

# EDGE

**THE  
HOPELESSLY  
DEVOTED  
ISSUE**

**HEIDI, OPRAH  
HILLARY & BILL**

Steve Mack Shoots the Stars

**OUT OF CHARACTERS**

My Month on Twitter

**COUPLES THERAPY**

Where Passion Meets Reason

**TALL ORDER:**

The EDGE Wedding Special

\$3.95US



0 74470 25173 6



# *The Perfect Marriage.*

*Two landmark facilities tie the knot.*



*Tuscan Elegance*

973-751-1230

[tom@naninasinthepark.com](mailto:tom@naninasinthepark.com)

540 Mill Street, Belleville, NJ 07109

*The Park Savoy*



*Estate Elegance*

973-377-7100

[theparksavoy@optonline.net](mailto:theparksavoy@optonline.net)

236 Ridgedale Avenue, Florham Park, NJ 07932

Visit [www.DreamWeddingsInThePark.com](http://www.DreamWeddingsInThePark.com)





**G R E E N B A U M**  
**I N T E R I O R S**

fine furnishings, interior design, and decoration since 1952

Historic HQ - 101 Washington Street Paterson, NJ 973-279-3000 (140,000 sq. ft. Showrooms and Workrooms)

Country Mile House - 1105 Mt. Kemble Ave. Rt. 202 Morristown, NJ 973-425-5500 (7,500 sq. ft. Showroom)

[greenbauminteriors.com](http://greenbauminteriors.com)





WM. S. **RICH & SON** EST 1890  
NJ'S LARGEST PAWNBROKER JEWELER

*Jewels for the bride...  
as special as your love.*



Custom Engagement Rings  
Below Wholesale Prices  
Loose & Set Diamonds  
Free Layaway

Authorized Dealer: Movado,  
ESQ & Pulsar Watches,  
Swarovski Crystal



1000 Stuyvesant Ave, Union (corner of Morris Ave)  
800.781.5018 • RichJewelryNJ.com

Find us on [facebook.com/richpawn.union](https://www.facebook.com/richpawn.union)

ALSO IN: NEWARK • BELLEVILLE • ELIZABETH  
NORTH PLAINFIELD • UNION CITY • EDISON

Loose & Set Diamonds, Custom Engagement Rings.  
Authorized Dealer: Movado, ESQ & Pulsar Watches, Swarovski Crystal

# healthy **EDGE**

## The Hopelessly Devoted Issue

### PUBLISHERS

DOUG HARRIS, GRANT KNAGGS

### VICE PRESIDENT BUSINESS DEVELOPMENT

JEFFREY SHANES

### EDITORIAL

**MANAGING EDITOR** MARK STEWART

**EDITORS** CHRISTINE GIBBS,  
DOUG HARRIS, KATHRYN C. SALAMONE

**FOOD EDITOR** MIKE COHEN

**STYLE EDITOR** DAN BRICKLEY

**FASHION EDITOR** VICTORIA MCDUGAL

**ASSIGNMENTS EDITORS** ZACK BURGESS, RON JAFFE,  
TRACEY SMITH

**BUSINESS EDITOR** MIKE KENNEDY

**EDITORIAL ASSISTANT** BRIAN COOK,  
MARIAH MORGAN STEWART

### ART

**DESIGN DIRECTOR** JAMA BOWMAN

### PHOTOGRAPHY

**FASHION/BEAUTY DIRECTOR** NADINE RAPHAEL

### SALES TEAM

908-994-5138

KEITH GALUTEN, ROB RUBILLA, JEFFREY SHANES

### WEB

**DEVELOPMENT & DESIGN** KURT P. WAGNER, A3GFX.COM

### TRINITAS REGIONAL MEDICAL CENTER

**CHAIRMAN** VICTOR M. RICHEL

**PRESIDENT & CEO** GARY S. HORAN, FACHE

### LETTERS TO THE EDITOR

EDGE c/o Trinitas Regional Medical Center  
Public Relations Department

225 Williamson Street | Elizabeth, New Jersey 07202

### VISIT US ON THE WEB

[www.edgemonline.com](http://www.edgemonline.com)

This is Volume 4, Issue 3. This material is designed for information purposes only. None of the information provided in Healthy Edge constitutes, directly or indirectly, the practice of medicine, the dispensing of medical services, a professional diagnosis or a treatment plan. The information in Healthy Edge should not be considered complete nor should it be relied on to suggest a course of treatment for a particular individual. You should not rely on information provided in Healthy Edge as a substitute for personal medical attention, diagnosis or hands-on treatment. You should never disregard medical advice or delay in seeking it because of something you have read in Healthy Edge. If you have any healthcare related concerns, please call or see your physician or other qualified healthcare provider. The views expressed in columns appearing in this magazine are not necessarily the views of the publisher. Although every effort is made to present accurate information, schedules, hours, prices and other materials, these are subject to change and are not guaranteed.

EDGE is published by Trinitas Regional Medical Center located at 225 Williamson St., Elizabeth, NJ 07202. June/July 2012



VOLUME 4, NUMBER 3 2012



# Do you **DREAD** going to the dentist?

Don't worry, we don't  
take it personally.

## SERVICES INCLUDE:

- Emergencies Seen Same Day
- Insurance Accepted and Filed for You
- Crowns & Bridges
- Free Cosmetic Consultation
- White Fillings
- Bonding & Porcelain Veneers
- Laser Gum Treatments

**WESTFIELD SMILES**  
Adam E. Feret, DMD  
440 E Broad St.  
Westfield, NJ 07090

**908-233-9280**

[www.westfieldsmiles.com](http://www.westfieldsmiles.com)

 <http://www.facebook.com/#!/WestfieldSmiles>





# EDGE

## inside

### The Hopelessly Devoted Issue

**EDGE Food**  
 Pass Perfect .....9  
**DAVID BURKE**

**EDGE Feature**  
 Take Charge Guys .....13  
**CALEB MACLEAN**

**EDGE Travel**  
 Destination Anywhere .....18  
**RACHEL RUTLEDGE**

**EDGE Home**  
 Out of Characters .....23  
**J.M. STEWART**

**EDGE Interview**  
 Vince Giordano .....33  
**MARK STEWART**

**Healthy EDGE**  
 Regarding Henry .....43  
**CHRISTINE GIBBS**

He Said: She Said .....49  
**DR. RODGER GODDARD &  
 DR. PATRICIA NEARY-LUDMER**

What's Up, Doc? .....53

**EDGE Fashion**  
 Tall Order .....59  
**PHOTOGRAPHY BY NADINE RAPHAEL**

**EDGE Community**  
 Schedule of Events .....66

**EDGE Feature**  
 Hopelessly Devoted .....67  
**MARK STEWART**

**EDGE Feature**  
 Mack Attack .....72  
**TRACEY SMITH**

**ON THE COVER**

Dress: *Ivandra* by **MAGGIE SOTTERO**; Earrings: *Dynasty* crystal by **MARIE ELENA**. Accessories available at **ModelBride.com**

**ON THE RIGHT**

Dress: *Angela* by **MAGGIE SOTTERO**; Head Band: *Drama Queen* by **MODELBRIDE**; Earrings: *LOVE* by **MODELBRIDE**. Accessories available at **ModelBride.com**

18



33



59





**FINAL DAYS**  
Limited Time Offer



The most highly recommended bed in America.™



**Now, Surprisingly Affordable!**

**TEMPUR-Simplicity™**  
COLLECTION



Queen  
**\$32\***  
a month!

Add an Ergo Adjustable Base

Queen  
**\$59\***  
a month!



**48**

**Mos Financing\***

\*Valid on TEMPUR-Simplicity mattress or set purchase made between 6/18/12 and 6/30/12. Subject to credit approval. See store for details.

SAVE UP TO  
**\$600\*\***

on a TEMPUR-Cloud® Supreme mattress set.★★★★★

**FREE**  
Next Day  
Delivery

Road conditions permitting. Available on in stock models. Excludes holidays, store pick-ups and Thursdays.

**SLEEPY'S®**

**1-800-SLEEPYS The Mattress Professionals®** [sleepys.com](http://sleepys.com)

\*\*Offer valid thru July 8, 2012 with the purchase of a complete TEMPUR-Cloud® Supreme set: mattress plus flat foundation(s) or adjustable base(s). Save \$600 on King and Cal King sets, \$500 on Queen sets, \$400 on Double sets and \$300 on Twin and Twin Long sets. Not valid on previous or pending orders.



# Want to Fly with the Birds?

## WIN a Hot Air Balloon Ride for Two...

Just by Tweeting Us!



### To Enter for a Chance to Win:

- 1) Count the number of Brides pictured in this Special Bridal issue of EDGE Magazine (Hint: Look at the ads and the articles)
- 2) Just FOLLOW EDGE Magazine on Twitter @EdgeMagNJ
- 3) TWEET #EDGEBalloonRun \_\_\_ Brides (place the number you counted before the word brides)

### Contest ends at midnight on July 8, 2012

The first 40 entries with the correct answer to the "How Many Brides" question will win Two (2) Tickets each to the 2012 QuickChek New Jersey Festival of Ballooning (a \$60.00 Value)\*

All entries with the correct answer will be put into a drawing and one person will be chosen to win a Hot Air Balloon Ride For Two (a \$500.00 Value)\*

\*Employees of Trinitas Regional Medical Center and EDGE Magazine, and their families, are not eligible to participate in this contest. Submission of a contest entry acknowledges you have read and agree to the full terms and conditions of this contest found at [EdgeMagOnline.com/contest\\_details.htm](http://EdgeMagOnline.com/contest_details.htm)



## President's Message

Ben Franklin once said, "If passion drives you, let reason hold the reins." I can't think of a better way to capture the spirit of this issue of EDGE, which we have entitled *Hopelessly Devoted*. As you may have surmised from the cover, we're devoting a fair amount of attention to creating the perfect wedding. One could argue that there's more passion than reason involved in this process, but I think we've outdone ourselves in terms of packing these wedding features with valuable insight and information.



Our interview subject, Vince Giordano, is hopelessly devoted to the music of the 1920s and early 1930s—the formative years of modern jazz. His work on the HBO series *Boardwalk Empire* literally transports viewers back in time...and he now has the Grammy to prove it. Our *Hopelessly Devoted* theme also brings back memories of the iconic movie musical *Grease*. Join us as we take a look at the story behind the film, and catch up with its stars.

Finally, devotion—hopeless and otherwise—is the focus of this issue's Healthy EDGE section. I invite you to eavesdrop on two of our top psychologists as they discuss the basics of Couples Therapy...the place where passion and reason meet.

Have a great summer!

Gary S. Horan, FACHE  
President & Chief Executive Officer  
Trinitas Health &  
Trinitas Regional Medical Center



*Trinitas Regional Medical Center is a Catholic teaching institution sponsored by the Sisters of Charity of Saint Elizabeth in partnership with Elizabethtown Healthcare Foundation.*



# Kick your Knee Pain Good-Bye!

**D**on't let knee pain put you on the sidelines.  
At the Trinitas Regional Medical Center

Total Joint Replacement Program you'll find orthopedic surgeons known throughout the region for their skill and expertise. Our staff of highly skilled and compassionate nurses and physical and occupational therapists will put you back on the road to recovery. You'll be making quick strides to pain-free function.

To learn more about our staff of orthopedic surgeons and the services offered by the Total Joint Replacement Program, call (908) 994-5406.

*Enjoy pain-free  
living again.*

## TOTAL JOINT REPLACEMENT PROGRAM at TRINITAS REGIONAL MEDICAL CENTER

HEALTH & REHABILITATION CENTER

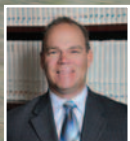
240 Williamson St., Suite 103

Elizabeth, NJ 07202

908-994-5406



Gregory P.  
Charko, MD



John W.  
King, DO



David E.  
Rojer, MD





Union Anesthesia Associates  
**PAIN MANAGEMENT**  
 Raritan Anesthesia Associates

**Board Certified Pain Specialists & Anesthesiologists**

- Non-Surgical Techniques
- Minimally Invasive and Laser Spine Surgery

**Providing the best treatment  
for neck and back pain**



From Left to Right:  
 Randolph Kahn, D.O., Michael Wilcenski, M.D., Wayne Fleischhacker, D.O.,  
 Edward Novik, M.D., Steven Shane, D.O.

**Union County**

695 Chestnut Street  
 Union, NJ 07083  
 908-851-7161

**Middlesex County**

40 Route 34 South  
 Old Bridge, NJ 08857  
 732-727-1771

**Somerset County**

141 Main Street  
 S. Bound Brook, NJ 08880  
 732-369-6920

**Hudson County**

654 Broadway • 2<sup>nd</sup> Floor  
 Bayonne, NJ 07002  
 201-725-7708

[www.unionspinepain.com](http://www.unionspinepain.com)

Se habla español  
**Call us for an appointment today:  
 908-851-7161**



- Add Beauty and Value
- Safety and Security
- Walkway, & Premier Lighting
- Deck, Pool, Patio
- We Maintain and Service All Brands
- Expert Installation
- Tastefully Designed

**MOONLIGHT**  
*Complements*  
 outdoor lighting design

Call Paul Gaspar at

**732.382.5278**

[LightingAfterDark.com](http://LightingAfterDark.com)

HIC # 13VH06395100

Call Today for A **Free Nighttime Demo** At Your Home





# PASS PERFECT

*A Warm Reception  
Begins with a Cool Caterer*

By David Burke

**C**all me biased but I think great, memorable food is the key ingredient in a great, memorable wedding reception. It's not just me. I know people who were married decades ago who can't name half their wedding guests, but they can tell you to this day in excruciating detail what they thought of the food. Pick the right caterer for the right reasons and you'll be golden. Choose the wrong one and, well, let's not go there.

Most people know me as a restaurateur or "celebrity chef" so they are surprised when they're doing that first bit of wedding research and my name suddenly pops up as someone who caters receptions. So are people from this

area who approach me at David Burke Kitchen in New York, or at Fromagerie in Rumson, looking for a catering recommendation. I like to do weddings and other big events outside of my restaurants. I've got an entire staff devoted to catering now, and it's becoming an increasingly important part of my business.

Think about it. If I am pulling out all the stops for 150 people and creating a totally unique wedding experience, maybe only a fraction of those guests have been to one of my places. So when we do a great job, it's a powerful advertisement for the restaurants—and, of course, for future weddings and other events, like fundraising galas. By the same token I do have an advantage in this



**Huge Selection of Quality...**  
**Outdoor Furniture, Grills & Hot Tubs**  
 In Stock and Available for Immediate Delivery!



Lane Venture

"It's Worth the Trip from Anywhere"



**Pelican**  
 Ski, Pool, Patio & Spa Shops

MORRIS PLAINS, Route 10 973-267-0964  
 EAST BRUNSWICK, Route 18 732-254-5115  
 WHITEHOUSE, Route 22 908-534-2534

**DISCOUNT COUPONS**  
 on our website pelicanshops.com



*Picture Postcard Weddings*  
 Since 1908

The Water Witch Club in Monmouth Hills  
 waterwitchclub.org • (732) 872-1675

business in that the couple that contacts me has almost certainly experienced my menu before and liked it. Consequently, that first conversation isn't so much a selling opportunity as an opportunity to ask them what they love about my food and how they envision incorporating it into their event.

That being said, I also know that those same folks may also be considering two or three other competing options, so I still have to make them go *Wow!* In fact, I think when you go shopping for a wedding caterer you *should* set the bar high—make them make you go *Wow!*

For me, the wow factor is all about coming up with really cool ideas, ideas that go beyond what any other caterer might think of. I hate handing out a menu and saying, "Here, pick one of these." I want to create a unique wedding. I'm not afraid to take chances, and if the couple thinks the same way then we can do some fun stuff. That's why I think it's crucial to get a read on their personalities and their shared experiences, and use that as a springboard. I like to know where they met and what was their first meal together. You never know where that first bit of inspiration will come from. But once you've got that, you build it out to include the food, the cake, the table settings and the gift bags.

One thing I try to encourage clients to do is think about elements of interactivity and craftsmanship. It might be an artist carving an ice sculpture during the reception. It might be meringue floating on balloons. It might be a kitchen tour—people are so curious about food and what chefs are doing. The wedding cake is always an interactive experience, but why not take that to the next level? Everyone assumes a cake has to be made days in advance. That's not necessarily the case. We can bring in a master baker to create the cake during the wedding, and guests can actually have a hand in the finishing touches. And who doesn't like to lick the bowls? We can set it up so everyone "licks the bowl" at their tables.

Of course, fewer and fewer weddings these days are what I'd call traditional sit-down affairs. A lot of conversations I have begin with, "I want something different than a fully plated meal." They don't want people to feel stuck to the table. However, the fact is that there



is almost always some sort of sit-down component—and the main course choices do need to be somewhat traditional, because your goal there is to please as many people as possible. You can't put skate or bluefish or sweetbreads on the menu.

But that doesn't mean you play it safe, either. On the contrary, we can do some eye-opening things within the confines of chicken-salmon-filet-vegetarian. If someone says let's do prime rib and baked potato, fine, we'll sex it up and make it modern. It'll be the best they ever had. By the same token, if someone wants burgers or meat loaf or some other comfort food at a wedding, we'll do it. That's what we're all about. I was thinking that I'd love to do a breakfast wedding. Has anyone ever tried that before? I wonder.

This shifting focus on creating a series of extraordinary hors d'oeuvres I think is fantastic. Anyone who knows me knows that I love that kind of challenge. Ideally, I like to do eight to ten at a reception. It gives us a chance to show off.



Photo credit: iStockphoto/Thinkstock



**CROWNE PLAZA**  
NEWARK AIRPORT

*Small Enough To Know You*

*Big Enough To Serve You*



Scan your smart phone here  
to take advantage of our  
exclusive offer  
to our EDGE readers...  
or call us and ask for the EDGE rate





**Crowne Plaza Newark Airport**  
901 Spring Street, Elizabeth NJ 07201 908-527-1600

[www.crowneplaza.com/newarkairport](http://www.crowneplaza.com/newarkairport)



## Making the Call

The ideal time to pick your wedding caterer is six to nine months before the big day. The three pieces of information you'll need are the venue you've selected for the reception, the number of guests you are expecting and a rough idea of your budget. It's not crucial to have nailed down the exact date, but a range of dates is helpful.

