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ISSUE**

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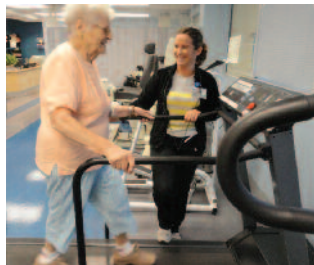
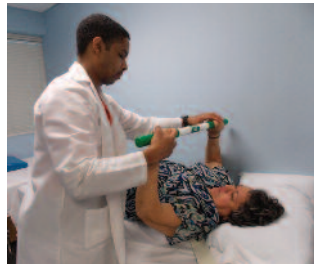


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The Book Smart Issue

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EDGE

inside

The Book Smart Issue

EDGE Food
The Chef Recommends9
MILLICENT BRODY

EDGE Food
You Can Go Home Again15
ANDREA CLURFELD

EDGE Home
By Any Other Name21
SARAH ROSSBACH

EDGE Interview
Vincent Kartheiser29
TRACEY SMITH

Healthy EDGE
Growing Pains37
CALEB MacLEAN

Healthy EDGE
A New Perspective41
KATHRYN SALAMONE

Healthy EDGE
Run Sena Run46
ERIK SLAGLE

Healthy EDGE
Ask Dr. D'Angelo49

EDGE Fashion
For Pete's Sake52
PHOTOGRAPHY BY DAVID WALDEN

EDGE Community
Schedule of Events60

EDGE Family
Page Turners63
CHRISTINE GIBBS

EDGE Family
Reading Matter75
MARK STEWART

EDGE Interview
Harry Hamlin83
TRACEY SMITH

EDGE Books
A Matter of Character87
JENNIFER L. NELSON



ON THE COVER
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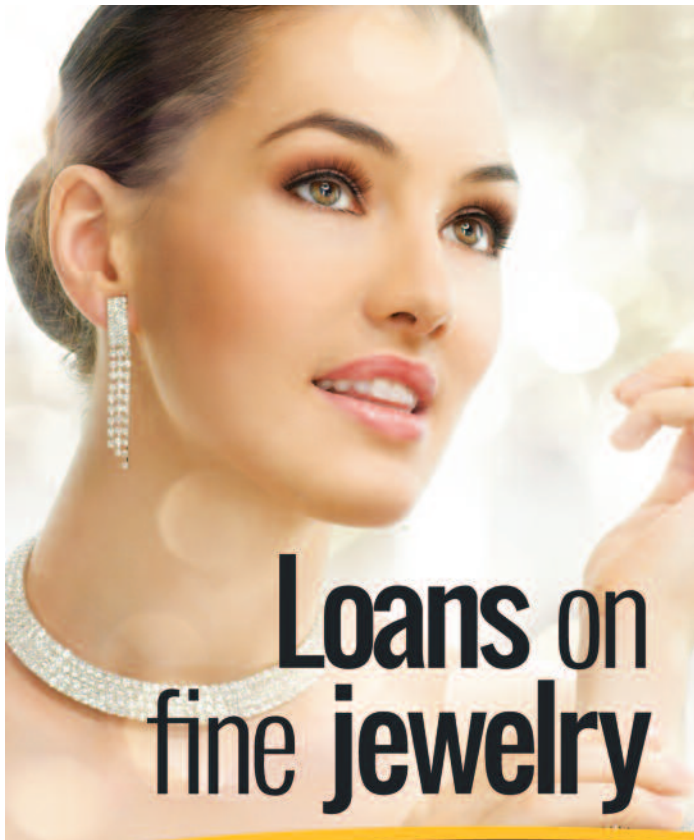
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President's Message

Close that "beach read" and get ready for the end of summer issue of EDGE, which is devoted to great reading and writing. We profile two of the top authors on the subject of roses (Stephen Scanniello) and restaurants (Alan Richman), as well as one of New Jersey's best mystery writers (Jane Kelly) about her upcoming book, *Missing You In Atlantic City*.



In our Healthy EDGE section, we look at how robotic surgery can speed the return to a vigorous lifestyle, and examine an exciting, "future is now" diagnostic device. Also, our Emergency Medicine Chairman answers questions on the health issues facing college freshmen in a new feature, *Ask Dr. D'Angelo*. Our Family section continues the Book Smart theme with *Page Turners*, which looks at how some top New Jersey schools are working great literature into the middle school curriculum, and *Reading Matter*, picks the 25 books that should be on the shelves of every New Jersey home.

