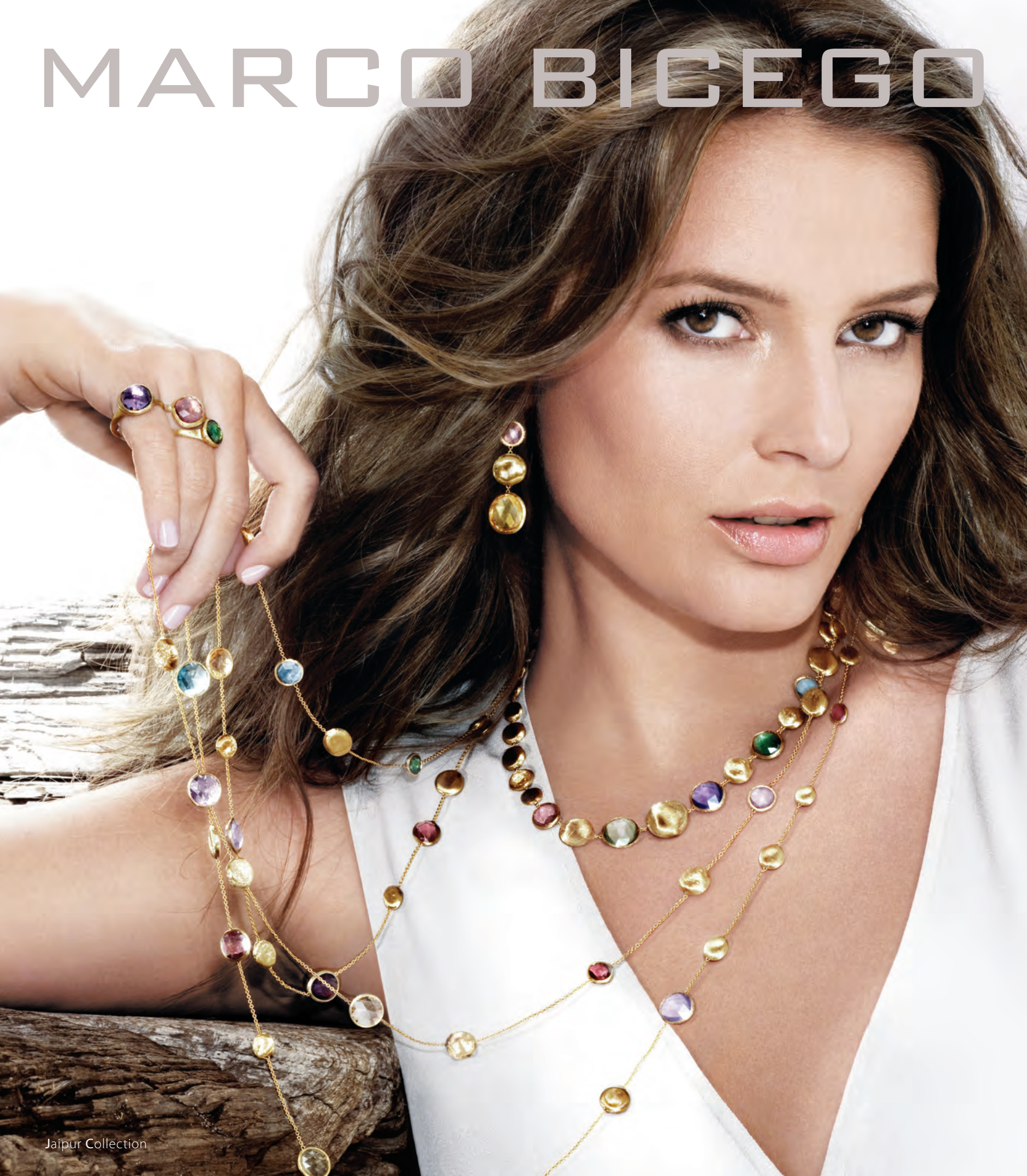
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