The items you can expect to cover in your initial meeting include the type of reception you envision and how the event will flow. Do you want to lean toward the traditional, or make it fun and interactive? Is there a theme or trend that you're interested in exploring? What don't you like? Have you seen pictures in a magazine or on the web of a reception that sparks your imagination? If so, bring them to the meeting.

Needless to say, there will be a lot of discussion about food choices. Don't expect to make any decisions at this first encounter. A caterer may make suggestions to get a feel for your preferences, but nothing is set in stone.

After that initial meeting, there will be a lot of follow-up to solidify as many details as possible. From there, the caterer will propose a menu crafted to fit your tastes, your reception theme and your budget. It's a good idea to arrange a tasting if anything is undecided, especially as you get a little closer to the date. We're fortunate in that most of our wedding clients have eaten in my restaurants or are familiar with my food from other catered events.



Photo credit: iStockphoto/Thinkstock



Building a menu that pushes the envelope is the fun part of planning a wedding. The tricky part is making sure that your caterer can actually pull it off. We tend to end up working in venues with a lot of character but also a lot of quirks. It might be a museum in the city or a private estate in the country or a historic venue like Water Witch. Understanding the limits and the possibilities of these unique spaces is really important. It determines what equipment we truck in and how we staff an event. Don't let caterers get away with saying, "No sweat, we got it covered"—especially in a space they haven't worked in before. The devil is always in the details.

Here are some rules of thumb. You'll want one waiter for every 20 guests. You'll want to make sure that there is a hierarchy in place. There should be a captain, a head bartender and someone in charge of the bussing staff. That's the front of the house. Behind the scenes are the cooking and cleaning crews. For a wedding of 200 we typically bring at least six cooks and two or three people to keep the kitchen and prep areas clean and uncluttered. Don't use a company you suspect is skimping on manpower. We usually err on the side of overstaffing events—we want to do such a good job, and that's tough to do if you're shorthanded.

What else is reasonable to ask a wedding caterer to do? A caterer is not a party planner, but they can be helpful with details like flowers and audio/visual. I'd say we get involved in those areas—or at least make recommendations—about 15 percent of the time. We do work with party planners, probably at least 50 percent of the time. But nowadays a lot of people take on the wedding planning themselves. If they have opted not to go with a banquet hall, then they have already started down that path. Sometimes in the eleventh hour the bride realizes she can't handle it and she reaches out to us. We can usually see it coming, and we're happy to help.

So what should a catered reception cost? That's the \$64,000 question, isn't it? If you care about food, obviously you want to devote as much of your budget as you can to making that part of your wedding memorable. If you want to transcend the basic beef-



Photo courtesy of David Burke


chicken-fish menu and make the food itself a series of unforgettable experiences, it comes with a price tag. But it's not as much as you'd think. Depending on the venue you've booked, you're probably going to end up between \$150 and \$300 a head. That number includes staff, rentals, etc. For this caliber of event—essentially the same party we'd do for the Whitney in New York—that is very competitive. **EDGE**



**Editor's Note:** David owns David Burke Kitchen, David Burke Townhouse, Fishtail by David Burke and David Burke at Bloomingdales in New York, David Burke Fromagerie in Rumson, David Burke Prime in Connecticut and David Burke's Primehouse in Chicago.

[www.davidburke.com](http://www.davidburke.com)



30<sup>th</sup> anniversary  
QuickChek.  NEW JERSEY  
**FESTIVAL OF BALLOONING**

IN ASSOCIATION WITH  PNC BANK

**JULY 27-29 2012**  
SOLBERG AIRPORT, READINGTON, N.J.



The Trinitas Regional Medical Center  
**Running with the Balloons 5k and Fun Run**

**Sunday, July 29 8am**

Register early for discounted rates at

**BALLOONFESTIVAL.COM or 800-HOT-AIR-9**

Registration includes admission to the festival and lawn seats to the Disney's R5 featuring Ross Lynch and Bret Michaels concert.





# TAKE-CHARGE GUYS

*Business has never been better at many of NJ's traditional wedding venues. A peek behind the scenes at the Park Savoy shows why.*

By Caleb MacLean

Every bride begins her matrimonial journey with one thought: *Make my wedding day a day to remember.* There is more than a little wiggle room within that sentiment. Theoretically, you could have an unforgettable service and reception in a field of daisies, the upper deck at Yankee Stadium, a tropical resort, or your college roommate's uncle's backyard. To the out-of-the-boxers we say more power to you.

Theory is one thing, however, and practice another. Which is why, despite all those “do-it-yourself” receptions you

hear about, the demand for formal wedding halls has never been greater. It also explains why the folks who brought you Naninas on the Park—those original take-charge guys Barry Maurillo, Joe Maurillo and Vito Cucci—had over 250 weddings booked (no, that's not a typo) just a couple of weeks after reopening The Park Savoy Estate following a \$6 million renovation that began last December.

It doesn't take an expert to spot where the money went. Every square foot of the 19th century mansion—which at various times played host to everyone from Charles





Photography by Light Impressions Photography ©2012 Courtesy of The Park Savoy Estate.

Lindbergh to Jean Harlow to Lucky Luciano—was reconceived to deliver the utmost in luxury, comfort and opulence. The entire property, indoors and out (they stopped counting at 30,000 sq. ft.), is devoted to one bride and groom at a time, and can comfortably accommodate over 400 guests.

Weddings typically take place Thursday through Sunday, in the afternoon and evening, with an average of three to five a week. Guests flow from a spacious reception area and wood-paneled barroom to the veranda and landscaped grounds and ultimately to a grand ballroom. There is also a separate bridal retreat with its own martini bar (ask and the Park Savoy will create a “signature drink” for bride and groom). If you’re picturing a typical “wedding factory” then you’re missing the point. For those few magical hours, the Park Savoy is meant to feel like home.

“People walk through the front door and they fall in love,” says Joe Maurillo. “They sense right away that there’s something different happening here. It’s not just the beauty of the space, it’s how we interact with them. They’re not clients, they’re family. We treat all of our guests that way. We even treat our employees like family.”

All of this comes at a price, of course. The Park Savoy represents the gold standard of formal wedding venues in New Jersey, and it’s not for every budget. That being said, at roughly \$135 to \$250 a head, it is more than competitive in the current marketplace.

# CITY OF ELIZABETH

Great Businesses. Vibrant Communities. A New Energy.



*A Place of Destination.*

Mayor Chris Bollwage

[www.elizabethnj.org](http://www.elizabethnj.org)



## What's on the Menu?

Everyone has a different idea of what “wedding food” should be. When booking a venue, it is absolutely critical that your expectations are in synch with the kitchen’s. If chicken parm and pasta does it for you, fine, no need to pay for a CIA-trained chef. By the same token, if you expect the food at your event to meet the standards of your favorite four-star restaurant, then make that determination before you sign on the dotted line. The Park Savoy happens to *have* a CIA-trained chef, George Atieh. Among the favorites on his extensive passing menu are brie and pear tartlets, lobster bon-bons, grilled scallops with orange-saffron aioli, and spinach-and-feta “cigars.” Favorite main courses include porcini-encrusted Chilean sea bass, asiago chicken in a shitake-lime sauce, and a filet mignon with a secret rub (which Atieh will probably take to his grave).



Photography by Light Impressions Photography ©2012 Courtesy of The Park Savoy Estate.

The advantage of booking a wedding at the Park Savoy—or just about any other first-rate wedding hall—is that every aspect of the event is handled seamlessly by the staff. The bride and groom and their families are free to enjoy the day without sweating the details. That peace of mind can be absolutely priceless.

“Our management becomes your wedding planner,” explains Sales Manager Melanie Clarke. “We have three different house bands, we have DJs, photographers, videographers, florists, and we can even make hotel arrangements for guests.”

The process for booking a formal space is fairly standard throughout the industry. The initial meeting usually takes an hour and involves a tour of the facility and a sit-down with a sales manager. It’s helpful to have a few items squared away before you call, including the time of year you plan on tying the knot, the number of guests you’re considering and whether you intend to have the actual ceremony on-site or somewhere else. Be aware that every venue has a minimum and a maximum number of guests it can accommodate. Also, afternoon weddings typically come with a generous discount, so consider that option to a primetime evening affair.

Part of the initial meeting will almost certainly involve a discussion of food. Every place has a set menu, often with a mind-boggling range of choices. Be prepared to think about hors d’oeuvres, chef’s stations, main dishes, and desserts—and whether you want waiter service or a lavish buffet. Some places will even handle your wedding cake, or at least point you in a reliable direction.

If the executive chef is on hand, see if he or she can join the meeting. Often they will ask you things a salesperson won’t, and can guide you through the menu and answer questions. Most places will happily tweak their dishes to address dietary or cultural preferences.

Alas, the rule of thumb for choosing a formal, do-it-all wedding venue is that there is no particular rule. It’s your day and your dollar, so pick a place that promises a memorable experience. If you get a good vibe when you walk in the door, trust it. If the chef speaks your language, listen. And if that final number is reachable, grab it and go! **EDGE**

**Editor’s Note:** Special thanks to George Atieh of The Park Savoy Estate in Florham Park. The property’s web address is [theparksavoy.com](http://theparksavoy.com).



# Destination Anywhere

*The economy's down.  
Flyaway weddings are up.  
What's the deal?*

By Rachel Rutledge







Photo credit: iStockphoto/Thinkstock

**O**f all the decisions a soon-to-be-married couple must make, none are more exciting, stressful or complex than picking a place to make it all happen on that special day. It's a Rubik's Cube of timing, geography, family politics and culture, and expense. With increasing frequency, the solution many couples choose is to eschew local and start thinking global for a glamorous destination wedding. Where and why the betrothed decide to go depends on a long list

of variables. It also says a lot about how modern society has evolved.

Not all that long ago, when people tended to start families and careers closer to home, relatively few weddings fit into the "destination" category. Today, that category comprises slightly more than half of all weddings. Let me explain. Technically speaking, a destination wedding is one that takes place outside the city where a couple



**ALL NEW! Memory Foam, Latex and Wool**

**G.S. STEARNS**  
BY STEARNS & FOSTER

Serta perfectsleeper  
Beautyrest  
Sealy Posturepedic®  
PHENOM  
S&F  
My Side  
STEARNS & FOSTER

**SLEEPYS**  
**The Mattress Professionals®**  
1(800) SLEEPYS ✨ [sleepys.com](http://sleepys.com)

**A3GFX**  
WEB • PRINT • MULTIMEDIA A3 GRAPHICS

**DON'T LEAVE YOUR  
ADVERTISING TO CHANCE!**

**914-500-8GFX(8439)**

[A3GFX.COM](http://A3GFX.COM) [facebook](#) [twitter](#) [YouTube](#)

currently resides, or where either soon-to-be spouse grew up. So two people who grew up in Bergen County, live in Union County and work in Manhattan could have a wedding in Princeton and it would be considered a destination wedding.

When the travel industry talks about destination weddings, it is referring to something a bit more exotic. These are the events held thousands of miles away, typically in spots where the happy couple intends to honeymoon. Guests who can afford the time and expense don't depart the next day; they tend to make a vacation of it. These nuptial jaunts have become big business for hotel and resort chains stinging from the current economic swoon, and an important profit center for enterprising small hotel owners around the globe. Indeed, both groups have developed appealing packages that they market very aggressively through travel agents and wedding planners.

At first blush, the steady growth of the destination wedding business may seem surprising in these trying times. That's because, when the trend first gained mainstream momentum a decade or so ago, it had glamour and snob appeal. There is still that element, to be sure, but it is the tightening economy that has actually propelled the destination wedding business forward. The fact of the matter is that a destination wedding, if planned properly, is actually *far more economical* than a traditional marital event.

### Appealing Numbers

The numbers are easy to follow. A traditional wedding may generate 150 to 200 invitations with a regrets rate of 10 or 15%. Even watching every penny, by the time all the checks are written the price tag is likely to range between \$25,000 and \$50,000. Move that same wedding to a Caribbean resort or the Amalfi Coast and the guest list shrivels to around 30. Keeping them well fed and lubricated for a few days will cost less than half of the at-home wedding; most reports actually put that number as low as one-third. Plus, the happy couple is already *in situ* for their honeymoon.

Among the other advantages of a destination wedding is that the bride and groom get to spend quality time in an exciting place with an intimate circle of guests. It's like



spring break for grown-ups. Indeed, in most surveys the percentage of couples that choose a destination wedding for an “intimate group” is actually slightly higher than the percentage that say they did so for an “exotic locale.”

For the destination wedding guests there are advantages, too. Since about half of all guests have to travel a significant distance no matter where a wedding is held, it's not asking a lot for them to journey a few extra miles or spend a few extra dollars. The real deal-breaker is timing. If guests can't swing the vacation days or find adequate childcare, they have to say thanks but no thanks. But for those who have the time and money, a destination wedding doubles as an unforgettable getaway. It's a win-win.

### Where on Earth?

A destination wedding can take place anywhere in the world, and can certainly happen in the United States. Miami Beach and Las Vegas, for example, rate high on the list of wedding destinations. Hawaii is also popular,



Photo credit: iStockphoto/Thinkstock

especially with left-coasters. For New Jerseyans, the Hawaiian Islands have the additional advantage of further thinning out the guest list (it's a really long flight).

As a rule, the more popular destinations tend to involve water, beaches or a major city. Jamaica, with its many resorts, offers a lot of choices at different price points.



## Indoor Electric Go Kart Racing

### The Ultimate Summer Activity and Camp

- 2 Giant European Style Tracks
- Group Events, Private Parties & Fundraisers
- Adults & Kids Karts (Must be 48" tall)
- Video Games, Pool Tables & Food
- Only Miles from Manhattan

PATH to Grove St. (We'll pay cab fare for 2+ people)



**Open 7 Days A Week**

This location is an independently operated franchise owned by Liberty Park Raceway, LLC.

**PolePositionRaceway.com 99 Caven Point Rd Jersey City, NJ 07305 201-333-RACE (7223)**



## Rules of Engagement

As destination weddings gain in popularity, the basic do's and don't's are likely to become increasingly blurred. For what it's worth, this is the current state of destination wedding etiquette:

- When picking a hotel, it is acceptable to take a free or heavily discounted room as a kick-back for bringing in your friends and family.
- You do not have to pay the airfare or hotel bills of your guests. If there are people who legitimately can't afford the trip and you couldn't imagine getting married without them, it is okay to cover some or all of their expenses. Make it a gift, not a loan.
- If a parent is willing to foot the bill for a stay-at-home wedding, it is perfectly reasonable to expect them to contribute to a destination wedding. But it's probably a good idea to include that parent on your invitation list.
- Plan on having a celebration closer to home for friends, family and co-workers. It's a wonderful opportunity to restate your vows and bore everyone with your honeymoon video.
- Do not compel your destination wedding guests to shell out for a big wedding present. Let them know a token gift is more than enough.
- Since your guests are "captives" at your wedding, plan as many activities, meals and parties as you can afford. Pull out all the stops on your rehearsal dinner.



Photo credit: iStockphoto/Thinkstock

Ditto for Mexico, where building along the Riviera Maya south of Cancun has been proceeding at a breakneck pace. Travel agents are also pushing Fiji (talk about a long flight!) and smaller spots in the Caribbean like Anguilla, which offer opportunities to explore neighboring islands. Another emerging hot spot for destination weddings is India. In many cases, Indian-born American-raised couples (or halves of couples) choose their wedding day not only to rediscover their heritage, but to immerse their non-Indian friends in a new culture.

Many of the aforementioned places have become popular wedding destinations for another reason: They allow foreigners to tie the knot without suffocating them with paperwork or make them jump through ridiculous hoops. Every year, countless couples plan weddings in countries with quirky marital laws and don't realize their blunder until they have started buying tickets and plunking down deposits. You may think a wedding in London sounds brilliant. Think again. The amount of red tape involved can be absolutely staggering. **EDGE**

**Editor's Note:** An internet search for Destination Weddings will yield an endless stream of commercial web sites. They are fine to start with, but you may find unfiltered firsthand opinions to be more helpful. Many newlyweds blog about their destination weddings, and even more broadcast real-time details through social media web sites like Facebook.



home **EDGE**

# Out of Characters



## *My 30-day affair with Twitter*

By J.M. Stewart

I am a cyber shut-in. I'm all about stamps and dial tones. I am an analog anomaly, the subject of eye rolls and exasperated sighs from techie teens, two of whom live under my roof. I am part of the generation whose fingers did the walking across yellow pages decades before they touched a keypad. To me, Twitter "tweets" seemed like 21st century postcards—an old idea

shrouded in new technology. Go to any antique store (or to eBay if it's easier) and read the flip sides of those ancient souvenirs. Same number of characters, same depth of thought and feeling. Am I the only one who sees this?

Apparently I am. Nevertheless, one day my inner narrator whispered, "Look how much fun everyone is having as



## TOP OFFICE FOR COLDWELL BANKER NEW JERSEY FOR 20 YEARS



WESTFIELD \$1,525,000  
Hye-Young Choi • 908-301-2015



WESTFIELD \$1,149,000  
Carol Gross • 908-377-9287



WESTFIELD \$975,000  
Irene Katz • 908-301-2892



WESTFIELD \$899,900  
Frank D. Isoldi • 908-301-2038



WESTFIELD \$879,000  
Ellen Murphy • 908-301-2889



WESTFIELD \$825,000  
John Aslanian • 908-301-2007



WESTFIELD \$799,900  
Bettyann Lynch • 908-301-2047



WESTFIELD \$679,000  
Grace Rappa • 908-301-2019



SCOTCH PLAINS \$675,000  
Jill Horowitz Rome • 908-301-2898



WESTFIELD \$649,000  
Bernadette Houston • 908-301-2039

COLDWELL BANKER HOME LOANS  
1-888-317-5416

AHS HOME WARRANTY COLDWELL BANKER CONCIERGE®  
PROGRAM • COLDWELL BANKER COMMERCIAL NRT  
PREVIEWS® INTERNATIONAL ESTATES DIVISION  
GLOBAL RELOCATION SERVICES  
NEW HOMES & CONDOMINIUM DIVISION

VIEW THOUSANDS OF HOMES ONLINE  
[ColdwellBankerMoves.com](http://ColdwellBankerMoves.com)

Westfield-East Office  
209 Central Avenue  
Westfield, NJ 07090  
908-233-5555



Michael Scott  
Branch Vice President  
908-233-5555

©2011 Coldwell Banker Real Estate LLC. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Owned and Operated by NRT LLC.

they fast-track through the ether world. Don't you want to have fun, too?" So with deep skepticism and almost no know-how, I decided that I was going to give myself one month to figure out what Twitter was all about.