Finally, we are very excited about four features built around the AMC TV series *Mad Men*. Vincent Kartheiser (Pete Campbell) posed for a fashion shoot and also gave EDGE an in-depth Q&A. We also conducted interviews with Harry Hamlin (Jim Cutler), one of the most beloved television actors of our time, and Rich Sommer (Harry Crane), whose career has taken off since becoming a member of the show's original cast.

For actors of this caliber—and a show this popular—to grant EDGE such intimate access speaks volumes about how far this publication has come. We may be "regional" in our circulation, but we are national in every other way.

Gary S. Horan, FACHE
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The Chef Recommends...



By Millicent Brody

What makes a successful restaurant? Food, service, atmosphere, value—all are crucial ingredients in a winning recipe. The true measure of success, however, can be measured in repeat customers. In other words, loyalty is everything. We asked some of the region's top chefs and restaurant owners what they would recommend to first-time customers that would be most likely to transform them into regulars...



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— Kevin Felice, 40North Executive Chef

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— George Niotis, Chef

George and Martha's American Grille • Pork Osso Buco

67 Morris Street • Morristown
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Our regulars at George and Martha's really feel like they're home when they order the Pork Osso Buco. It is paired with savory mashed potatoes and crispy fried leeks. Comfort can be cutting-edge if you are innovative in your technique. I enjoy taking familiar flavors and dishes and presenting them in a new and exciting way that surprises my guests.

— Kevin Felice, 40North Executive Chef



The Chef Recommends



The Manor • Surf & Turf

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I pair pan-seared prime filet mignon with a butter-braised lobster, along with fresh seasonal vegetable accents, which currently include baby carrots, beets, turnips, haricots verts, and wild mushrooms. An airy shellfish emulsion and the creamiest mashed potatoes you will ever taste make for the perfect partners to this classic dish, which has helped the Manor successfully define the art of fine dining for over a half-century.

— *Mario Russo, Executive Chef*

Mario's Tutto Bene • Vinegar Pork Chops

495 Chestnut St. • Union
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— *John Garofalo, Owner*



The Office Tavern Grill • Chicken & Waffles

3 South Street • Morristown
(973) 285-0220 • officetaverngrill.com

Our most popular signature dish is the chicken and waffles. The buttermilk fried chicken is served with gruyere and applewood bacon in a maple syrup reduction. The waffle batter is infused with rosemary and thyme with a touch of cayenne pepper and the chicken is crunchy and flavorful. All these flavors—the hearty, sweet and salty—really work together.

— *Kevin Felice, 40North Executive Chef*

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Our newest burger, The Wedge, combines two classics—the hamburger and wedge salad. A half-pound of grilled beef with blue cheese, beefsteak tomato and cheddar cheese sauce—served between two wedges of iceberg lettuce. The idea was developed when we were looking at a gluten-free burger that had a little creativity to it. Now it's a signature item.

— *Kevin Felice, 40North Executive Chef*





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— Kevin Felice, 40North Executive Chef

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— Amy Thana, Owner





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By Andy Clurfeld
Photography by Daryl Stone

Prologue

It is the winter of 2006. At a lively (read: *heated*) meeting of the James Beard Restaurant and Chef Awards Committee, Alan Richman punctuates discussion with zippity-quick one-liners that smack of truth as they provoke laughter. A gavel invariably pounds on the conference room table, demanding order. At one point, Pete Wells, now the restaurant critic for *The New York Times*, leans over, nods at Richman and whispers to me, "Someone should follow him around with a tape-recorder."

Eight-and-a-half years later, I finally take that excellent advice. I do so in Alan Richman's hometown of Somerville, where the most decorated food writer in America's history was born.

Present

Alan Richman, restaurant critic for *GQ* magazine, dean of food journalism and new media at the International Culinary Center in New York, author of the acclaimed book *Fork It Over* as well as thousands of newspaper and magazine articles, and recipient of the Bronze Star in the Vietnam War,



is having lunch at Martino's Cuban Restaurant on West Main Street in Somerville. It is a hot summer day.

"Is this the \$4 salad?" Richman asks. "It'd be \$40 in New York."

As he dissects the ingredients, chef-owner Martino Linares (above) comes over to the table to listen in. He personally

took, and approved, our order.

"The (iced) tea is nicely composed," Richman adds. "The lemon is already in it. It usually takes me 15 minutes to get the lemon right."

Linares beams. "Good, heh?" he says.