My first hurdle was setting up my Twitter account. I felt an overwhelming surge of prickly heat before I even found the Twitter home page. Forget it. Too complicated. I listen to my body and it was telling me in every way that this was a stupid idea. Three days later I was enjoying a meal at the home of a friend who spends a good portion of his day inside the virtual world. Normally I don't have much to contribute when dinner conversation requires a degree in cyberspeak. Which is why everyone was surprised when I turned the topic to my brief and unsuccessful dalliance with Twitter. A Twitter account? Really? My host chuckled and said it takes about two minutes to set up. He'd do it after dinner.

And that is how I had the Senior Chairman of the Visual Effects Society, the founder of the Visual Effects Awards—the special effects supervisor of countless big-budget movies—usher me into the world of Twitter. He even wrote my first tweet: *Hi - I'm here*. Sadly, it was probably my best.



Photo credit: iStockphoto/Thinkstock





“If you didn’t know, Danny [DeVito] likes to tweet. Whenever he goes someplace new, he likes to take a picture of his bare foot.”

My next step, I was told, was choosing people to follow. By the time we said our goodbyes, I had my own account, six people to follow, one tweet (or is it Tweet, upper case?) and had already absorbed a quirky story about New Jersey’s own Danny DeVito. If you didn’t know, Danny likes to tweet. Whenever he goes someplace new, he likes to take a picture of his bare foot and post it on Twitter. When asked why he does this, Mr. DeVito replied with a shrug, “People seem to like my feet.” I verified this story (with a couple of phone calls) and it’s true; Twitter @DannyDeVito and you can see photos of his foot.

With a bounce in my step and a song in my heart, I announced to my teenage sons that I had a Twitter account. Silence. Then, in concert, “No one will follow you, Mom. You don’t have any friends.”

Yes, I do.

“Are they on Twitter?”

No, I don’t think so.

“So, who’s going to follow you?”

I slumped away.

# COLDWELL BANKER & VIRGINIA GARCIA

— RESIDENTIAL BROKERAGE — PRESENT



**Welcome to 507 South Euclid Avenue, Westfield!**  
Stunning, superbly designed and constructed, new luxury home by Gialluisi Custom Homes. This elegant center hall colonial boasts all the quality craftsmanship that is synonymous with Gialluisi Homes. Features 5 bdrms, 4.5 baths, 5200 sq ft and magnificent architectural details inside and out! Extensively trimmed and beautifully landscaped, this prominent home is only a few shorts blocks from downtown, train, shops, and restaurants. Contact me today for your private tour!

## VIRGINIA GARCIA

Sales Associate  
President's Circle, 2009-2011  
NAR Circle Of Excellence, 2007-2011  
Cell: (201) 259-8291  
Office: (908) 233-5555 x219  
virginia@toptownsnj.com  
www.toptownsnj.com  
209 Central Avenue, Westfield, NJ



One Of The Top 6 Agents In Coldwell Banker Residential Brokerage's #1 Office In The Metro New York Area!

Owned & operated by NRT LLC.





Photo credit: iStockphoto/Thinkstock

Before turning in for the night, I returned to the Twitter web site and discovered the How To Promote Your Profile option. I clicked on it, started reading, and promptly fell asleep.

This is not how I learn. I needed to dive right in and get my hands dirty. I posted my first solo tweet: *Writing this article for Edge magazine. How to tweet?* The next day I had two followers. I felt great. I was liked! So, I tried another tweet to get more people: *What happened with Katy Perry and Russell Brand? Is anyone surprised?*

I now hang my head in shame. What an awful tweet. Asking questions? Really? I later learned this was an efaux pas. Or a faux epas. Apparently, another breach of etiquette is tweeting a response to a dinner invitation. You text that. Texting is conversational and more intimate; tweets are statements. I learned this from watching *The Real Housewives of Beverly Hills*, my guilty pleasure.

*Naasa Sherbeini*  
Knows the Smallest Details Can Have the Greatest Impact

**Details Make the Difference...**

Understanding the financial significance and emotional impact of moving, Naasa works to make the transition as smooth as possible. She stays in tune with every aspect of the home sale or purchase and works with the utmost integrity, to ensure the kind of peace of mind that only comes from knowing nothing is going to be overlooked. Naasa's professional style, highly-regarded business acumen and unsurpassed knowledge of the area makes her an excellent resource. From staging and marketing a home to spotting the best value on the market, Naasa's primary goal is to listen closely to your needs and ensure your complete satisfaction. She is there for you every step of the way and is committed to a job well done.

**Let Naasa Handle the Details of Your Move!**

**Naasa Sherbeini**  
(908) 883-1707 Cell  
(908) 301-2893 Direct  
Email: Naasa.Sherbeini@cbmoves.com  
www.WestfieldTopHomes.com

**COLDWELL BANKER**  
RESIDENTIAL BROKERAGE

Westfield East Office: 209 Central Avenue, Westfield, NJ 07090  
(908) 233-5555

© 2011 Coldwell Banker Real Estate LLC. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Owned and Operated by NRT LLC.

**Super Quiet, Portable Power.**  
*(For When the Lights Go Out)*



**EU6500isa**

- 6500 Watts (54.1/27.1 A) 120/240V of Honda Inverter Power
- Super Quiet - 60 dB(A)
- Eco-Throttle - Runs up to 14 hours on 4.5 gallons of fuel
- Convenient Electric Starting
- #1 Choice for whole-house backup power

Read the owner's manual before operating Honda Power Equipment

**HONDA**  
Power Equipment

**THE EARDLY T. PETERSEN COMPANY**

**SALES • SERVICE • PARTS**  
Residential or Commercial since 1956

**224 ELMER STREET WESTFIELD**

**(908) 232-5723**  
Closed Wednesday and Sunday

**www.etpetersen.com**





Still, I had two followers, which is two more than I'd had 24 hours earlier. They looked young in their pictures, and sounded young in their tweets. I decided I should try to pull in more young adults, because they seemed to really like me. Then it hit me. Is Twitter a popularity contest? This was just the kind of garbage that went on in high school, and I was right back in it. The only difference was that the entire world could witness my fumbling, not just a contained environment like a school. Whatever unfiltered idiocy that spilled out of my brain and onto a page would not only be broadcast for the entire world to see, but stored for eternity in some cyber-warehouse. I know that people find this kind of "immortality" appealing. I don't.

What did I have to say that was worth saying at all, much less saying in 140 characters? The question is almost metaphysical, isn't it? So naturally I turned to my older son, age 17, for sage advice.

"Write what you're feeling, or doing," he said. "Write something people would appreciate." Then he turned his back on me and resumed doing his homework. The meeting was over, but I wouldn't leave. He mumbled something about status update.

"What's that?" I asked.

Now, he spun back around and glared at me. "Why are you even *on* Twitter?"

"Because I have to," I answered. "I'm writing a story. Can I follow you?"

"No!"

Other people tweet with confidence. I'm not talking about the Oprahs and Kelly Ripas of the world, celebrities who use Twitter as a tool to promote their talk shows. Or Conan O'Brian, who broadcasts mildly amusing quips. Or

## COLDWELL BANKER RESIDENTIAL BROKERAGE



**416 Colonial Avenue, Westfield** **\$1,299,900**

Stately nine room Center Hall Colonial with gracious foyer opens to spacious, light-filled rooms, crown moldings and a comfortable floor plan for everyday living. Upstairs boasts four beautiful bedrooms, including the Master Bedroom Suite, which enjoys a recently renovated private bath and walk-in closet, while the lower level features a recreation and exercise room, wine cellar, and generous storage. Majestically situated in the heart of the Gardens on a third of an acre lot with private, landscaped, fenced back yard and an expansive, party-perfect deck, this home is one not to miss!

THE FINEST HOMES  
IN THE AREA ALL SHARE  
THE SAME ADDRESS:  
[WWW.FRANKDISOLDI.COM](http://WWW.FRANKDISOLDI.COM)



**824 Cedar Terrace, Westfield** **\$1,150,000**

Magnificently renovated and immaculate 5 bedroom, 3.2 bath French Tudor/Colonial located on professionally landscaped grounds in "the Gardens" section of Westfield is loaded with charm, unique details, and an open floor plan with bright and spacious rooms, ideal for both casual living and formal entertaining. Upstairs, the master bedroom suite enjoys a private dressing room, an abundance of closet space, and a full bath. Not to be overlooked is the walk-out lower level offering a large recreation room with full bar and full bath, laundry room and additional storage space.



Frank D. Isoldi, Broker / Sales Associate  
E mail: [isre@aol.com](mailto:isre@aol.com)  
Office: 908-233-5555 x202

[www.frankdisoldi.com](http://www.frankdisoldi.com)

**COLDWELL  
BANKER**  
RESIDENTIAL BROKERAGE

© 2010 Coldwell Banker Real Estate Corporation. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate Corporation. An Equal Opportunity Company. Equal Housing Opportunity. Owned and Operated by NRT Incorporated.





Photo credit: iStockphoto/Thinkstock



George Clooney’s tweet about going to a baseball game and then saying goodbye because he has to change his user name. (By the way, did you know that Lady Gaga has more Twitter followers than the Pope, the President, and Katy Perry—combined?) No, I’m talking about average folks, like my very first follower, who sometimes tweeted three or four times a day! She followed me because she wanted me to follow her, and I did; sometimes in horror, other times in awe.

My follower “friend” tweeted that her mother called her *an ugly weed so that she was never aware of anything until she was older*. I wasn’t t sure exactly what she meant, but it sounded so sad. My very next tweet was from Barack Obama. It said *In America we don’t give up, we get up*. Yes, I thought, even ugly weeds can become flowers with a “can-do” attitude. Then the President tweeted that he was going to sign the payroll tax cut extension into law. My follower tweeted *I’ve been out of work so long that I’ve forgotten how to hate people*. Funny, but weird!



*The*  
**KITCHEN CLASSICS**  
KITCHEN & BATH DESIGN CENTER

2268 SPRINGFIELD AVENUE  
VAUXHAULL, NEW JERSEY 07088

*Telephone* (908) 964-7101  
THEKITCHENCLASSICS.COM



The pressure to write something great was compounding by the hour. I was riddled with performance anxiety. I would never have the guts to say something like “Color is an intense experience on its own,” and send it off into the universe unprotected. As a rule, if I am going to say something moronic, I want to be able to see how it lands on my listener’s face (because that’s half the fun in uttering banalities) or, at the very least, be able to defend myself. Tweeting, I was coming to understand, is like the speed-dating version of a blind cocktail party. Everyone is trying to impress everyone else, with nothing to back it up.

However, it wasn’t until my younger son, age 13, began looking closely at my coterie of Twitter pals that total disillusionment set in. The young and attractive blonde woman who tweeted about all the racy things she wanted to do to other people, to herself, to me was not the flirtatious scamp I imagined her to be. Nor was my other follower all she seemed to be. I had wondered why she was always telling me about all the cool free stuff she was scoring—Playstation 3, Guess jeans, gift cards from Ikea and Best Buy, and CA\$H—just by clicking onto a particular website or email.

“Stop!” my son bellowed. “Mom, stop!”

He demanded to see my Twitter account. I handed him my phone and after a few seconds he informed me that my friends were fake.

“Definitely the blonde one is fake because all she talks about is sex and it’s an advertisement.”

It is?

He raised his eyebrows and nodded his head. “It’s hacked,” he said. “If you see a person post a link asking you to visit it, don’t do it!” He repeated this warning to reinforce its seriousness. He refused to tell me what would happen if I did click onto these other links. Instead, he looked me in the eye, shook his head and murmured, “It’s bad, very bad. Don’t go there.”

“Okay,” I said obediently, “I won’t.”

But was he absolutely sure my friends are fake? Yes. Even the first one? The nice chatty one? Noting the disappointment in my voice, he tried to soften the blow.

*Exceeding Expectations ...  
for all your  
Real Estate needs!*

**Sherrie Natko**  
Sales Associate

NJAR Circle of Excellence  
2007-2011

908-233-3014, Direct

908-303-8133, Cellular

sherrie.natko@cbmoves.com

www.TrustSherrie.com



Coldwell BankerMoves.com/WestfieldWest  
(908) 233-0065  
Westfield Office • 600 North Avenue, West



**Sales & Installations**

- wide variety of windows & door products
- free estimates
- informative consultation
- showroom display
- professional installations  
(no subcontractors)

**Service**

- storm & screen panel repairs in our shop
- replacement of insulated glass with seal failure
- service to our installed products to insure longest life possible

**HG**  
**Edwards**

24 Franklin Place • Summit  
908-273-3224 • www.hgedwards.com  
email: info@hgedwards.com

Visit our showroom in downtown Summit  
between Hobart & Summit Avenues



“Snap, crackle, pop,”  
he smiled,

“you’ve been  
dropped!”



“Well, I’m not 100 percent sure about her.”

But I knew he was right. She was a fake, too. Then, to add insult to injury, follower number one dropped me while my son was holding the phone.

“Snap, crackle, pop,” he smiled, “you’ve been dropped!”

Of course I was dropped. If you have nothing to bring to the table, who is going to invite you to dinner? Alas, in my month on Twitter, the most followers I had at one time was three. And near as I could tell, only one was real: ABC News. I am still waiting for the dinner invite to ABC’s house, and will text my RSVP.

The fact that I even cared about the number of followers I had ticked me off. It really did stir up all those 10th grade emotions and insecurities. Three decades after completing my secondary education, I not only had slipped back into the worst part of high school, but had discovered the worst part of Twitter. I actually felt lonelier when I was on Twitter than I did when I was off-line.

## *Maryalice Ryan*

THE WESTFIELD AREA REAL ESTATE MATCH-MAKER

Are you considering a move to the areas of Westfield, Cranford, Scotch Plains, or Mountainside? No one knows the Westfield area better than Maryalice Ryan!

As a local resident, Maryalice is highly involved with the town and its people, and she knows what makes this area work so well. Her hard work, positive attitude, integrity and unsurpassed local knowledge have helped many clients to find their perfect match of a home. **Make Maryalice your Westfield area match-maker!**




**Maryalice Ryan**  
MBA, ABR, SRES, ASP  
*Sales Associate*

Cell: (908) 917-5801  
Office Direct: (908) 233-5555 x238  
Home Office: (908) 928-9121  
Email: [maryaliceryan@comcast.net](mailto:maryaliceryan@comcast.net)



209 Central Ave, Westfield, NJ 07090 • Owned & Operated by NRT LLC

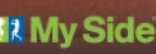
Latex & Memory Foam - All in One!













**The Mattress Professionals®**

1(800) SLEEPYS ✨ [sleepys.com](http://sleepys.com)



As my month on Twitter drew to a close, I decided the two things I liked most about it were the news feeds and traffic updates. But, what's the catch phrase? Oh yeah, there are Apps for that.

So is there a need for Twitter? Socially, there is a place for it, but a *need*? I don't think so. As a promotional tool for celebrities and event planners? Maybe.

My read is that this is a moment that is happening, and people are lapping it up. It's an easy way to be heard even if you have nothing important to say. It is freedom of speech if you can crush your thoughts into 140 characters. Perhaps, deep down, what appeals to people most about Twitter is that it is evidence that you exist. *Hi - I'm here*. See, proof that I've lived.

I tweeted a total of six times. Technically, I suppose the number was four. I did not write the first tweet, nor did I author the last one. My oldest son wrote my final tweet, and although it is something I would never say, I posted it because he finally came around and tried to help me explore this cyber world that seemed so vast and so alien to me. With that in mind I give you my final tweet exactly how my son wrote it:

- omg i think i might be obsessed with this new thing called #internet shopping.

"There's a pound sign in front of *internet*," I pointed out, ever the editor.

"Mom, that's a hashtag."

"What's a hashtag?" EDGE

**Editor's Note:** J.M. Stewart lives and works in Southern California. She interviewed Joe and Gia Mantegna for the Hot Stuff issue of EDGE and is working on an EQ vs. IQ feature for the upcoming Gray Matter issue.

**SHARI HOLTZMAN, MBA**  
 Realtor Associate  
 NJAR Circle of Excellence—2009-2011  
 Direct: 908-868-6299  
 shari.holtzman@cbmoves.com  
 Visit: www.makeNJhome.com



**CHOOSE WITH CONFIDENCE...**  
*your realtor - your home - your next move!*

*People are Talking!*

"My husband and I hired Shari to list our home last spring. You can imagine our pleasure when we had a signed contract within 4 days. Shari did an excellent job and we would recommend her whole heartedly!"

P. & R. Raphael  
Seller—748 Scotch Plains Ave., Wfd.



Sold  
748 Scotch Plains Ave.



RESIDENTIAL BROKERAGE

**Coldwell Banker Residential Brokerage**  
 209 Central Ave. Westfield, NJ 07090  
 908-233-5555 x210


re·vi·tal·ize

Each business has its own Marketing DNA. Let us manage, spark conversation, and monitor your social media, web and print. Reach more, spend less, increase revenue.

"Marketing & Creative strategies that add *life* to your business's DNA!"

VIDA

• Design & Advertising



VISUALIZE • INSPIRE • DESIGN • ACTUALIZE

908-624-1100 • Union NJ • www.addvida.com/dna




# Aim High


## Annual Golf Classic and Spa Day

*Monday, September 10, 2012*

Echo Lake Country Club • Westfield, New Jersey  
Vito Mazza Salon and Spa • Woodbridge, New Jersey

Help support patient needs at **Trinitas Regional Medical Center**. For reservation information or event sponsorship opportunities kindly call (908) 994-8249 or email [Lciraco@trinitas.org](mailto:Lciraco@trinitas.org).





## 11th Annual Downtown Westfield 5K & Pizza Extravaganza

Wednesday • July 25, 2012 • 7:00 p.m. • Westfield, NJ

**Online Registration only!**  
Register at [PracticeHard.com](http://PracticeHard.com)




**Tech  
Shirts  
to the First  
2,000  
Entrants!**

Presented by  
Platinum Sponsor



Silver Sponsors







Downtown Westfield Corporation • 105 Elm Street  
Westfield, NJ 07090 • 908.789.9444 • [WestfieldToday.com](http://WestfieldToday.com)



# EDGE

## interview

2012 Grammy Winner  
**Vince Giordano**



**B**ix Biederbecke once said the thing he liked about jazz was that he didn't know what was going to happen next. The legendary 1920s bandleader could just as well have been describing HBO's *Boardwalk Empire*. It is loud and loose and right on the edge of crazy. **Vince Giordano** and his band, the Nighthawks, supply the music that drives the hit series. They can be seen performing in the lavish party scenes, and heard throughout each episode. Authenticity is the hallmark of the show, and Giordano is as authentic as they come. The Nighthawks work off the original band arrangements from that era—Giordano just happens to own the world's largest collection. In 2012, he won a Grammy for the *Boardwalk Empire* compilation soundtrack...and suddenly, everyone is talking about (and downloading) the joyous music of the Roaring 'Twenties. EDGE Editor **Mark Stewart**—also a devotee of early jazz—spoke with Giordano after his weekly gig at Sofia's Restaurant on West 46th St. in New York.

**EDGE:** At what point did you get the call for *Boardwalk Empire*?

**VG:** Right from the get-go. The same music team I worked with on *The Aviator* with Vincent Scorsese was asked to put together the music for *Boardwalk Empire*. They knew I had two houses bulging with 60,000 scores. We had such a fun time on



Vince Giordano's Nighthawks perform in Atlantic City

the movie I said, "Let's do some more!"

**EDGE:** With the added bonus that the show is filmed in Brooklyn.

**VG:** It's really convenient. The set we work on is actually the recreation room of an African-American church in Bedford-Stuyvesant. The *Boardwalk Empire* team went in and rewired and repainted it, basically got it up to code,

so when the show is done they'll have a nice recreation hall. Some other scenes were shot in a mansion built in 1804 that's part of the Brooklyn Navy Yard.

**EDGE:** How much acting direction do you and the Nighthawks get?

**VG:** When Scorsese supervised the pilot, he had a lot more direction for us. I even got some speaking lines. In subsequent episodes we're more in the background. Our job is to mime the music we've recorded in the studio. So we have to look like we're having a good time and make sure we're in synch. We have these little devices called earwigs, which are wireless speakers we put in one ear. So when they want to knock out the music so they can capture the dialogue, we'll still have it playing in our ears. You don't want to be strumming or fingering and be really off—it looks bad.

**EDGE:** People are always trying to spot that in movies, aren't they? Hey! He's not really playing!

## THERE'S MORE TO THE JERSEY SHORE!

Discover New Jersey's Most Exciting Antiques Outlet

# SHORE ANTIQUE CENTER

"Where the Dealers Shop"

Antique Furniture, Lighting,  
Fine Art, Collectibles

"Best of the Best" Antique Shopping  
Award in 2010 & 2011

— Asbury Park Press Reader's Choice Poll

Beautifully Displayed in our  
14,000 Square Foot Showroom

10 minutes from Exit 100/Garden State Parkway

732-531-4466 • open 11-5 daily  
413 Allen Ave. • Allenhurst, NJ

[www.shoreantiquecenter.com](http://www.shoreantiquecenter.com)







There is something for the entire family at Basking Ridge Country Club



Let the kids splash around, you get to play in the sand.

There's something for everyone at Basking Ridge Country Club. Eighteen holes of challenging golf that provide a true shot-making test and an extensive practice facility to prepare you for the challenge. For the family – it's our swim club and pool with expanded amenities and a long list of activities. Best of all, Basking Ridge Country Club is a non-equity club.

**No bond, initiation fee, monthly assessment or minimum is required.**

**New 2012 Family Membership Value Opportunity**

*For that peaceful, easy feeling the entire family will enjoy all season long!*

Get complete information and schedule a tour by calling 908-766-8200 x116 and visiting [baskingridgecc.com](http://baskingridgecc.com)

Announcing our new Co-Head PGA Golf Pros, Tom and Sue Delaney!

 **Basking Ridge Country Club**

185 Madisonville Road, Basking Ridge, NJ 07920  
908.766.8200 • [www.baskingridgecc.com](http://www.baskingridgecc.com)





*...he was like a lot of people who'd never been exposed to this vintage music. It was a revelation.*

**VG:** Oh, yeah. In the old days there was some real bad sidelining—that's what we call it—where they put Joe Blow up there with a bass or a trombone or a saxophone and it was really apparent he had no idea what he was doing. You watch those scenes and say, "Oh my God, they couldn't find some out-of-work musician to do this?"

**EDGE:** What was the first movie you and the Nighthawks were in?

**VG:** In 1984, a small version of the band was in *The Cotton Club*. Richard Gere portrayed a trumpeter named Dixie Dwyer in the movie. He had actually played a trumpet in his high-school days. He tried to get his lip back, which is pretty hard. The trumpet is a very demanding instrument. But he pulled it off. He did a pretty good job recreating those big Louie Armstrong solos. Richard was a very nice fellow, too. Very interested in our music, and very open to any suggestions we could give him.



**BEST CONDITIONED  
9-HOLE COURSE  
IN NEW JERSEY**

- **Public Golf Facility**
- **Scenic Regulation Nine-Hole Golf Course**
- **Full-Service Clubhouse**
- **Driving Range**
- **Putting Green**
- **Eighteen-Hole Miniature Golf Course**

The Hyatt Hills Golf Complex has been designed as a first-rate, public golf facility, consisting of a scenic regulation nine-hole course, an elegant, full-service clubhouse, a driving range, putting green, and an 18 hole miniature golf course. Built to high contemporary standards, the course has bent grass tees, greens, and fairways, together with bluegrass/fescue roughs. We also have Senorita's Mexican Restaurant featuring great authentic Mexican fare.

**Hyatt Hills  
Golf Complex**

1300 RARITAN ROAD | CLARK | (732) 669-9100 | WWW.HYATTHILLS.COM

**\$2 Off**  
2 games of mini golf anytime  
With this coupon. One per customer. Not to be combined with other offers. Expires 8/31/12. EDGE

**ONE FREE**  
bucket of balls with purchase of a bucket  
With this coupon. One per customer. Not to be combined with other offers. Expires 8/31/12. EDGE



**EDGE:** Do you have an opportunity to get to know the actors on a series like *Boardwalk Empire*? I ask because I know that Michael Pitt is a musician. By the way he's definitely been bumped off, right?

**VG:** Oh, yeah. He's gone. A lot of people were upset that they killed off Jimmy. I say just don't kill off the band! No, but generally we don't get a chance to hang out much. We're so far away from the main actors on that set, and with time clicking away and so many people involved there's just not the opportunity. Movies can be different. When we did *The Aviator*, Leonardo di Caprio came over and mentioned to me that he was very surprised that this music had so much spirit and fun to it. He said, "This is really exciting music!" Being a younger person, he was like a lot of people who'd never been exposed to this vintage music. It was a revelation.

**EDGE:** When you won the award for Best Soundtrack it was not on the Grammy television show. How did you find out?

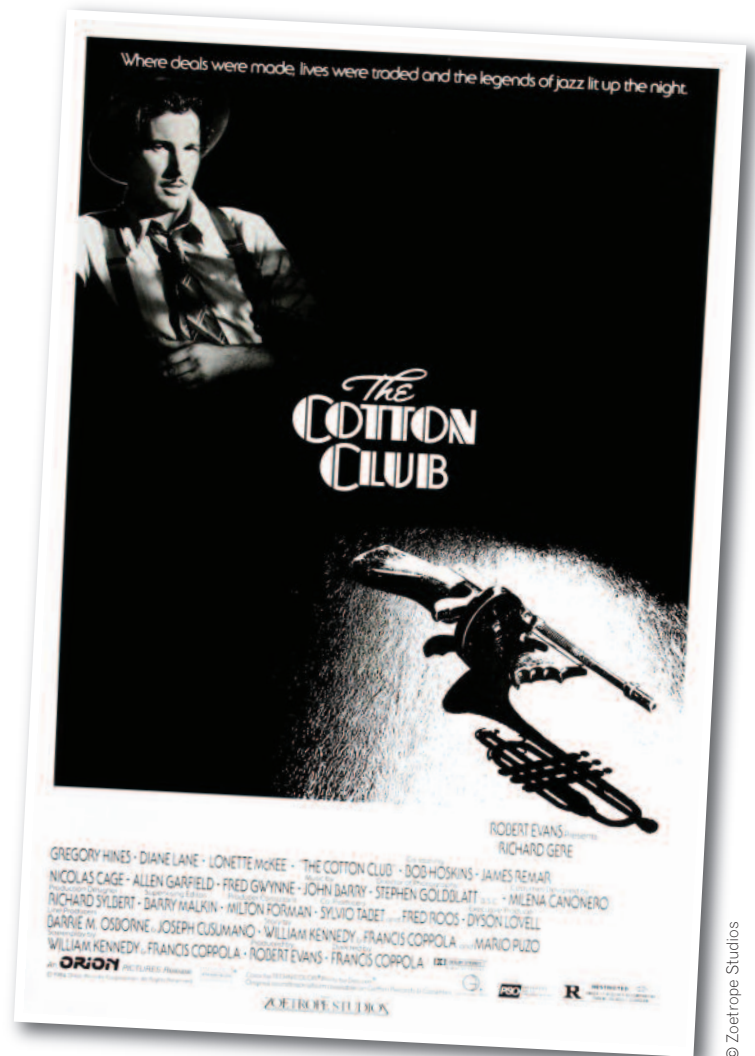
**VG:** It was on the Grammy internet channel. The news came sometime the afternoon before the Sunday evening broadcast. I was playing a jazz party up in Connecticut and I got a text that said: WE WON. So you can imagine, we were running around screaming. People thought we were a little nuts. I'm happy we won. I'm even happier that the music will now get a little more attention.

**EDGE:** You shared that soundtrack with other musicians who've devoted themselves to the music of the 1920s and 1930s. Performers like Leon Redbone. What's the feeling in that larger group? Does the Grammy give you all some validation?

**VG:** Definitely. All this work we've put in for all these years with doubting Thomases saying, "What are you doing with this old music? Get with the times!" We hung in there and it did something good for all of us.

**EDGE:** The Nighthawks formed in the 1970s. It's quite something to keep a musical group together for 30-plus years. What was the band's first break?

**VG:** In the early 1980s we were bouncing around different night spots in New York City. We were playing at this club on the West Side called Sweetwater's. An interesting



© Zoetrope Studios

fellow came in with thick glasses and a goatee. He asked for my card after the show. It was Ahmet Ertugun from Atlantic Records. Ahmet was extremely connected. He called Peter Sharp, the owner of the Carlyle Hotel, and said, "You gotta get these guys in your room." We worked there Sundays and Mondays. Those were Bobby Short's dark nights. We did two seasons there. He and his wife also got us a lot of charity balls and private parties. We were working like crazy—the guys were actually complaining!

**EDGE:** You also played with Woody Allen.

**VG:** Yes, I was fortunate to work with Dick Hyman as a side man on about a dozen Woody Allen films. Dick called me up and said, "You really love playing this music. Sometimes I get musicians who are really talented, but who don't have the spirit for this older music."

**EDGE:** You've had this spirit all your life.

**VG:** Since I was five years old. The impact of this music really came from winding up my grandparents' old Victrola and listening to their 78 collection. I have it in my home now—it's my Rosebud, so to speak. Anyway, as a teenager I tried listening to rock 'n roll, but it just never sat well with me. The other kids were listening to the Beatles, of course. Coming home after school and turning on the TV you'd see those old comedies—The Little Rascals, Laurel and Hardy, the Warner Brothers cartoons—and they used a lot of that peppy music from the 1920s, with synchopated brass and whining saxophone. So people would say, "There goes Vince with that 'cartoon music!'" They just couldn't understand what I was doing. It was tough as a teenager.

**EDGE:** Let's talk about your vintage music arrangements. Is that the right term?

**VG:** Or stock orchestrations. These are band charts—not just the old piano sheet music you see in antiques stores. So if you were a bandleader back in the 1920s you would

buy this packet of music and hand it out to all the fellows in your band. If you didn't have your own arranger, these stock orchestrations were enough to get your band up and running. There were thousands of bands all over the world doing the exact same arrangements.

**EDGE:** Is it fair to say the "value" of these scores is that you don't have to listen to the 78s and deconstruct the different parts?

**VG:** That's quite true. For us to play this music exactly how we hear it on the recordings, it takes away a lot of the guesswork. Also, sometimes I'll hear a great recording and pull out the arrangement, and see that someone in the band or one of the arrangers did something really special.

**EDGE:** How did you begin amassing your collection?

**VG:** I was a member of the musician's union and put an ad in this publication that went out to the whole country,

## If You have an EDGE for Sales...

### EXPERIENCED ADVERTISING SALES REPS WANTED

If you are an experienced Magazine Ad Sales Rep, with a strong following and an established client base in the Central New Jersey Area, you now have the opportunity to join our EDGE Magazine Ad Sales Team.

#### Requirements:

- Prior AD Sales experience required with an existing strong client list.
- Must be able to quickly learn sales processes, and programs.
- TEAM Player
- Able to start immediately

Come and join one of the Fastest Growing Magazines in Central New Jersey – apply today! For immediate consideration, please send cover letters, sample client list and resumes to [edgemagazine@live.com](mailto:edgemagazine@live.com)

**NO PHONE CALLS, PLEASE!**





asking if anyone had these arrangements from the '20s and '30s. A lot of bandleaders who were getting up there in age—or their widows—offered to box them up and send them to me if I paid the postage or gave them a few bucks. This started in the mid-'70s. Then I went even further and began contacting the families of old musicians who had passed away. I would hand-write letters to their relatives explaining who I was and what I was trying to do. Many people called me and said, "Wow, we were going to throw this out—come over and take it."

**EDGE:** And now you're up to 60,000. Where do you keep them all?

**VG:** I own twin houses in Brooklyn. I moved there in 1979. The people across the driveway we shared passed away and I put a bid in for the house and got it. Once I got the second house my collection expanded. I am like the goldfish you put in a bigger pond who gets bigger.

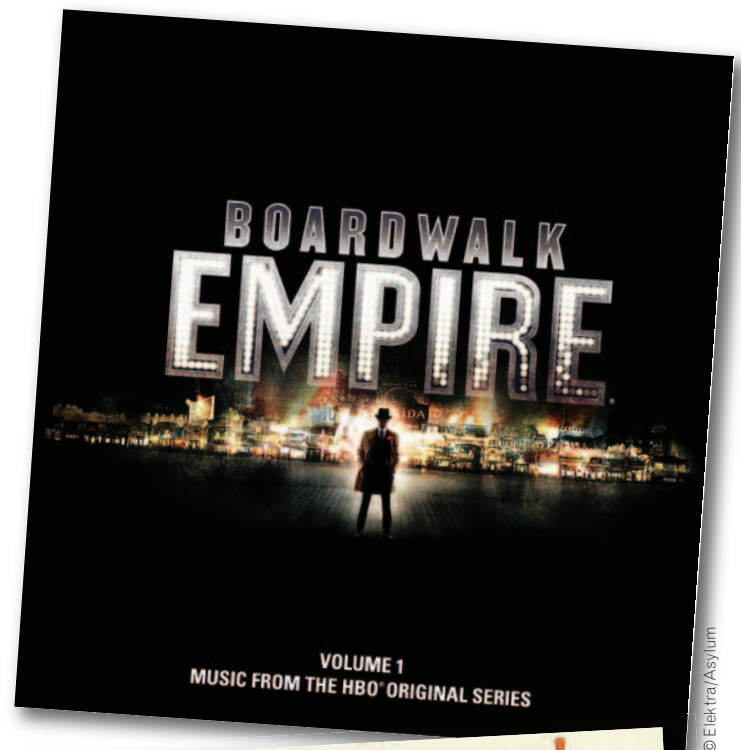
**EDGE:** What's the end game? Where does the collection ultimately reside, say, 50 years from now? What's the ideal scenario?

**VG:** I plan to donate these to a foundation that is being set up by Michael Feinstein.

**EDGE:** I would think that a college or university would love to get its hands on these vintage arrangements.

**VG:** Our institutes of higher learning don't seem to see this as valuable music. The jazz music they're teaching kids is more modern—it starts with Thelonious Monk and John Coltrane. I'm all for that but, unfortunately, it almost seems as if one style of music is being erased by another. **EDGE**

**Editor's Note:** Vince Giordano's Nighthawks play every Monday and Tuesday night right on the other side of the tunnel at Sofia's. To keep track of Vince log onto [vincegiordano.com](http://vincegiordano.com). To read about how Vince began his musical career, log onto [edgemagonline.com](http://edgemagonline.com) for exclusive content.



# Missing Your Beauty Sleep?

Now you can find rest at two locations

*That's the beauty of Trinitas*

**T**ired of not getting a good night's sleep? Do you or someone you love snore, gasp for air, or have a hard time sleeping? Your first step toward getting your beauty sleep is to call a center that has met the rigorous standards set by the American Academy of Sleep Medicine — the world's largest and most respected accrediting organization for sleep centers.

An overnight stay at the Trinitas Comprehensive Sleep Disorders Center can help. Our staff of certified sleep experts will assist you in every phase of diagnosis and treatment. And now, in addition to the sleep center located on our main campus in Elizabeth, this sleep expertise is available at our new center in Homewood Suites by Hilton, Cranford.

Quality sleep disorders treatment in your choice of two locations. Beautiful.



Trinitas' sleep expertise is now available at Homewood Suites by Hilton, Cranford – the first hotel-based sleep center in New Jersey!

## TRINITAS COMPREHENSIVE SLEEP DISORDERS CENTER

Call 908-994-8694 for an appointment, or visit us at [www.NJSleepDisordersCenter.com](http://www.NJSleepDisordersCenter.com)

**TRINITAS CENTERS  
OF EXCELLENCE**

Behavioral Health • Cancer Care • Cardiology • Diabetes Management  
Maternal & Child Health • Renal Services • School of Nursing • Senior Services  
Sleep Disorders • Women's Services • Wound Healing & Hyperbaric Medicine



# EDGE PEOPLE



## STILL COZI AFTER ALL THESE YEARS

Trinitas CEO Gary S. Horan chats with Harold Aguilar and Intensive Care Unit Nurse Constantine "Cozi" Vintilescu. Paralyzed from the waist down from a 1991 swimming accident, Harold remembered how Cozi helped him make it to his graduation ceremony at Elizabeth High School. Twenty years later, Harold helped Cozi deliver a presentation on spinal cord injuries as part of his requirement for his Master's Degree from the College of Saint Elizabeth. "Nursing care is not always about medical care," says Cozi. "Sometimes the most important thing we can give our patients is just a few minutes to let them know how much we value them as human beings."