"All of this might be as good as you say it is," Richman replies, waving his arm around the food-laden table. Linares chuckles and hops off to sing "Happy Birthday" at another table.

The incognito restaurant critic continues.

"The two things I've always hated are *empanadas* and *tamales*. *Empanadas* are always grotesquely soft. But this one is great. It's delicate. It's also crunchy. Look at the crimping around the edges. The sauce is smoky."

And then: "This *tamale*, the pork, is really good. You know, the Cubans in Cuba have forgotten how to cook. This is good cooking."

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Linares, birthday song sung, is back for more Richman, and he gets what he wants. "My girlfriend and I were looking for a place to celebrate her birthday. I'll take her here."

Alan Richman, 70, recalls flying to Cuba from Miami in a pre-Castro time and "eating coconut ice cream out of a coconut shell."

"Ah! The best!" Linares, 86 going on 16, exclaims in approval.

"When I was a little boy," Richman tells Linares, "we'd go to Miami Beach. I always wanted to stay in the Fontainebleau Hotel."

"I cooked there," Linares says. He'd first come to the States in 1950, volunteered for the Bay of Pigs invasion in 1961, was captured and spent three years in a Cuban prison. After his release, Linares returned to Miami—and cooked at the Fontainebleau. Thus began his career cooking in big-city French and Italian restaurants in America.

The Cubano arrives, sliced and served jelly roll-style on a platter.

"This is like a Cuban hoagie," Richman says. "Real roast pork! Look at this thing!"

"You know what?" says the man who has won 16 James Beard Awards for his writing on restaurants and food. "I think this is the best restaurant in America."

Martino Linares does a cross between a jig and a tango as Richman examines the sandwich's layers.

"This Cubano needs a few more pickles."

Past-Life Experiences

Richman was born in Somerville in 1944. Though his family moved north to Hillside when he was 5, then subsequently to the Philadelphia suburbs, his grandparents as well as other relatives remained in Somerville. The Richmans visited regularly, which may explain the food critic's vivid memories of "a wall of comic books in a gas station" near his childhood home on Codington Place.

"It was the Mount Rushmore of comic books. I'd sit there for hours."



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His grandparents, Rose and Nathan Rabinowitz, belonged to the Orthodox temple in Somerville, where young Richman “sat through services in 107-degree heat.” Though his grandmother “wasn’t a very good cook,” she did make a “fine *kuchin*.”

At the time, however, Richman fixated on hot dogs and a certain gumball machine that spat forth, if you were lucky, “rainbow-colored gum. Or something like that.” Richman-the-boy “wanted that rainbow gum because, with that, you also got a candy bar.”

From his home base on Codington Place, Richman would go with his grandmother to the old Cort Theatre (“I saw the most boring movie there—*The Quiet Man*”) but avoid the Hotel Somerset, whose sign still reigns over part of downtown Somerville. “It gave me the creeps.”

Somerville residents never avoided Raymar’s Center, owned and operated by Richman’s Uncle Sidney until 1976. Now it’s called Redelico’s; owner Randy Redelico worked for Raymar’s. He says that Sidney Raymar taught him “everything I know about paint and decorating.”

While Raymar’s was at its peak, brightening homes in blossoming Somerset County, Alan Richman was a student at the University of Pennsylvania (“Candice Bergen was in my class”). After college, Richman joined the Army and, in 1966,

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was in the Invasion of the Dominican Republic. In 1969, he was called to service in the Vietnam War.

"I was in the world's largest Army boat company. I used to ride on the Saigon and Dong Nai Rivers, the Mekong Delta." He claims he "didn't do anything brave," though he rose to the rank of captain and was awarded the Bronze Star.

"I loved Vietnam," he says.

Newspapers were his next stop. Richman became a sports writer (*Philadelphia Bulletin*), then a sports columnist (*Montreal Star*, *Boston Globe*). It was at the *Globe* that Richman pioneered long-form writing about sports. Sports writers tend to travel to cities where games are played, so Richman started eating in various restaurants in various locales.

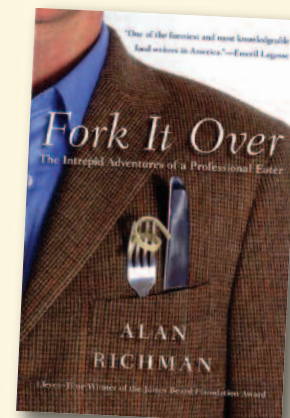
By the time he was on staff at *The New York Times*, he was working on major-league national news stories. "I covered Three Mile Island. I covered the disappearance of Etan Patz."