## DYNAMIC DUO

Sue and Tom Delaney pose for a snapshot at the Basking Ridge Country Club. The Delaneys make their debut this year as Co-Head PGA Professionals at the club, which will be hosting the New Jersey Junior PGA Tournament (July 9th and 10th) for the fourth straight year. The couple is TPI Certified and has an impressive record of play and providing exemplary instructional opportunities, including Ladies, Juniors (ages 4 & up), Parent-Child Golf Clinics, Individual Lessons and Junior half- and full-day Summer Golf Camps (membership not required). "Our club is extremely fortunate to be in the position to offer our membership and the public—through our Golf Academy—the benefits of having both male and female Co-Head PGA Professionals," says Kelly Pantone, BRCC Director of Marketing and Membership.



## DETAIL-ORIENTED

Governor Chris Christie grabs a photo op with members of the Springfield Volunteer First Aid Squad— Crew Chief Gloria Simpson, Capt. Apu, Lt. Jeff Shanes and EMT Shane Ronan. The governor held a recent Town Hall Meeting in Springfield, and they served as his EMS detail for the event.



## BEST BEHAVIOR

Trinitas CEO Gary S. Horan and NJ Department of Human Services Commissioner Jennifer Velez flank James Lape, Senior Vice President/Behavioral Health & Psychiatry, as they announce \$1.9 million in state funding to expand community-based services for individuals with mental illness. Trinitas and other providers will implement involuntary outpatient psychiatric care (IOC) services and S-COPE, a mental health services program directed toward seniors.



# Doctors Care

## PAIN RELIEF CENTER:

Physical Therapy,  
Aquatic Therapy &  
Chiropractic Care, P.C.,  
Acupuncture

**Personalized, One-on-One,  
Quality Care**

### THREE CONVENIENT LOCATIONS:

#### LINDEN

901 N. Wood Avenue

#### UNION

1000 Galloping Hill Road  
(formerly Union Hospital)

# 908-474-9444

**MOST INSURANCE PLANS ACCEPTED.**

**Se Habla Español  
Mowimy po Polsku**

## Why Live With Pain?

**YOU CAN LIVE PAIN FREE, WITHOUT SURGERY.  
CALL FOR A FREE CONSULTATION!**

**Our NEW State-Of-The-Art Rehabilitation Centers Offer Treatment for:**

- Neck Pain
- Fibromyalgia
- Headaches
- Arthritis
- Shoulder Pain
- Herniated Discs
- Knee Pain
- Automobile Accident Injuries
- Low Back Pain
- Sports Injuries
- Pain Management

ALL THERAPIES ARE FDA APPROVED



**Transportation To  
& From Available,  
Subject To Facility  
Approval.**



[www.doctorscarenj.com](http://www.doctorscarenj.com)





healthy **EDGE**

A Special Health & Wellness Section from  
Trinitas Regional Medical Center

# Regarding Henry

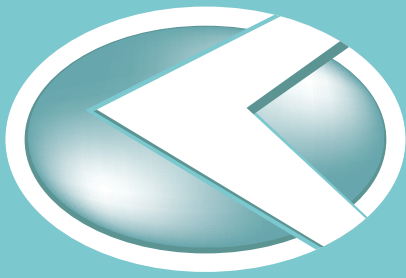
*As one patient learned the hard way,  
time does not heal all wounds.*

By Christine Gibbs

**H**enry Schroeding, a 66-year old Delaware resident, was one of the more than five million Americans who deal with chronic, non-healing wounds. He tried self-treating a leg injury he incurred in the summer of 2009, employing over-the-

counter remedies for about 6 months. But the infection only became worse. Schroeding then opted for professional help at two reputable wound care centers in Delaware, where he underwent various treatments, including a vascular closing and a skin graft—

CENTER OF ADVANCED PELVIC SURGERY



# CAPS

*#1 in performing  
anti-incontinence  
and prolapse surgery*

*Enjoy life with no  
embarrassment, or  
social unease*



**Labib Riachi, M.D., Board Certified Ob/Gyn.**  
Chief of Urogynecology and Robotic Surgery



Now using the daVinci Robotic  
Surgery System in addition to  
performing conventional surgery

240 Williamson Street, Suite 304  
Elizabeth, NJ 07202  
Tel: 908 282 2000  
Fax: 908 282 6660

128 South Euclid Avenue  
Westfield, NJ 07090  
Tel: 908 928 1234  
Fax: 908 928 0262

[www.riachisurgery.com](http://www.riachisurgery.com)



# healthy **EDGE**

A Special Health & Wellness Section from  
Trinitas Regional Medical Center

unfortunately without much permanent improvement. In fact, a trip to the beach the following summer resulted in the wound festering still further into a situation so serious that it could easily have become limb-threatening.

Out of sheer frustration and in near panic, Schroeding resorted to doing his own research on the Internet and identified two out-of-state hospitals with highly renowned wound care centers: Johns Hopkins in Baltimore and Trinitas Regional Medical Center in Elizabeth. The Hopkins website cited a 60-70% heal rate, whereas Trinitas claimed more than 90% overall. That made the choice easy.

Within two days of his initial phone call (and much to his pleasant surprise), Schroeding had an appointment at The Center for Wound Healing & Hyperbaric Medicine

at Trinitas. His attending physician was Dr. Morteza Khaladj, DPM, FACPPM, Chief of Podiatry and Director of the Podiatric Surgical Residency program at Trinitas since 2006.

Dr. Khaladj assured Schroeding that the Wound Center, which opened in 1997, is acknowledged to be one of the finest in the country, having received the Robert Warriner III, MD, "Center of Excellence" award from Diversified Clinical Services (DCS) in recognition of its excellent clinical results and its record for successful healing outcomes and overall patient satisfaction. Dr. Khaladj attributes the center's high ranking to its ongoing research, its challenging residency program, and its internal product testing and evaluation system. "That's what keeps Trinitas in the vanguard of healing centers," he says.



## The Santamaria Eye Center

Over 33 Years of Community Care

### BREAKTHROUGH IN VISION SURGERY

Cataract Surgery

no stitch, no patch, no injection

### SEE NEAR AND FAR WITHOUT GLASSES

Intra-ocular lenses **Crystalens®** and **ReSTOR®**

Advancements in the treatment of Wet Macular Degeneration

LASIK **CustomVue®** and Bladeless **INTRALASE®**, Laser Surgery



**Jaime Santamaria II, M.D. F.A.C.S.**

Assistant Clinical Professor of Ophthalmology, Columbia University, NY; Member: Wills Eye Surgical Network; Recognized: New Jersey Monthly "TOP DOCTORS in NJ 2001"; Castle Connolly Guide "How to find the Best Doctors in the NY Metro Area" Certified, American Board of Ophthalmology



**Kenneth N. Darvin, M.D.**

Director, Retina Service  
Attending, Robert Wood Johnson Medical Center, New Brunswick, NJ  
Certified, American Board of Ophthalmology



**Laila M. Colicchio, O.D.**

Diplomate,  
American Board of Optometry  
Therapeutic Optometrist  
TPA#270M00023500  
LIC #270A00538400

#### PERTH AMBOY

104 Market Street  
Perth Amboy, NJ 08861

L.A.S.I.K. Toll Free **877-454-4362** or **732-826-5159**

[www.santamariaeyecenter.com](http://www.santamariaeyecenter.com) • [www.lasiknj.com](http://www.lasiknj.com)

#### EDISON

100 Menlo Park Dr., Ste. 408  
Edison, NJ 08837

A name you can trust  
for **rehabilitation**  
and **health care.**

Post-Surgical, Short-Term Rehab



## ManorCare Health Services – Mountainside

1180 Route 22 West  
Mountainside, NJ 07092

**908.654.0020**

**A PROVEN LEADER®**

**ManorCare**   
Health Services



The Trinitas Wound Center specializes in treatment of very serious and chronic wounds, many of which have undergone failed treatments elsewhere. It offers therapeutic treatments using three of the latest wound technologies:

- **Hyperbaric Oxygen Therapy or HBOT:** administered typically to patients presenting with non-healing wounds from conditions such as gangrene, carbon monoxide poisoning or unsuccessful skin grafts. This involves placing the patient in a special chamber that delivers a healing 100% oxygen-rich environment through the bloodstream to the wound.
- **Apligraf Living Skin Device:** utilizes a biological dressing produced under laboratory conditions that was first used in New Jersey at Trinitas, bringing relief to many patients suffering from limb-threatening venous leg ulcers and other types of hard-to-heal wounds.
- **Vacuum Assisted Closure (VAC):** exerts controlled negative pressure, which helps to remove infectious material and promotes the growth of new blood vessels in preparation for successful grafting.

Each patient is different, of course, but when pressed for an average healing time statistic at the Trinitas Wound Center, Dr. Khaladj indicated it typically might range from 4-6 weeks up to 2-3 months. He affirmed that any individual suffering with a wound that shows no improvement within two weeks should be examined by a medical professional. For individuals with serious chronic conditions such as diabetes, any significant wound should be examined at least by a general practitioner as soon as possible. If the wound persists despite medical attention, then a wound treatment center should be consulted to benefit from their expertise and technologically advanced treatment alternatives.



# healthy **EDGE**

A Special Health & Wellness Section from  
Trinitas Regional Medical Center

In Schroeding's case the VAC therapy was determined to be the best treatment. After initial testing and final diagnostic assessment, he was admitted to Trinitas for a surgical procedure that involved removal of some affected muscle tissue. He continued to undergo weekly VAC treatments for the next 2 months. He also underwent a second skin graft, which this time was a total success. Throughout his treatment, Schroeding did experience some pain, but at a level that was manageable with daily doses of aspirin and sometimes a more serious pain killer. Finally, after a total of almost 10 months of treatment, his wound was no more.

As an overall assessment of his experience at the Trinitas Wound Center, Schroeding says that it was "way over 10 on a scale of 1 to 10"—and that his stay was the best time he ever spent in a hospital. "When I hit the call button, someone actually came right away. Amazing!"

In short, although Trinitas was approximately 160 miles away, Schroeding gladly made the weekly 300-mile roundtrip that totaled more than 14,000 miles over his more than nine months of treatment. Dr. Khaladj adds, "Through all of our ongoing research and successful patient treatments, we know what works and what doesn't work." That would account for the center's heal rate of 98%...and Henry Schroeding's response to the question How are you doing? "Terrific!" **EDGE**

**Editor's Note:** Henry Schroeding was interviewed while undergoing his treatment. Both he and Dr. Khaladj can be seen on YouTube at <http://www.youtube.com/watch?v=LfjrlDVbTwQ>. For more information on the Trinitas Center for Wound Healing and Hyperbaric Medicine, call 908-994-5480 or [www.WoundHealingCenter.org](http://www.WoundHealingCenter.org).

## LASIK HD

**Call for your  
FREE Consultation!**

OLD FASHIONED	STATE-OF-THE-ART
Flat screen TV	Plasma, LED, LCD, 3D
Flip Phone	Smart Phone
LASIK	LASIK High Definition

the eye care &  
surgery center

Diplomates, American Board of Ophthalmology

800.504.1083

www.newjerseyvision.com

LIKE US on **Facebook**  
[www.facebook.com/eyecareandsurgerycenter](http://www.facebook.com/eyecareandsurgerycenter)

FOLLOW US at our **Eye Care Blog**  
<http://eyecareandsurgerycenter.blogspot.com/>

For complete review of LASIK risks you may visit [www.fda.gov](http://www.fda.gov).

Joel Confino, M.D.

Cornea, Cataract &  
LASIK Surgeon

Nationally  
Recognized Expert

### LOCATIONS

Warren

10 Mountain Blvd.  
Warren, NJ 07059  
908.754.4800

Westfield

592 Springfield Ave.  
Westfield, NJ 07090  
908.789.8999

Iselin

517 Route 1 South  
Suite 1100  
Iselin, NJ 08830  
732.636.7355

# You Can Manage Your Diabetes!



If you've just been diagnosed, or if you've been living with diabetes, quality medical care, encouragement and education can make a difference in your daily life.

As an American Diabetes Association fully-accredited diabetes center, the Diabetes Management Center at Trinitas Regional Medical Center is a center you can trust to help you effectively manage your diabetes.

**Ari Eckman, MD**  
 Director, Trinitas Diabetes Management Center  
 Graduate of Johns-Hopkins University School of Medicine in Baltimore  
 Specialist in Diabetes, Endocrinology & Metabolism  
 committed to patient care and education



A respected staff of certified diabetes nurses, educators and nutritionists offer classes and one-on-one counseling

Quality medical care and attentive nursing support designed with you in mind to make diabetes a manageable part of your life



## TRINITAS DIABETES MANAGEMENT CENTER

Medical Office Building, Suite 202 | 240 Williamson Street | Elizabeth, NJ | 908.994.5490

## NEW JERSEY BARIATRIC CENTER

GENERAL & BARIATRIC SURGERY



Center of Excellence  
 BARIATRIC SURGERY



**Ajay Goyal, MD, FACS**  
 Bariatric & General Surgeon



**Angela Jack, MD**  
 Bariatric & General Surgeon



**Glenn Forrester, MD, FACS**  
 Director, Bariatric Surgery,  
 Trinitas Regional Med Ctr



**Leigh Montes, MD**  
 Bariatric & General Surgeon

### Achieving Dramatic, Sustainable Weight Loss Is Within Your Reach

The New Jersey Bariatric Center's approach to patient care has resulted in:

- Zero Mortality • Low Complication Rate • Increased Quality of Life
- Improvement of Diabetes, Hypertension and Sleep Apnea

Join us for a free educational seminar.

To register, call (908) 481-1270 or visit [NJBariatricCenter.com](http://NJBariatricCenter.com)

**Laparoscopic General Surgery**  
 Cholecystectomy  
 Colon Resection  
 Nissen Fundoplication

**Laparoscopic Bariatric Surgery**  
 Lap Band™ & Realize Band™  
 Sleeve Gastrectomy  
 Gastric Bypass

193 Morris Avenue, 2nd Floor, Springfield, NJ 07081 | 79 Hudson Street, Suite 301, Hoboken, NJ 07030 | (908) 481-1270



# He Said: She Said

## *Couples Therapy*

*When relationships go from hopelessly devoted to just plain hopeless, it may be time to talk to a professional. Psychologists Dr. Rodger Goddard and Dr. Patricia Neary-Ludmer look at the ins and outs of Couples Therapy.*

**Goddard:** Marriage and long-term, committed relationships pose intense challenges. They are strained by drinking, infidelity, parenting differences, stress, overwork, house-chore inequality, unresolved fights, emotional wounds from one's childhood, anger, abuse, financial stress, instigation from in-laws, drug use, grudges and many other problems. The divorce rate in the U.S. is extremely high—estimates range between 45 and 55 percent. If you were to factor in break-ups in other committed relationships, there would be no telling how high that number might climb.

**Neary-Ludmer:** In isolation—in other words, just the one-on-one aspect of a relationship—couples generally communicate and connect fairly well. Otherwise they would go their separate ways. However, once they commit to each other the challenge begins. I believe most couples know how to communicate. If there is a problem, it's likely due to the external pressures of life.

**Goddard:** Good communication skills are definitely essential. Couples should strive to be each other's best friend. They need to be able to talk things out, articulate

## Written In Stone

Wouldn't it be helpful if we had to take a course and pass a test to get a marriage license? The course would probably include the 10 Commandments of positive communication. These might include:

- Thou shall not take your spouse for granted.
- Thou shall not take out your emotions, stress or frustrations on your spouse.
- Thou shall listen very closely to, ask questions about, and follow up on what your spouse talks about.
- Thou shall show your appreciation and love day and night.
- Thou shall do practical things to help your spouse.
- Thou shall speak softly and caringly to your spouse, no matter how frustrated or angry you feel.
- Thou shall forgive and not hold grudges.
- Thou shall not swing at every pitch, strike out or overreact.
- Thou shall do things together to have fun and enjoy time with your spouse.
- Thou shall not commit adultery.

Remember, your spouse, partner or significant other is special. A little extra work, an effort to break out of old or negative patterns—along with compliments, appreciation and time—can transform your marriage and your life.

—Dr. Rodger Goddard

their inner feelings, and share their stress, emotions and thoughts with each other. Too often the hyperactivity of modern life, work and responsibilities do not leave time for enjoying each other's company. Laundry needs to be washed, dinners served, children chauffeured, floors cleaned, shopping done, homework finished and hundreds of other chores carried out before affection, intimacy, friendship and romance can take place.

**Neary-Ludmer:** A common error couples make is focusing on building a beautiful marriage and family life without securing and feeding the foundation. They characteristically will sacrifice themselves to make sure their children's needs and wants are being met, often at the expense of their own relationship. They forget about the importance of balance. A child needs to have parents that are happy and healthy. Otherwise the family structure will begin to crumble.

**Goddard:** I call it BC and AD. BC (Before Children) a couple focuses on each other. AD (After Da Kids) presents new challenges. The connection between couples now becomes a triangle pointed downward with a focus on the children. The connection between the couple can suffer. A new and revitalized couple connection needs to be reestablished and strengthened.

**Neary-Ludmer:** In our practices we see challenges to marriage that are very difficult and often require clinical intervention. They include coping with infertility, raising children with special needs, various types of addictions, the loss of a child, mental illness, and caring for elderly or sick parents. All of these put incredible stress on a relationship. For instance, untreated substance abuse or mental illness can be very detrimental to a marriage and family. Often it leads to lies, disappointment, betrayals and financial ruin. It causes the healthy spouse—and the family—untold pain and suffering. If the impaired spouse is unwilling to address the problem it often leads to divorce.

**Goddard:** Couples therapy is often extremely useful. Infidelity is an issue that often necessitates couples therapy. I enjoy doing couples therapy because it can be very easy to get a couple to remember what they love about each other, and how to treat each other special. Couples therapy is extremely helpful because it can provide a referee who lays down the rules of the game. A good therapist calls fouls and levels the playing field into one that supports both parties. Job number one is



# healthy **EDGE**

A Special Health & Wellness Section from  
Trinitas Regional Medical Center

establishing guidelines for good communication. Sports and life necessitate effective game rules (e.g., no hitting below the belt, no clips, bring-downs, take-downs, or offensive fouls). It is critical for couples to focus on the specific things that they want from each other in the present and future, and not on all those horrific things that the other person did to them five, ten and 15 years ago. Too often couples get into endless nobody-wins power struggles.