FOR FUTURE REFERENCE

Alan Richman's work can be seen in GQ, both the print edition and on the web site. For information about his classes at the International Culinary Center in New York, visit internationalculinarycenter.com.

Fork It Over, published in 2004 by HarperCollins, showcases the writer's range. It's a little bit memoir, with a whole lot of vintage Richman commentary.

When in Somerville, stop in for lunch or dinner at Martino's Cuban, 212 West Main Street; 908-722-8602; martinoscuba.com.



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Then he went to *People* magazine, where he was “the first person hired to report and write their own stories,” not merely a hack fashioning an item out of dispatches from correspondents.

“I did a cover story on Oprah Winfrey. I sat in Grace Jones’s living room as she was having a breakup with Dolph Lundgren. I covered the comeback of Vladimir Horowitz in Paris. There was so much money then,” which meant Richman dined well wherever he traveled.

By this time, he was writing about things culinary as a hobby and doing a regular wine column for *Esquire* magazine. After five years at *People*, he moved onto *GQ*.

It wasn’t long before his singular voice in food-writing drew national acclaim.

In 1991, Richman won the very first James Beard Award for food writing. His name has been called out 15 additional times at ceremonies dubbed the “Food Oscars.” There have been numerous additional honors, ranging from

citations from the International Association of Culinary Professionals to a National Magazine Award.

His unique combination of wit and wisdom has dominated the culinary world for more than a quarter-century.

Epilogue

Alan Richman doesn’t have a cell phone. Well, he sort of has a cell phone, but it’s “one of those throw-away phones drug dealers use.” He can call you, but you can’t call him, in other words.

He’s explaining this as we take a break from looking for the spot that possibly could’ve been the circa-late-1940s/early ‘50s gas station with the wall of comic books. We’re in another Somerville restaurant, though Richman finds this one as offensive as the cell phone.

“The purpose of cell phones is so people can inconvenience those they are planning to meet,” he says.

Pete Wells was very right. **EDGE**

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By Any Other Name

The Garden State is fertile ground for heritage roses.

By Sarah Rossbach

When Stephen Scanniello's Great-Aunt Helen heard of his new role as a *Rosarian*, she sighed in relief that at least *one* member of the family had not strayed from the Catholic faith. Helen despaired for the souls of Stephen's parents and six siblings. Not only had the Scanniellos left the Catholic Church and

became devout Protestants (in reaction, he says, to a fall-out with a stern school nun); his father had taken on a second job at the local temple, where the kids spent every Friday night helping him in his custodial duties. Little did Helen know that the title *Rosarian* referred to Stephen's job as curator of roses at the Brooklyn Botanical Garden.

Today, Stephen Scanniello (*right*) is one of the top rosarians in the world.

While Gertrude Stein may have dismissed “A rose is a rose is a rose,” when Scanniello discusses heritage roses, he addresses each rose’s special, individual qualities and growing temperament as though it were a quirky, beloved member of his family (not unlike Great-Aunt Helen). In fact, Stephen’s first memories of roses can be traced to his Uncle Joe, an official rose tester for the Jackson/Perkins Rose Catalogue and his Aunt Joanne. Like clockwork, Joe and Joanne would prune their Blaze roses every St. Patrick’s Day, and then smear all the cuts with blazing red lipstick as a sealer to keep insects and larvae out. By the 4th of July, their garden was ablaze with magnificent, patriotic red roses.

Scanniello never dreamed of becoming a rosarian while growing up in the Bergen County town of River Edge. He



Photo courtesy of Stephen Scanniello

practically stumbled into it. After majoring in biology and working in a medical lab (which he claims was “fascinating for a week”), he was asked to photograph the lab experiments. The lab recommended he take a course in photography, where he met some BBG (short for Brooklyn

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Botanical Garden) employees. That led to a job in the BBG education department, after which he became a general gardener for a year. When the BBG's rosarian retired and his successor lasted only a year, Scanniello won the job and worked there for 17 years.

Now Scanniello is curator of the Peggy Rockefeller Rose Garden at the New York Botanical Garden in the Bronx. The reach of his influence, knowledge and involvement in heritage roses spans the world. I first heard about his work when he ran a hands-on heritage rose propagation workshop for a local garden club, propagating roses from cuttings from a 19th century rose bush. In 2009, Scanniello won the Great Rosarian of the World Award. He also is President of the Heritage Rose Foundation, where he encourages a down-to-earth approach to preserving and propagating heritage roses. Loosely defined, a heritage rose is one with origins that can be traced back to the mid-1800s, before the advent of the hybrid varieties that are common today.