**Neary-Ludmer:** Arguing and shutting down creates a disconnect; communication breaks off and the relationship suffers. Reestablishing that connection opens communication back up. And that happens by showing compassion and love. I believe that time is key. Make time to connect, just as you might schedule a music or tutoring lesson for your child. And protect that time.

I encourage “date night”—not to focus on problems, but rather to laugh and talk and rekindle. Words are not necessary. Go to the gym together, garden together. Communication will follow.

**Goddard:** Among the most common important relationship problems I find is that couples often hold onto resentments, grudges and irritations with an iron grip. Another is the frustration that people feel when their viewpoint or emotions are not recognized or affirmed. It seems incredibly easy for two grown-up people to figure out who should take out the garbage on what day. And yet they do not, because... “He just doesn't understand all the things I do around here” or “She just doesn't understand that I need to unwind when I get home” or “He doesn't show me decent respect when he speaks to



Cosmetic and Reconstructive Plastic Surgery  
of the Face, Breast, and Body  
Botox, Fillers (Juvederm), and Latisse

Joseph Alkon M.D.

**DrAlkon.com • 908.583.5630**

***We Moved!***

**515 North Wood Avenue  
Suite 201  
Linden, NJ. 07036**

*Saturday and Evening Appointments Available*

Se Habla Español

Board Certified, The American Board of Plastic Surgery



Photo credit: iStockphoto/Thinkstock

me” or “Everything is a criticism from her” or “He is never available” ...and on and on. Of course, these things need to be resolved. But a critical ingredient involves the other person feeling that their emotions, thoughts or desires are being understood. It is almost a primary motivation of ours to feel understood. When this need is not satisfied, bad things tend to follow.

**Neary-Ludmer:** Building a life together in today’s times requires hard work and discipline. It becomes quite the challenge to find time and energy for each other. And that work should really begin before committing to a long-term partnership. Ask yourself if you are being realistic about your relationship and being in love. Are you addicted to, or searching for, those early-on “honeymoon” feelings. Remember that falling in love is generally based on excitement, sexual energy and a desire to become one—to fill our loneliness and secure a future. Ask yourself, “Is this love? Is this really sustainable?”

**Goddard:** For a marriage to work, couples need to be able to “fight clean.” All too often when conflict arises, a spouse is likely to fight dirty—criticize, blame, shame and name everything the other person ever did wrong. When arguing, try to first “feed back” what you think the other person feels and wants. Change from being defensive—trying to overpower the other person, getting on the witness stand and arguing your point—to listening better, accepting the other person’s viewpoint and admitting imperfections. Let the other person feel they have a right to their emotions and what they want.

**Neary-Ludmer:** Almost every long-term relationship goes off the tracks at one time or another. If you’ve been doing the work all along, it’s much easier to get things back on track. Some of the guidelines I think are helpful include:

- Be comfortable in your relationship...but do not take your spouse for granted.
- Voice concerns...don’t build resentments.
- Focus on the positives of your spouse...substitute critical thoughts with positive attributes. Remember that nobody is perfect, and the grass always seems greener on the other side.
- Try to preserve trust... surviving lies and infidelity is very difficult.
- Avoid trying to control...search rather for satisfying solutions that are mutual.
- Allow yourself to be vulnerable...wearing emotional armor keeps out hurt, but also keeps out love and connection! **EDGE**

**Editor’s Note:** Dr. Rodger Goddard is Chief Psychologist at Trinitas and Director of the hospital’s wellness program, which provides companies, agencies and schools with on-site programs to improve health and productivity. Dr. Patricia Neary-Ludmer is the Director of the Family Resource Center in Cranford, an affiliate of the Trinitas Department of Behavioral Health and Psychiatry.



# healthy **EDGE**

A Special Health & Wellness Section from  
Trinitas Regional Medical Center

# What's Up, Doc?

*News, views and insights on maintaining a healthy edge.*



## Don't Walk Sign

Are you a sleepwalker? If so, you're definitely not alone. New research by the Stanford University School of Medicine found that somnambulism is far more prevalent than previous studies suggested. **About 3.6 percent of American adults are prone to nocturnal wandering.** That translates to 8.4 million. The same research suggests that sleepwalking is linked to anxiety and depression. A subject of humor and silliness in popular culture, this disorder can actually have serious consequences. **Sleepwalkers have been known to injure themselves and others.** They are also prone to psychosocial disorders. The Trinitas Sleep Disorders Center deals with sleepwalking and other problems every day. For information call 908-994-8694.

## Oh, Canada

The never-ending legal debate over medical marijuana acquired an intriguing new wrinkle in May after a report in the *Canadian Medical Association Journal* on the **results of a new study on patients with Multiple Sclerosis.** A group of MS sufferers with muscle spasticity (hard-to-control muscles) who had not responded well to traditional treatment showed a 30% reduction in spasticity and a 50% reduction in pain after smoking marijuana over a three-day period. The side effects were hardly a surprise. Patients showed a drop in cognitive ability and experienced some dizziness and nausea. **A few reported feeling "too high."** The study only looked at short-term effects on the MS patients, but results were encouraging enough to warrant more extensive research.



## New Options for Hospice Care

One of the greatest concerns in hospices is preventing sudden and deep depression. Standard antidepressant medications are only marginally successful in this setting, as **they take time to achieve their desired effect—and time is something hospice patients don't have.** That explains the buzz at the recent annual meeting of the American Academy of Hospice and Palliative Medicine when it was reported that methylphenidate and oral ketamine are showing considerable promise as extremely rapid-acting, safe, and cost-effective treatments. Ketamine in particular is a drug already used in hospices to deal with pain. According to Dr. Scott Irwin, director of psychiatry programs at the Institute for Palliative Medicine at San Diego Hospice, more research is needed. **Clinical trials are problematic in hospices** because of the high death rate, as well as informed consent issues.



## Tired of Climbing Stairs?



**Williams**  
LIFT COMPANY

Since 1947

627 PARK AVENUE • PLAINFIELD

CALL FOR A FREE BROCHURE

**1-800-287-1793**

## STOP HAIR LOSS TODAY



- Proven Hair Loss Solution
- Fuller, Healthier Looking Hair
- For Both Men and Women



BEFORE



AFTER



thinning hair SOLUTIONS  
by *efotomazza*

**1-800-685-HAIR**

Call today for your  
**FREE** Hair & Scalp Analysis!

[www.thshair.com](http://www.thshair.com)

114 Main St  
Woodbridge, NJ 07095



# healthy **EDGE**

A Special Health & Wellness Section from  
Trinitas Regional Medical Center

## Answering the Call

A college student who lives in New Jersey has filed a patent for a smaller, **less invasive implantable cardioverter defibrillator**—the battery-powered device used to prevent sudden cardiac arrests in people who suffer from arrhythmia. Benjamin Strauss, a volunteer ambulance crew chief, came up with the idea after two calls to the same patient in Bergenfield in a span of two months. **A biomedical engineering major at Cooper Union in New York**, Strauss delivered the student commencement address this past May. The one-inch square defibrillator, which he dubbed iRescue, was created as his senior project. "I wanted to do something that would enable me, at some point, to actually contribute to making people's lives better," Strauss explains. "And I didn't find anything that made this kind of treatment less invasive."



# Get Better Here



210 W. St. Georges Avenue  
Linden, NJ 07036  
(908) 486-1111

Our doctors know all 206 bones in your body—tendons and ligaments, too. Our specialty: hand, arm, shoulder, foot, ankle, knee, hip, back and any pain in the neck. Rebuild your life. Get leading edge care close to home.

John Kline MD  
Walter Pedowitz MD  
Richard Mackessy MD  
David Rojer MD  
Morton Farber MD  
Christopher R. Ropiak MD  
Nathaniel Sutain MD  
Naomi Betesh DO

## Are you ready to finally lose the weight and change your life?

Call today for a **FREE** seminar to find out how you too can lose 100 pounds in less than a year!  
**The Weight is Over.**

Karl Strom MD  
Silvia Fresco MD  
Jonathan Reich MD  
Joseph Barbalinardo MD




727 N. Beers St.  
Holmdel  
**732-739-5925**



123 Highland Ave.  
Glen Ridge  
**973-429-7600**

### Another Link Between TV & Obesity

From the "Wait, Didn't We Know that Already?" department comes the news that kids who watch a lot of TV have poorer overall diets than kids whose exposure to television is limited. **"The more TV you watch, the less likely you were to eat fruits and vegetables every day,** and the more likely you were to eat things like candy and soda, eat at a fast-food restaurant and even skip breakfast," says study author Leah Lipsky of the Eunice Kennedy Shriver National Institute of Child Health and Human Development. The research doesn't prove that TV watching influences what kids eat, but strongly suggests a link between TV, snacking and a lack of exercise. Add questionable parenting to the mix and you have **yet another contributing factor to America's epidemic of childhood obesity.** The average age of the children in the study was 13.

*Cardiovascular Diseases*

*Arthur E. Millman MD FACC/FSCAI*


*240 Williamson Street  
Elizabeth, NJ 07207  
908-994-5300 | Fax 908-994-5308*

*Associate Professor of Medicine Seton Hall University  
Graduate School of Medical Education*

Urology Group of New Jersey

# UGNJ

Alan P Krieger, MD  
Franklin A Morrow, MD  
M Brett Opell, MD



Diplomates, American Board of Urology

Urinary Incontinence • Kidney Stones  
Diseases of Kidney, Bladder and Prostate  
Laparoscopy • Laser • Robotic Surgery

## Advanced Urology Associates PA

[www.UGNJ.com](http://www.UGNJ.com)

700 North Broad Street  
Elizabeth  
908 289-3666

se habla español

1600 St Georges Ave  
Rahway  
732 499-0111





## The best-dressed wounds in New Jersey.

*That's the beauty  
of Trinitas.*

**T**he Center for Wound Healing & Hyperbaric Medicine at Trinitas Regional Medical Center is New Jersey's leading comprehensive wound care center. We utilize advanced wound care technologies such as Hyperbaric Oxygen (HBO) Therapy and Vacuum-Assisted Closure (VAC®) negative pressure wound therapy. And we were the first in the state to use Apligraf® - a living, bi-layered skin substitute.

We enjoy healing rates that are consistently above 90%. That's why so many area hospitals send their most difficult wounds to us. And why Diversified Clinical Services named us a Center of Excellence.

This is wound care that goes way beyond bandages. And it's available right here, right now. Beautiful.



### CENTER FOR WOUND HEALING & HYPERBARIC MEDICINE

240 Williamson St., Suite 104, Elizabeth, NJ 07202

908-994-5480 • [www.WoundHealingCenter.org](http://www.WoundHealingCenter.org)



**TRINITAS CENTERS  
OF EXCELLENCE**

**Behavioral Health • Cancer Care • Cardiology • Diabetes Management  
Maternal & Child Health • Renal Services • School of Nursing • Senior Services  
Sleep Disorders • Women's Services • Wound Healing & Hyperbaric Medicine**

Believe in  
change.



## State of the art cosmetic procedures

- ✧ Complimentary consultations
- ✧ Luxurious, nurturing spa environment
- ✧ Latest anti-aging and cosmetic services
- ✧ No charge for touch ups after initial series for laser hair removal
- ✧ Physician directed treatments and skin care
- ✧ Our goal is to educate our clients



89 Summit Avenue | Summit, NJ 07901 | 908-273-5400  
125 North Dean Street | Englewood, NJ 07631 | 201-541-6600  
[www.myethosspa.com](http://www.myethosspa.com)

BOTOX | JUVEDERM | LASER HAIR REMOVAL | ACNE TREATMENTS | CHEMICAL PEELS  
DERMABRASION | FRAXEL LASER | LASER SKIN RESURFACING | FOTOFACIALS | SKIN TIGHTENING



# Fall Order

Finding the perfect wedding venue, the perfect caterer, the perfect band and – hey, let’s face it – the perfect husband, takes hard work and more than a little luck. Picking the perfect dress? Are you kidding...that’s the fun part!

*Photography by  
Nadine Raphael*

## PATH FINDER

Dress: *Fiorella* by **MAGGIE SOTTERO**  
Hair Accessory: *Whispering Bloom* comb  
by **MODELBRIDE**, Earrings: *Flapper* drop  
by **MARIA ELENA**, Bracelet: *Caribbean*  
crystal by **HAUTE BRIDE**.

All accessories available  
at [ModelBride.com](http://ModelBride.com)



A woman with dark hair styled in an updo, wearing a white, sleeveless, form-fitting wedding dress with a long train and a decorative beaded line down the side. She is standing outdoors in a garden, leaning against a large, ornate stone urn. The background is filled with lush green foliage. The lighting is bright, suggesting a sunny day.

## URNING POWER

Dress: *Teagan* by **SOTTERO AND MIDGLEY**

Earrings: *Iman* crystal drop by **CAROLEE**

Bracelet: *Hannah* crystal by **CAROLEE**

All accessories available at [ModelBride.com](http://ModelBride.com)

Greenwood Gardens in Short Hills, one of New Jersey's best kept secrets, will open its gates to the public on a permanent basis beginning April 27, 2013. Framed by a vast preserve of forest and parkland, this historic garden oasis features Italianate flowering terraces, Arts and Crafts style garden follies, meandering moss-covered paths, allées of sycamore and spruce, ornamental trees and shrubs, and wildflower meadows.

What's more, you don't need to wait until next spring to enjoy guided tours, garden workshops, and other benefits of membership. Join Greenwood Gardens today by visiting [www.greenwoodgardens.org](http://www.greenwoodgardens.org) or calling 973-258-4026.





## BACK STORY

Dress: *Anika Marie* by **MAGGIE SOTTERO**

Hair Accessory: *Candi* hair flower  
by **MODELBRIDE**

All accessories available at [ModelBride.com](http://ModelBride.com)





**TREES COMPANY**

Dress: *Angela* by MAGGIE SOTTERO  
Head Band: *Drama Queen* by MODELBRIDE  
Bracelet: *LOVE* by MODELBRIDE  
Earrings: *LOVE* by MODELBRIDE

All accessories available at [ModelBride.com](http://ModelBride.com)





## PLEASE BE SEATED

Dress: *Decadence* by MAGGIE SOTTERO

Earrings: *Josie* pearl and crystal by HAUTE BRIDE

Bracelet: *Hannah* bangle by CAROLEE

Tiara: *Clasique* crystal by SIMAN TU

Shoes: *Cinnamon* by BENJAMIN ADAMS

All accessories available at [ModelBride.com](http://ModelBride.com)

## MODEL'S MAKE UP:

Foundation: CHANTECAILLE Future Skin in the shade Vanilla

Face Powder: CHANTECAILLE Compact Makeup in the shade Peach

Blush: CHANTECAILLE in the color Emotion

Mascara: LANCÔME Hypnose waterproof mascara in the color black

Eyeliner: CHANTECAILLE Le Stylo in the shade black

Eye Shadow: NAKED COSMETICS loose powder eye shadows in the shades

Naturally Nude 02, Sierra Nevada 01 and Blushing Bronze 01

Lipstick: CHANTECAILLE in the shade Nymphia

Lip Gloss: CHANTECAILLE in the color Love



*Model:*  
Kelly Dahlen, NY Model Management

*Photography, Fashion & Hair Stylist:*  
Nadine Raphael

*Make-up:*  
Elise Logan, courtesy of Model Bride

*Location Fashion Stylist:*  
Nick Mathis

*Photo/Fashion Stylist Assistant:*  
Marie Rizzo

*Fashion Editorial Production/Direction:*  
Nadine Raphael,  
Whitehall Media Productions, LLC

*Post Production:*  
Dan Jackson, DJ Studios

#### **Special Thanks To**

Special thanks to Matthew Gundy of Greenwood Gardens for making this shoot happen and Heather Emelander of Greenwood Gardens for driving us all around in the cha-cha golf cart and being so sweet.

Stephanie Christensen and Kathy Cappellucci of Maggie Sottero for their amazing professionalism and quick responses.

Lori Dunn, Allison Buytkins and Elise Logan of ModelBride.com. Model Bride always has the most beautiful bridal accessories and make up artists. They are such a pleasure to work with.

Anne Edgar of Anne Edgar and Associates

Dana Cullen of NY Model Management, NYC for always finding the most lovely models for our fashion editorials.

Marie Rizzo and Nick Mathis for their energetic assistance!

#### **EDGE at Your Service**

Greenwood Gardens • [www.greenwoodgardens.org](http://www.greenwoodgardens.org)

Model Bride • [www.modelbride.com](http://www.modelbride.com)

Maggie Sottero • [www.maggiesottero.com](http://www.maggiesottero.com)

Haute Bride • [www.hautebride.com](http://www.hautebride.com)

Siman Tu • [www.simantu.com](http://www.simantu.com)

Benjamin Adams • [www.paradoxlondon.com](http://www.paradoxlondon.com)

Maria Elena • [www.mariaelenaheadpieces.com](http://www.mariaelenaheadpieces.com)

Carolee • [www.carolee.com](http://www.carolee.com)

Erin Cole • [www.erincole.com](http://www.erincole.com)

NY Model Management • [www.newyorkmodels.com](http://www.newyorkmodels.com)

Nick Mathis • [Nick.C.Mathis@gmail.com](mailto:Nick.C.Mathis@gmail.com)

Dan Jackson • [djstudios3d@verizon.net](mailto:djstudios3d@verizon.net)

Nadine Raphael • [www.nadineraphael.com](http://www.nadineraphael.com)

Chantecaille • [www.Chantecaille.com](http://www.Chantecaille.com)

Naked Cosmetics • [www.nakedcosmetics.net](http://www.nakedcosmetics.net)

Lancôme • [www.lancome-usa.com](http://www.lancome-usa.com)

## **ROCK SOLID**

Dress: *Quinlyn* by **MAGGIE SOTTERO**  
Hair Accessories: *Gala Grande* hair pins by **ERIN COLE**. Earrings: *Leila* pearl and crystal studs by **HAUTE BRIDE**. Bracelet: *Floralee* pearl by **MODELBRIDE**.

All accessories available at [ModelBride.com](http://ModelBride.com)





# ROCK STAR

## Behind the Scenes at the Prudential Center



***The Prudential Center has three clubs, 76 suites and the 350-seat gourmet restaurant known as the Acela Club. How involved are you in what is served in these venues?***

I create everything that's served in our clubs and restaurant. We have excellent equipment and an awesome staff. We'll even support the concession stands if need be. I've actually created a few new items for concessionaires to sell—I wanted to get away from standard arena food. We still have hot dogs and burgers, but we want to push the envelope with healthy fare, carving stations, gluten-free stands, and kosher stands.

***How often do you change the menu in the restaurant and clubs?***

I change the menu every game. We smoke something different for every event, and I like to have wild game on the menu.

***How much of the food served at the Prudential Center is prepared there?***

We source out our desserts and breads. But 90 percent of what we serve is basically made from scratch.

***What do you consider your signature dish—something that tastes fantastic whether you make it for 10, 100 or 1,000?***

The most-requested item is probably the boneless braised short ribs. When the Devils have functions the guests

usually ask for pulled pork.

***Do you feed the team often?***

Typically that would be when they are meeting here to go on a road trip.

***If a celebrity or VIP has a special request, how is that handled?***

I do my best to get it done. We don't like to say No here. Oftentimes those requests occur at the last minute. If we can't handle it internally, then we'll source it from the outside.

***How often do people ask for your recipes?***

That happens quite a lot. We have a coffee-and-chipotle crusted roasted tenderloin of beef that people are always asking about. They also want the recipe for the chimichurri sauce we serve with our prime New York strip steak. We do Brazilian and Portuguese dishes too. I use a lot of local products, especially from bakers and butchers, so people ask me a lot about those, too.

***What takes you the shortest time to prepare and what takes the longest?***

All of the fish we serve comes in earlier the same day, so there's not much prep involved. The longest? Smoked alligator ribs. That's a three-day process.

***Do you watch the games when the Devils play?***

Not really. I'm a fan, of course. But my focus during games is on the guests. That's where I need to be.





# Community Events

We welcome the community to our programs that are designed to educate and inform. To register for any of these programs, call (908) 994-8939, unless otherwise noted. Programs are subject to change.

## SEMINARS

Programs are on a summer hiatus and will resume after Labor Day.

## SUPPORT GROUPS

### Diabetes Management Support Group

Monthly, First Tuesday, 2:00 - 3:00 pm

Kathleen McCarthy, RN, CDE (Certified Diabetes Educator)

Open to both diabetics and non-diabetics who want to learn more about Diabetes prevention.

Suite 202, Medical Office Building  
240 Williamson Street, Elizabeth, New Jersey  
Call (908) 994-5490 or (908) 994-8803 to attend.

## SPECIAL EVENTS OF TRINITAS HEALTH FOUNDATION

MONDAY, SEPTEMBER 10

12:00 pm Golf Shotgun / 8:15 or 11:15 am Spa

### Annual Golf Classic & Spa Day

Echo Lake Country Club, Westfield, NJ

TBA

### 9th Annual Day at the Races

Monmouth Park Racetrack, Oceanport, NJ

Proceeds from these events benefit the patients of Trinitas Regional Medical Center. For more information call Laura Ciraco, (908) 994-8249 or lciraco@trinitas.org



## TRINITAS COMPREHENSIVE CANCER CENTER SUPPORT GROUPS

Conference Room, First Floor  
Trinitas Comprehensive Cancer Center  
225 Williamson Street, Elizabeth New Jersey 07207

### Living with Cancer Support Group

(held the 2nd Tuesday of each month)

Please call (908) 994-8735 to RSVP

### Viviendo con Cancer Grupo De Apoyo

(dado el primer Martes de cada mes)

Por favor llame al (908) 994-8735 para confirmar su asistencia

### Prostate Cancer & Health Group

Brett Opell, MD, Urologist

Join us for discussions on prostate cancer health and prostate cancer prevention.

For more information on any of our support programs and to RSVP, please contact Blasina Diaz at (908) 994-8735.

## SPECIAL PROGRAMS

MONDAY, JULY 16

MONDAY, SEPTEMBER 10

10:30 am

### Look Good, Feel Better

Trinitas Comprehensive Cancer Center patients receive personal beauty tips and techniques that they can use everyday, thanks to a partnership of the American Cancer Society (ACS), the National Cosmetology Association, and the Cosmetic, Toiletry & Fragrance Association (CTFA) Foundation.

Administrative Services Building, Room 202

BILINGUAL

Call Amparo Aguirre, (908) 994-8244 for dates/information/registration.

THURSDAY, JULY 12

THURSDAY, AUGUST 2

THURSDAY, SEPTEMBER 6

### Made For Me Boutique

Wigs and accessories for cancer survivors.

This program is made possible thanks to the ongoing support of Komen for the Cure North Jersey Affiliate.

Administrative Services Building, Room 202

BILINGUAL. APPOINTMENTS ONLY.

Call (908) 994-8244 to register.

### "Ask the Pharmacist":

### Medication Management

FREE OF CHARGE,  
BY APPOINTMENT ONLY.

Monthly (except December), 4th Tuesday

11:30 am - 1:00 pm

Call (908) 994-5984



This page sponsored by

*Elizabethtown*  
Healthcare Foundation  
Inspired to Care, Inspired to Give





Photo credit: RSO/Polydor

# Hopelessly Devoted

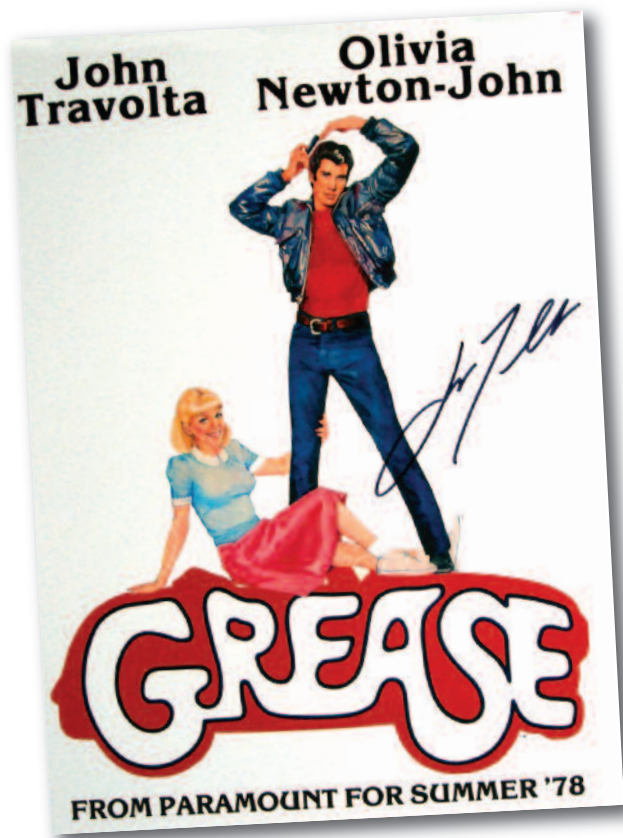
*The film version of Grease—loved by some and ignored by others—has achieved classic status.*

By Mark Stewart

**T**iming is everything. In the late spring and early summer of 1978, not a whole lot was competing for the attention of young people in this part of the country. Certainly, it was nothing like the summer of 1977. Lest we forget, one year earlier *Son of Sam* was running amok, the metropolitan area was plunged into darkness during the blackout, Reggie Jackson was the talk of the town and everyone was seeing *Star Wars* for, like, the fifth time. Into the media and entertainment lull of June 1978 burst the much-anticipated film version of the Broadway hit *Grease*.

Everyone went to see it, and everyone walked out with an opinion. To those who'd seen it on the Great White Way during the 1970s—and so many of us did—something seemed a little lost in the Hollywood glitz and glamour. The fact that Danny, Sandy, the T-Birds and the Pink Ladies had been transported to the sunny suburbs of Southern California took off a bit of the edge that made the live show so much fun. On the other hand, to those who had only seen *Grease* performed by their high school drama club or had purchased the zillion-selling album or 8-track, the film was utterly fantastic.

Photo credit: Paramount Pictures



Looking back, what almost everyone can agree on is that, in defining the 1950s for a 1970s audience, *Grease* the movie defined in many ways who we were at the end of the 1970s. It was a confusing, dispiriting time of gas shortages, post-Vietnam-post-Watergate cynicism, serial divorce and unbridled narcissism. Everyone needed something uncomplicated to transport them to a time and place that clearly never existed, but was just real enough to provide a cherished escape. This was both the greatest strength of *Grease*, as well as its most glaring weakness.

Perhaps the lyrics of Frankie Valli's title tune said it best by saying nothing in particular: *Grease is the word. It's got groove it's got meaning. Grease is the time, is the place, is the motion. Grease is the way we are feeling.* To be sure, there was nothing particularly profound about *Grease*. And yet, all these years later, the movie has become a classic...and as such is deserving of a closer look.

## THE CAST

With Hollywood musicals on the downtrend, producers Robert Stigwood and Alan Carr set out to assemble a cast that would appeal to virtually every member of the human race. John Travolta (Danny) was the reigning

Hollywood heartthrob, not to mention the unofficial king of disco. Olivia Newton-John (Sandy) was the golden-throated Australian beauty who pumped out pop hit after pop hit during the 1970s. She had a readymade international audience and also pulled an older demographic into the multiplexes.

Stockard Channing (Rizzo) reminded audiences of *Grease's* Broadway roots. Never mind that she and Newton-John needed spatulas full of makeup to look Travolta's age. Jeff Conaway (Kenickie) provided another tie to Broadway, where he won raves playing Danny. Conaway offered the added advantage of being one of the stars of the critically hailed television series *Taxi*, which went on the air in 1978.

The supporting players were also hand-picked to please. Didi Conn (Frenchy) was coming off a starring role in *You Light Up My Life*, where she charmed audiences as an overachieving underdog. Eve Arden (Principal McGee), Frankie Avalon (Teen Angel), Sid Caesar (Coach Calhoun), and Alice Ghostley (Mrs. Murdock) were among the many veteran actors whose names and faces were as familiar as breathing. Even Sha Na Na, the revival band largely responsible for bringing back the '50s during the '70s, got into the act.

## THE CRITICS

To devotees of the Broadway musical, *Grease* the movie was a pale, predictable comparison. Critical reviews were somewhat mixed, but mostly positive. It received just one Oscar nod, that for Original Song — "Hopelessly Devoted to You." Those who liked *Grease* agreed that it succeeded as a sweet, fun fantasy of American teen life in the 1950s. It grossed just under \$9 million the weekend it opened in June 1978, and over the years returned many times its \$6 million production cost at the box office. To date the movie has grossed over \$150 million in the U.S.

## THE SONG

*Grease* the movie reprised most of the key songs in the Broadway original, while adding three significant others, "Hopelessly Devoted to You", "You're the One That I Want" and the disco-inspired title track by Frankie Valli.





Photo credit: RSO/Polydor

Olivia Newton-John's recording of "Hopelessly Devoted" soared to #3 on the Billboard charts in 1978. "You're the One That I Want"—a duet with Travolta—topped the U.S. and British pop charts. "Grease" was written by Barry Gibb of Bee Gees fame, and was a hit on both the pop and R&B charts.

"Hopelessly Devoted" was nominated for an Oscar but lost to Donna Summer's "Last Dance". It was also up for a Grammy but lost the Best Female Pop Vocal nod to Anne Murray's "You Needed Me". Newton-John had won the same award four years earlier for "I Honestly Love You". She sang "Hopelessly Devoted" at both the Oscars and Grammys in 1979, and her performance at the Grammys brought down the house.

"Hopelessly Devoted" and "You're the One That I Want" were written by John Farrar. Farrar first worked with Newton-John when she appeared on Australian TV in the late 1960s on the American Bandstand-inspired *The Go!! Show*, where he was a member of the house band, The Strangers. They reunited a couple of years later at London's Abbey Road Studios, where he worked as a studio musician on Newton-John's string of hits in the 1970s. He wrote for and/or produced several albums for her, including *Let Me Be There*, *If You Love Me Let Me Know* and *Have You Never Been Mellow*. Farrar was one of several songwriters asked to submit new material for the film version of *Grease*, which needed more musical numbers to work on the big screen. In the 1980s, Farrar produced Newton-John's double-platinum *Physical* album.

In 1994, the British pop siren Sonia took over the role of Sandy in a West End production of *Grease*. Her version of "Hopelessly Devoted to You" turned on a whole new generation to the song, thanks in part to an edgy music video shot against an urban backdrop.

## Nadine Raphael Photographer



## Business & Healthcare Head Shots

Web, Publications & Promotion

908-232-2182

[www.whitehallmediapro.com](http://www.whitehallmediapro.com)

[nraphael@whitehallmediapro.com](mailto:nraphael@whitehallmediapro.com)

102 Elm St. • Penthouse • Westfield, NJ 07090

## WHERE ARE THEY NOW?

### John Travolta • Danny Zuko

After *Grease* the law of gravity seized hold of Travolta. He began picking flops over blockbusters, famously turning down *An Officer and a Gentleman* and *American Gigolo*. He packed on a couple of pounds but kept his soft-spoken charm and good looks, which helped a resurgence that began with his Oscar-nominated role in *Pulp Fiction*. Since then he's turned in memorable performances as good guys (*Phenomenon*), bad guys (*The Taking of Pelham 1-2-3*), and even a stage mom (*Hairspray*).

### Olivia Newton-John • Sandy Olsson

The sexy turn in *Grease* did little to impact Newton-John's music or film careers. However, her timing couldn't have been better a few years later when she released "Let's Get Physical" at the beginning of the fitness boom and music video craze. In 1992, a comeback tour was derailed when Newton-John was diagnosed with breast cancer. She recovered and became an advocate for breast cancer research, adding this to a long list of humanitarian causes she has supported.

### Stockard Channing • Betty Rizzo

Channing's fortunes skyrocketed after *Grease* —not bad considering she was in her mid-30s when she played Rizzo. Her acting résumé encompasses stage, screen and television, with countless nominations and awards, and a notable turn as First Lady Abbey Bartlet on *The West Wing*.



Photo credit: Upper Case Editorial Services

### Jeff Conaway • Kenickie

On *Taxi*, Conaway played a handsome actor who could never quite catch the big break. The role was painfully close to the truth. By the end of the show's first season he was overshadowed by the other members of the ensemble cast, including Danny DeVito, Judd Hirsch, Tony Danza, Christopher Lloyd, Andy Kaufman and Marilu Henner. Conaway spent the next two decades taking sporadic guest starring roles, before landing a regular part



You've Got Your Print **EDGE**

and Your Online **EDGE**

NOW get Your Social Media **EDGE**

Follow & Like Us Today!



EdgeMagNJ



EDGE Magazine (NJ)

Get your **EDGE** on all things New Jersey!  
[www.edgemagonline.com](http://www.edgemagonline.com)





on *Babylon 5*. He gained some notoriety in 2008 when he was featured in the reality series *Celebrity Rehab*. In 2011, Conaway died at age 60 of pneumonia.

#### Didi Conn • Frenchy

Conn reprised her role in the unfortunate 1982 *Grease II* sequel, and then went on to starring roles in the TV series *Benson* and *Shining Time Station*. The mother of an autistic son, Conn became a celebrity spokesperson for Autism Speaks.

#### Frankie Avalon • Teen Angel

Avalon appeared in a handful of films and television shows after *Grease*, playing himself (or some version of himself). His iconic status—and timeless good looks—helped him launch a cosmetics and skincare line. In 1987, Avalon appeared with his old buddy Annette Funicello in the movie *Back to the Beach*. In 2007 he crooned “Beauty School Dropout” for the finalists on the reality show *Grease: You’re the One That I Want*. And in 2009, at the age of 70, Avalon performed on *American Idol*.

#### Sid Caesar • Coach Calhoun

Caesar stayed active in movies and television through the 1990s and beyond. In 1983, he hosted *Saturday Night Live*. He received a standing ovation and was made an

honorary cast member in recognition of his contributions to live TV. Three years later, Caesar performed with the Metropolitan Opera. He turns 90 this September.

#### Eve Arden • Principal McGee

Arden was a television, film, theater and radio giant long before she set foot on the *Grease* soundstage. Her final silver screen appearance came in *Grease II*. Arden passed away in 1990.

#### Annette Charles • Cha-Cha DiGregorio

After *Grease*, Charles earned a handful of bit parts in television and movie productions. Although she stayed close to Hollywood, she didn’t quit her day job: speech professor at Cal State Northridge. Charles passed away from cancer in 2011 at 63.

#### Eddie Deezen • Eugene Felsnic

Deezen’s performance as geeky Eugene established a blueprint for every film nerd that followed. Ironically, he was not cast in *Revenge of the Nerds* a few years later—although he is still asked about that movie on a daily basis. Deezen remains one of the busiest voiceover actors in the business.

#### Sha Na Na • Johnny Casino & the Gamblers

Yes, they are still touring. And original members Donny York, Jocko Marcellino and Screamin’ Scott Simon are still with the band. Sha Na Na was at the height of its fame when *Grease* was filmed, with its own TV variety show that ran into the early 1980s. The popular front man Jon “Bowzer” Bowman went solo in the 1980s and still performs today around the country. For many years there was an urban legend that Bowzer attended Juilliard. It was actually true. **EDGE**

**Editor’s Note:** Mark Stewart attended the critics screening of *Grease* in 1978. He liked the new songs but didn’t think much of the movie—despite a family connection to the Travoltas.