His thumbprints are on projects ranging from a rambling rose garden in Bellingham, Washington and a rose garden and propagation program on the Frank Lloyd Wright-designed Southern Florida College campus, to a vast



Photo courtesy of Stephen Scanniello



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GETTING STARTED

Stephen Scanniello's 2006 book *A Year of Roses* features tips for the suburban rose grower, including...

- Become acquainted with your local rose society. Members love roses and tend to be willing to share their vast knowledge.
- The best way to purchase roses is from mail order catalogs; the quality of the plants is superb, you will find many species you would never find in your local garden center and your dollar stretches far.
- The roses you ordered in January will arrive in April. Plant them shortly after they arrive.
- Prune roses in early March and have all pruning finished by mid-April.
- In the winter, rose bushes look spindly and stark, so when planning your rose garden, border it with evergreen plant material, such as boxwood, to add structure and winter interest to the garden.
- When in bloom, roses require some care. They need at least five hours of sunlight per day as well as regular watering during late afternoon.
- Roses need a well-drained site with friable soil—soil that breaks up easily and allows roots to thrive and water to pass through easily.
- Weed by hand! Never use weed killers in the rose garden. They damage the roses.
- Deer adore rosebuds. In early June, start protecting the blooms by applying a deer repellent to the rose garden area.
- Whenever possible, purchase roses that grow on their own rootstock and are not grafted on to a different rootstock.
- Some reliable sources for heritage roses with their own rootstock are:
antiqueroseemporium.com
vintagegardens.com
derrosenmeister.com
rosesunlimited.com



www.thinkstockphotos.com



Photo courtesy of Stephen Scanniello

heritage rose collection in Chambersville, Texas and a children's plant workshop a bit closer to home, in Harlem.

With the influx of genetically engineered roses, Scanniello's approach to heritage roses is almost like a spiritual calling. "Rosarians have a responsibility to preserve species roses and their oldest known hybrids," he explains. "Modern-day rose hybridizers are turning to these oldest roses for the key to creating healthy roses. Without the preservation of species and old roses, a valuable genetic link to disease resistance will be lost."

The author of seven books on roses, Scanniello approaches his subject like a detective. His mission to find and preserve roses spans the world and is a bit of a race against time, as uneducated gardeners are planting newer breeds and eschewing the older roses. It is a mission that often leads him to some unexpected places. One source, for example, was discovered in East Germany, behind the former Iron Curtain. Sangerhausen Rose Garden—a time-warp, hermetically-sealed garden—had remained untouched from before World War II, offering healthy roses that had escaped the heavy-handed adulterations of modern-day hybridizers. Another fruitful, if macabre, source of heritage roses are old cemeteries. There, like ghosts surrounding old, unkempt graves, grow some of the best examples of heritage roses from another era.

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Photo courtesy of Stephen Scanniello

Our own Garden State lives up to its name in this regard. Indeed, it is rich in rose history. Cities including Newark, Elizabeth, Jersey City and Rutherford were home to some of the top rose nurseries in the early 20th century. Prior to

that, New Jersey was the primary source for the fresh-cut roses that brightened up the Gilded Age mansions of New York City. Lately, Scanniello—who owns a rose-covered weekend cottage in Barnegat—has been working on designing a new rose garden in a cemetery on the grounds of Christ Church, in Shrewsbury. He also works privately in New Jersey, the Hamptons and on A-list estates.

It's plain Scanniello loves his job. As we strolled around the Peggy Rockefeller Rose Garden, he introduced me to beautiful, fragrant roses, their histories and peculiarities. Even the roses' names seemed to evoke a mix of humor and pleasure in Stephen as he rattled off randy rose names—not the least of which are “Blushing Thighs of an Aroused Nymph” and “Spineless Virgin.”

Starting your own heritage rose garden, Scanniello insists, is not as daunting a task as one might imagine. For starters, he recommends planting a heritage rose in a 24-inch pot or wooden barrel, placed in a location that gets plenty of



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Photo courtesy of Stephen Scanniello

sun. It should be watered either in the early morning or late afternoon, near the mid-day sun. He encourages New Jersey gardeners to plant roses hailing from New Jersey, such as a pink Jersey Beauty, which was created in South Orange, or South Orange Perfection, or New Dawn, a continually blooming genetic off-shoot of the Dr. van Fleet rose. Other good strains of roses that will bloom continually are the Parade or Dream Girl, bred by Martin Jacobus in Ridgefield in the 1950s and '60s.

As for pruning, Scanniello returns to his roots, advising me to cut back the roses every St. Patrick's Day. Now to find the right shade of red to seal the cuts! **EDGE**

Editor's Note: Sarah Rossbach has written for *House & Garden*, *The Washington Post* and *Harper's Bazaar*. Among her many books is *Feng Shui: The Chinese Art of Placement*. She is an author and feng shui consultant who has studied and collaborated with Master Lin Yun, a revered figure in Chinese culture and spirituality. The Peggy Rockefeller Rose Garden, designed in 1916 by landscape architect Beatrix Farrand, features 670 varieties of roses. For directions and hours log onto nybg.org.



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EDGE

interview

Vincent Kartheiser



Would you invite Pete Campbell into your home? Maybe a better question is: Could you keep him out? While you think about that, consider the man behind the mask, **Vincent Kartheiser**, who breathed life into one of *Mad Men*'s most indelible characters. He has been honing his craft since childhood, in films including *Masterminds*, *Alaska* and *The Indian In the Cupboard*, and later in *Another Day In Paradise* and *Crime and Punishment in Suburbia*, for which he received critical acclaim. Kartheiser is also familiar to fans of the WB television series *Angel*. When Editor-at-Large **Tracey Smith** sat down with him, she was wondering what all *Mad Men* fans do: How much of what we see on screen is Vinnie and how much is Pete? So, naturally, she asked...

EDGE: Peter Campbell is manipulative, maniacal, devious, shrewd and success-driven. Is there a little bit of Pete in Vincent Kartheiser?

VK: Is it me? No. But is there a little *bit* of Peter in Vincent? Yes. I think that if we did a really thorough search and investigation of our history, we would find that we *all* have those personality



Courtesy of AMC

traits, either momentarily or in the long term. So, yes, there's a part of Peter in me. I'm capable of things that aren't great.

EDGE: Why do you think Matt Weiner cast you as Pete?

VK: I would like to believe that I fit his vision, that he was looking for somebody who had a certain amount of cockiness and confidence and sliminess, but didn't really know he had the sliminess. I don't necessarily have any of those things in real life...but I guess I did in the audition room. (laughs)

EDGE: Thanks, by the way, for doing the fashion shoot for us. Is that fun for you—like a vacation from your everyday wardrobe?

VK: Sometimes. We generally schedule those sorts of things on the weekend. If I've had a big week of work, sometimes I have lower energy for such events. And lots of times they put me in stuff that I would never understand how to wear, or hope to wear.

EDGE: On *Mad Men*, which era of fashion is closer to your taste?

VK: I don't know. I can't pull off loud outfits. It doesn't suit me and I don't have a great physique, so those really tight pants and those form-fitting shirts aren't as great as a suit that covers up and makes everyone look relatively similar.

EDGE: You looked great in the Bespoke Couture. Will we be seeing the Vincent Kartheiser collection someday?

VK: No. No we won't. I know nothing about fashion, nor do I really aspire to. That being said, you know Photoshop is one helluva thing and I'm sure it was utilized. I'm sure a lot of Photoshop is done on my photos!

EDGE: When Season One of *Mad Men* started shooting, how did you see your character evolving over the years?

VK: You try not to think too far ahead when you're acting. I do try to think of the past and the present of the character. A character has dreams and hopes and fears, and I do access those, but I tried not to put too many of my own kind of desires into Pete's character. I didn't want to put that pressure on myself. I knew what the character wanted in the first season; he wanted to be Don Draper and he wanted to switch out of accounts and be a creative guy. That was something he thought he was more suited to, something that was exciting. I focused on that and I never made too many assumptions of where he'd end up plot-wise.

EDGE: Is Pete Campbell the first character you've played that has had to age significantly?

VK: Yeah, because most of the time you play characters—or at least I've always played characters—where the timeframe for the experience is very short. It's one week, or one year, or one day. Very few stories span ten, twenty, thirty years. In the case of Pete, I aged as well, so it worked out.

EDGE: Is there anything about 30-something Peter Campbell you like better than 20-something Peter Campbell?