# Mack Attack



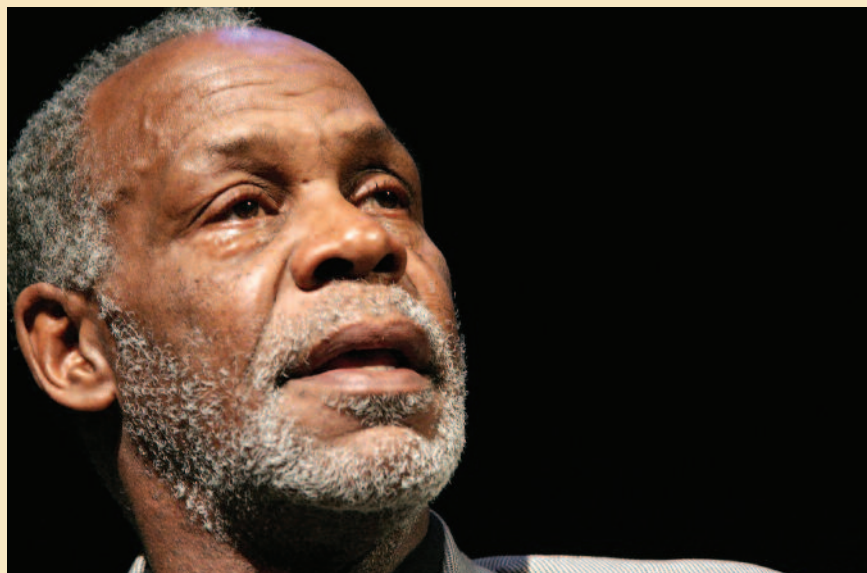
*Celebrity photographer Steve Mack knows how to get the shot.*

By Tracey Smith

To Steve Mack, *paparazzi* is a dirty word. While the public loves to lump all celebrity photographers into this category, there is a definite pecking order in the business. The vultures who perch outside restaurants waiting to ambush their prey? They occupy the very lowest rung. The Steve Macks of the photography world are a very different

breed. To them the “money shot” is the one that captures the personality and emotion of a public figure in the most honest and appealing way. Yes, you might spot Steve on a red carpet or two. After all, business is business. But when the celebrities themselves want a photographer who’s truly devoted to his craft, Steve is one of the first guys they call. **EDGE**





*Clockwise  
from top left:*

Alicia Keys

Danny Glover

Jane Krakowski

Donald Fagen

James Gandolfini

Janet Jackson

*All photos courtesy  
of Steve Mack.*







*Clockwise from top left:*  
Hillary & Bill Clinton  
Oprah Winfrey  
William H. Macy  
Heidi Klum & Tim Gunn  
Bradley Cooper  
*All photos courtesy of Steve Mack.*







*Clockwise from top left:*  
Susan Sarandon  
Sharon Stone  
Matt Lauer & Katy Perry  
Mariah Carey  
Anderson Cooper  
*All photos courtesy of Steve Mack.*



**Editor's Note:** Steve Mack shot Chazz Palminteri at his home for the cover of EDGE's first 2012 issue. He also snapped Vincent Pastore in Little Italy for a feature on the *Sopranos* star last fall. You can see more of Steve's work—and "enroll" in his Red Carpet University at [sdmackpictures.com](http://sdmackpictures.com).



# FOUNDATION PEOPLE



## DONATION CELEBRATION

Conoco Phillips, Bayway Refinery, provided funding for the installation of an electronic medical record (EMR) for the Child Adolescent Outpatient unit of the Department of Behavioral Health & Psychiatry at Trinitas. Gratefully accepting the donation are (left to right): Marlyse Benson, Director, Department of Behavioral Health & Psychiatry; Gary S. Horan, FACHE, President and CEO; Maria Padron, MD; Brian Thornton, Clinical System Design Specialist; Nadine Brechner, Chief Development Officer, Trinitas Health Foundation; and providing the donation is Mary Phillips, Community Relations Coordinator, Conoco Phillips, Bayway Refinery.

## WIN-WIN-WIN

It's never too soon to plan for retirement! A Trinitas Health Foundation Deferred Charitable Gift Annuity (CGA) can be a great solution for you. You will be guaranteed a high payment rate when you retire and you will help to ensure quality, compassionate healthcare for the people of Union County and beyond.



Paul and Roberta Napoli established a Trinitas Deferred CGA as part of their retirement planning last December and they feel it is a WIN-WIN-WIN - for their charitable interests, for their future, and for Trinitas Regional Medical Center!

Through the Trinitas CGA program, the Napolis made an irrevocable gift to Trinitas, and Trinitas set up a simple contract stating that the Napolis would wait ten years - until they retired - to receive their first payment. Paul and Roberta locked in a rate of 5.62% - much higher than fixed income rates available anywhere else.

"We wanted to give more in charitable contributions, but we also had to consider our future," Paul explained. The guaranteed income stream appealed to the Napolis who said, "It's never too early to think about retirement."

Paul is a Trinitas Health Foundation Board member and Roberta serves on the Gala Women's Planning Committee. "Roberta and I enjoy seeing improvements that are happening at Trinitas and enjoy making a difference by giving more to the Medical Center."

Interested in increased retirement income? Contact Pamela S. Goldstein, Director of Annual and Planned Giving at Trinitas Health Foundation, at 908-994-8249 or [pgoldstein@trinitas.org](mailto:pgoldstein@trinitas.org) to learn more and receive your personalized illustration.



## FANTASTIC FOUR

The 2012 Trinitas Health Foundation Golf Classic & Spa Day, which raises funds for the Medical Center, will take place on Monday, September 10, 2012 at Echo Lake Country Club in Westfield, New Jersey. More than 200 participants are expected to golf, go to the spa and enjoy dinner. For more information, please contact Laura Ciraco at [Lciraco@trinitas.org](mailto:Lciraco@trinitas.org) or 908-994-8249. Pictured enjoying last year's event are (top photo, left to right): Robert Zak, Judith Preiss, Ronald Preiss, and Hector Banegas, and (bottom photo, left to right): Ted Sharkey, Vic Richel and Tom Sharkey, Sr.



Photos courtesy of Grace Photography, LLC



*A look at unique and distinctive homes for sale in our area.*



**324 Parkway Drive** **Clark**  
**\$520,000**

Sprawling raised ranch in picturesque wooded setting. Huge eat-in kitchen with sliders to deck overlooking private yard.  
[www.coldwellbankermoves.com/ID/2707122](http://www.coldwellbankermoves.com/ID/2707122)

**John C. Wiley** **908.233.5555**



**504 Valley Road** **Clark**  
**\$619,000**

Fabulous Colonial! 4BR,2.1BA,FR w/fp, EIK w/cntr isld,2 pantrys, SS appliances, MBR w/multiple closets, Mbth w/whirlpool tub.  
[www.coldwellbankermoves.com/ID/2947217](http://www.coldwellbankermoves.com/ID/2947217)

**Gina Suriano Barber** **908.233.5555**



homes on the EDGE



**16 Hazel Street** **Cranford**  
**\$479,900**

4 bedroom 3 bath home, Updated Eat-in Kitchen, Family room with fireplace, Guest suite, Close to Orange Ave school  
[www.coldwellbankermoves.com/ID/2956198](http://www.coldwellbankermoves.com/ID/2956198)

**Barbara Zeckman** **908.233.5555**



**110 Oak Lane** **Cranford**  
**\$469,900**

Lovely 3BR, 1.1 bath Colonial, Fireplace, Deck, Recreation Room, Garage, Dead End Street, Priced to sell!  
[www.coldwellbankermoves.com/ID/2927416](http://www.coldwellbankermoves.com/ID/2927416)

**Thomas Bianco** **908.233.5555**



**73 Arlene Court** **Fanwood**  
**\$387,500**

Immaculate 3BR 1 1/2BA home, Sunny LR, FDR, Cozy kitchen, Sun Room, Family Room, Large basement & attached garage  
[www.coldwellbankermoves.com/ID/2852682](http://www.coldwellbankermoves.com/ID/2852682)

**Frank D. Isoldi** **908.233.5555**



**26 Gere Place** **Fanwood**  
**\$324,900**

100x120 manicured lot, Formal LR/DR,EIK,2BRs w/2nd floor expansion potential! Finished Family Room, 1BA, Coles School, A must see!  
[www.coldwellbankermoves.com/ID/3000310](http://www.coldwellbankermoves.com/ID/3000310)

**Bettyann Lynch** **908.233.5555**



**478 North Avenue** **Fanwood**  
**\$369,900**

Well maintained 3BR 1 1/2BA split, Family Room & Rec Room in basement, Deck & patio, Close to schools, town & NYC transp.  
[www.coldwellbankermoves.com/ID/2912955](http://www.coldwellbankermoves.com/ID/2912955)

**Elvira Ardrey** **908.233.5555**



**403 Locust Avenue** **Garwood**  
**\$379,000**

Charming 3 Bedroom 2 Bath Colonial, HWF, CAC, EIK, Finished basement, 1 car garage, Updated & move-in ready  
[www.coldwellbankermoves.com/ID/2992419](http://www.coldwellbankermoves.com/ID/2992419)

**Lisa Stafford** **908.233.5555**

EDGE is not responsible for any typos, misprints or information in regard to these listings. All information was supplied by the realtors that participated and any questions or concerns should be directed directly to them.

VISIT US ON THE WEB [www.edgemagonline.com](http://www.edgemagonline.com)





**1110 Donna Court** **Linden**  
**\$305,000**

Well maintained split, 3BR, 1.5BA, Deck, Central air, Updated kitchen, Family room, Plenty of storage, Move right in.

[www.coldwellbankermoves.com/ID/2975792](http://www.coldwellbankermoves.com/ID/2975792)

**Ellen Murphy** **908.233.5555**



**2316 Old Grove Road** **Linden**  
**\$385,000**

Completely renovated 3BR 2BA Split, Open floor plan, Kitchen w/ breakfast bar & Stainless Steel appliances

[www.coldwellbankermoves.com/ID/2961241](http://www.coldwellbankermoves.com/ID/2961241)

**John Aslanian / Barbara Callahan** **908.233.5555**



**1534 Route 22** **Mountainside**  
**\$549,000**

Updated colonial, 6BR, 3.1BA, new kitchen w/granite, master bath, finished walk up attic, Close to NYC bus!

[www.coldwellbankermoves.com/ID/2977187](http://www.coldwellbankermoves.com/ID/2977187)

**Lisette Guzman** **908.233.5555**



**1378 Chapel Hill Road** **Mountainside**  
**\$899,900**

Sun-filled Center Hall Colonial, 5BR, 3.1BA, LR w/fireplace, FDR, EIK w/breakfast area, Sun Room, Den w/fireplace

[www.coldwellbankermoves.com/ID/2798018](http://www.coldwellbankermoves.com/ID/2798018)

**Frank D. Isoldi** **908.233.5555**



**15 Azalea Court** **North Plainfield**  
**\$235,000**

Impeccably maintained and completely updated split at end of cul-de-sac overlooking a park. New kitchen and bath.

[www.coldwellbankermoves.com/ID/2877653](http://www.coldwellbankermoves.com/ID/2877653)

**John C. Wiley** **908.233.5555**



**6 Greenock Avenue** **North Plainfield**  
**\$299,900**

Precious Meadowbrook Colonial, Updated 3BR, 2.5BA home, HWF, Central Air, New windows, Beautiful yard, 1 block to school & NYC transp.

[www.coldwellbankermoves.com/ID/2890143](http://www.coldwellbankermoves.com/ID/2890143)

**Eileen Burlinson** **908.233.5555**



**1303 Watchung Avenue** **Plainfield**  
**\$490,000**

Picture perfect Victorian 10RM,5BR,3 Gas Fireplaces, New Kitchen w/SS Appliances,3BA, Large Lot, Architectural dream

[www.coldwellbankermoves.com/ID/2982830](http://www.coldwellbankermoves.com/ID/2982830)

**John DeMarco** **908.233.5555**



**961-67 West 7th Street** **Plainfield**  
**\$425,000**

Renovated & restored in 2007! Pristine Colonial w/7 Bedrooms & 3 full baths w/many features & updates inc. CAC units

[www.coldwellbankermoves.com/ID/2860188](http://www.coldwellbankermoves.com/ID/2860188)

**Kathryn Shea** **908.233.5555**



**1821 North Gate Road** **Scotch Plains**  
**\$449,000**

Prime Cul-de-Sac Location! 3 BR, 2 BA Ranch on .45 acre. El-Kit., hardwood floors. LR w/fireplace. DR w/French doors to Family room addition. CAC, 2 Car garage.

**Sherrie Natko** **908.303.8133**





**739 Austin Street Westfield \$599,000**

Move right in to this conveniently located and just renovated, charming vintage 1925 colonial offering 4 bedrooms and 2 1/2 baths.

**Frank D. Isoldi 908.233.5555 x202**



**134 Belvidere Avenue Westfield \$399,900**

Bright home with 3 BR and 1.1 baths. Totally renovated, updates include: Full Bth, Kit w/SS appliances, CAC, HWH, roof & hw floors. Quiet neighborhood near school, parks, shopping & dining and NYC trans. [www.westfieldtophomes.com](http://www.westfieldtophomes.com)

**Naasa Sherbeini 908.883.1707**



**940 Minisink Way Westfield \$2,395,000**

Amazing Indian Forest 6200 Sq Ft of Luxury. 15 Rooms, 5 BRs, 6.5 Baths, Finished walk-out basement, wine cellar & more!!

[www.coldwellbankermoves.com/ID/2873976](http://www.coldwellbankermoves.com/ID/2873976)

**Grace Rappa 908.233.5555**



**38 Moss Avenue Westfield \$1,199,000**

Gialluisi Custom Home 5 bd, 4.5 bath Fin Base, 2 Car Garage 112 x98 Surrounded by other new homes. WALK TO JEFFERSON SCHOOL!

[www.toptownsnj.com](http://www.toptownsnj.com)

**Virginia Garcia 201.259.8291**



**924 Pennsylvania Avenue Westfield \$599,000**

Premium Location, Prime Lot 4 bd, 3 bath Fin Base, Tons of potential for expansion. 100x140 WALK TO ALL SCHOOLS & PARK!

[www.toptownsnj.com](http://www.toptownsnj.com)

**Virginia Garcia 201.259.8291**



**420 Roanoke Road Westfield \$2,199,000**

5BR,6.5Bath 2006 Stately Col on 1/2 acre. Gourmet EIK & endless upgrades.2FPs,hdwd floors, Media Room, Wet Bar, Gym & Sauna

[www.coldwellbankermoves.com/ID/2933291](http://www.coldwellbankermoves.com/ID/2933291)

**Kimberley Haley 908.233.5555**



**330 Roger Avenue Westfield \$559,000**

Fabulous 4BR, 2.1 Expanded Ranch w/updated kitchen and baths. Hardwood Floors, CAC, wood-burning fireplace, underground sprinklers, open floor plan perfect for entertaining!

[www.makeNJhome.com](http://www.makeNJhome.com)

**Shari Holtzman 908.868.6299**



**630 Roosevelt Street Westfield \$399,900**

Just minutes to shopping, dining, and public transportation, this adorable 3 bedroom, 1 full bath Cape Cod is in move-in condition.

**Frank D. Isoldi 908.233.5555 x202**



**15 Rutgers Court Westfield \$749,000**

Premium Location! Spacious Home with many updates Prime Lot 4 bd, 2.5 bath, 2 Car Garage 100x145 WALK TO ALL SCHOOLS & PARK!

[www.toptownsnj.com](http://www.toptownsnj.com)

**Virginia Garcia 201.259.8291**

*ATTENTION REALTORS: Place your home listings here for FREE - call 908.247.1277 for details.*

VISIT US ON THE WEB [www.edgemagonline.com](http://www.edgemagonline.com)

# TALENT on the EDGE

The bright lights of Broadway draw theater-goers by the carload from the Garden State. They also serve as a beacon to America's most remarkable young performers. As we did in our UNCAGED issue, we once again hop across the Hudson to check in with two of the busiest actors in town. To see Robi Hager and Emma Hunton in action, log onto [edgemonline.com](http://edgemonline.com) and look for links to their latest video performances on our home page.

## Robi Hager

**I was born to play...**

Pippin, from the musical *Pippin*.

**My dream co-star is...**

Meryl Streep. But I'll take a guest appearance on *Dexter* with Michael C. Hall!

**I never miss...**

*Home Alone*.

**I'm addicted to...**

*30 Rock*, *Family Guy*, *South Park* and *Dexter*. I just recently got into *Walking Dead*, and I love it!

**As a kid I was into...**

The Who's *Tommy*. It's still one of my top favorites.

**NYC comfort food...**

That's easy. Pizza.

**You'll never find in my fridge...**

Yogurt.

**Pre-performance ritual...**

Rituals bore me. I like doing different things before the show. It keeps me on my toes.

Robi Hager moved from Mexico City in 2000 to Rye, NY where he finished high school and embarked on his career as a singer/actor in the city. His Broadway roles include *Spring Awakening* from 2006 to 2009, *Bye Bye Birdie*—where he was the understudy for the part of Conrad Birdie from 2009 to 2010—and *How to Succeed in Business Without Really Trying* in 2011 and 2012. He also appeared in the 9/11 movie *Clear Blue Tuesday*.



Photo by: Valerie Noell



Photo by Nadine Raphael  
Styling By: Nick Mathis  
Make up: Rosa Valdivieso

## Emma Hunton

**I never miss...**

*Eternal Sunshine of the Spotless Mind*. It makes me feel less alone.

**I'm addicted to...**

*American Horror Story*.

**As a kid I was into...**

*The Wizard of Oz*.

**NYC comfort food...**

Donna Bell's biscuits and gravy.

**You'll never find in my fridge...**

Sweet potatoes. I liked them too much as a kid. Can't eat 'em now.

**Pre-performance ritual...**

Juice Generation lemon lozenges. It's literally voice ambrosia. And yoga.

Keeping my personal life organized and in check by stretching and meditating helps me be more present on stage and gives a fresh perspective on my character choices every night.

Emma Hunton made her first television appearance at age 8 on a 1999 episode of *Judging Amy*. In the years that followed she had small parts on *The Drew Carey Show* and *Angel*, and in the 2005 comedy *Happy Endings*. She was a cast member along with Robi Hager in *Spring Awakening* in 2006, and has also appeared in *Next to Normal* and *Rent*. In February, she and Andy Mientus fronted a four-piece band for *Fire Without A Spark: Emma and Andy Cover Springsteen*.





# *Pleasantdale Chateau*

*One of the World's Greatest Estates ...  
Exclusively Yours*

973-731-5600

[www.pleasantdale.com](http://www.pleasantdale.com)





# Setting the Standard for Price, Service and Selection.

With exclusive factory programs, low finance rates & various lease option plans,  
owning a new BMW or FIAT has **never been more affordable!**



**JMK** SAAB.COM

Service, Parts & Body Shop for your SAAB



JMK offers the most aggressive price policy in the tri-state area.

**JMK** FIAT.COM

345 Route 22 East • Springfield, NJ  
1.973.379.7744

**JMK** BMW.COM

391 Route 22 East • Springfield, NJ  
1.973.379.7744

**NEW!**

**JMK** USED CARS.COM

345 Route 22 East • Springfield, NJ • 1.866.438.7744  
**Vehicles Starting At \$13K** All Makes & Models