VK: There are quite a few things about Peter Campbell that have changed, and I admire them. I think he fits his place in the world and his place in the office. He understands what his role is, what his limitations are, and what his fortés are. In those ways, it makes him an easier person to be around for other people. When a character or a person is always trying to change, or fit a mold that isn't quite right for them, it's uncomfortable—not only for them, but for everyone around them. It causes a lot of conflict. So I think it's wonderful that he's come to peace with his role in the world, which is to be an account man. At least that's where he's settled in. I think his envy and jealousy of people around him has simmered down a bit. He doesn't need to hate as



Photo by Carin Baer courtesy of AMC

many people as he used to, which I think is partly due to aging. We all experience that. Because it was such a prominent part of his personality, it's nice that it's gone away. He still gets frustrated very easily and feels that nothing ever goes his way, that he's always getting the short end of the stick, and has a "woe is me" outlook on life—and he still has a sense of entitlement. So not everything has changed. But he has calmed down a bit and stops trying to set fire to everybody around him.

EDGE: What is the value of a Pete Campbell to an ad agency?


VK: I think his value is obvious. He's a good account man, he works hard, he has ambition, he has loyalty to the people around him and to the company, he's not afraid to get his hands dirty—he's not afraid to get his name dirty—and he's not afraid to use everything in his arsenal to get the job done. He used the death of his father to get an account, he convinced Joan to spend the night with Herb Bennet to land Jaguar, and he is willing to go pretty far into a moral shadow. I don't think it's good for the world, but it *does* bring value to the agency. Actually, I have a hard time calling those things "value" because they're unscrupulous. Unfortunately, that's a part of the business world. I don't think that all companies run their businesses that way, but some certainly do, and in those businesses there are people like Pete Campbell that drive the train, and it accomplishes something.

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EDGE: What's it like playing a character that many viewers love to hate?

VK: I'm just the actor. The people who really created this character and did the work are the writers. In that writer's room, we have people who have *been* agents, who have *been* advertisers. We have people who are still in advertising who consult, and we have a team of people who spend hours and hours doing research on the time, on the year, on the date, on products, on ad campaigns, on the types of people and the types of stories. Matthew Weiner and the writing team take all of this info and create these characters. I think it's an honor that I haven't ruined what they are trying to do—but it's really that I'm just a vessel, and they really are owed the credit. By the way, you're right. I get this all the time, people come up and say, "I *work* with a Pete Campbell." They did a really good job of writing him in a realistic way, but still in a melodramatic way.

EDGE: Looking back, would you have written your character any differently?

VK: I wouldn't have written anything differently. I'm very happy with everything they've given me. I'm honored that they've written what they've written. I don't really live in a world of what-ifs. It gets too complicated.

EDGE: Pete says to Don Draper in an early episode, "A man like you, I'd follow into combat blindfolded." Would you,

Vincent, follow Jon Hamm into battle blindfolded?

VK: Well I wouldn't follow *anyone* into battle. (laughs) I do feel he has my back. I think I can speak for all the actors that Jon is so supportive and is so consistent, he's always giving 100 percent, he's always present, he's always good. I have off-days—there are days I can't remember my lines or I'm struggling. Jon and many of the actors I work with are so, so strong. Jon is there so much and it's Don's story, so it is pivotal that he supplies his presence. Yet he does it almost effortlessly and I don't know how. It's a character trait that I admire greatly.

EDGE: There's a lot of smoking and drinking on *Mad Men*, which is period-appropriate. But what are we to make of Pete's food choices?

VK: He's always eating childish food, like peanut butter and jelly sandwiches and Cap'n Crunch. I think Matthew is making a statement about this boy-man that Pete is—which is something that I can relate to. There's something about being an actor, especially from when you're very young. I've never had another job, I've had a very blessed life, I haven't had to roughen up my hands too much. I think there's something about being an actor, particularly though, that keeps you a little bit childish. It's make-believe, it's imagination, and I might be guilty of being a boy-man in some ways.

EDGE: I know you're a fan of Jack Kerouac. He wrote that "The only people for me are the mad ones, the ones who are mad to live, mad to talk, mad to be saved, desirous of everything at the same time, the ones who never yawn or say a commonplace thing, but burn, burn, burn like fabulous yellow roman candles exploding like spiders across the stars." Who are Peter Campbell's people?

VK: The man who never grew old enough to understand what he wrote! I think you start yawning when you hit a certain age and Jack never got to that age. Who are Pete's kinds of people? New Yorkers. Not the "new" New Yorkers, not the hippies that are taking over the Village in the late 60's, or the drug dealers in the boroughs or any of those sorts of things, but the "old" New Yorkers. I would say his kinds of people are the logical ones, the ones that he can

understand why they do what they do. They don't get off-course, they stay the course. I think that statement by Jack Kerouac, he's really just talking about himself. He's saying the kinds of people I like are like me. So, the kinds of people that Pete Campbell likes—if we're using that template—are the kinds of people *like* Pete.

EDGE: And who are Vincent's kind of people?

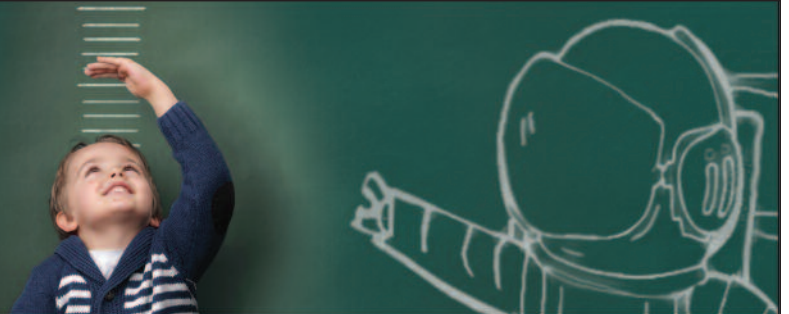
VK: Personally, as Vincent, I like quiet people...and I wish I were one. (laughs) I like people who think about what they say before they say it. I wish I were one of them, too! I like kind people, gentle people, people who aren't out for number-one, people who are out for everyone—people who don't jump to judgment but try to empathize. I'm not really any of those things, and I'm not talking about some crazy-eyed cult. I'm just talking about someone that is real, someone who really sees that their needs aren't the needs of everyone. That their life isn't any more important than anyone's. I don't know, maybe there's no one like that in the world, but I feel like I meet them all the time. **EDGE**



Photo by Michael Yarish courtesy of AMC

Editor's Note: The only question Vincent Kartheiser dodged in this interview was about his girlfriend, Alexis (*Gilmore Girls*) Bledel. Now we know why. Vincent and Alex tied the knot over the summer in a secret ceremony. Log onto edgemonline.com to read more about Vincent's other television and film roles, and how he kept the EDGE crew loose on his fashion shoot.

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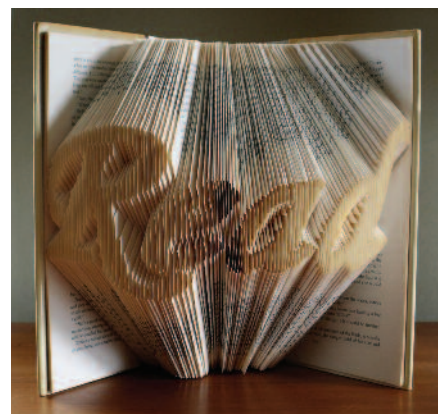
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EDGE PEOPLE



MAKING STRIDES IN WESTFIELD

The *EDGE Magazine* crew—Rob Rubilla, Jeff Shanes, Doug Harris and Jama Bowman—man the Trinitas booth at the 13th Annual Downtown Westfield 5K & Pizza Extravaganza in July. Around 2,700 runners crossed the finish line moments before the skies opened up for a group cool-down. Trinitas was a Platinum Sponsor of the 5K. EMTs Jose Caba, Angela Boyd & Jon Abello led the runners off the start line in a Trinitas ambulance. Harris, Vice President of Marketing and Public Relations at Trinitas, presented awards to the top finishers along with Sherry Cronin, president of the Downtown Westfield Corporation.

TRINITAS CIO NAMED CHAIR OF JERSEY HEALTH CONNECT



Jersey Health Connect has named Judy Comitto chairperson of its board of directors. Comitto is Vice President of Information Technology at Trinitas and Chief Information Officer. Jersey Health Connect—the state's largest health information organization—offers a comprehensive network of 29 health systems and hospitals, over 3,500 clinicians, and long-term and post-acute care facilities.

WIDE WORLD OF NURSING



Two faculty members and 12 nursing students from the University of Notre Dame in Jacmel,

Haiti, spent two weeks with faculty and students at the Trinitas School of Nursing. The College of St. Elizabeth and the Sisters of Charity of St. Elizabeth joined the School of Nursing in hosting the program, which included classes and opportunities to improve their nursing skills by treating patients in the simulation lab. Bilingual faculty members and student “buddies” from the School of Nursing communicated with the students in Creole, and contributed to their immersion in U.S. nursing practices.


CAPED CRUSADERS




Children visiting the Trinitas Family Health Center were transformed into superheroes recently, courtesy of employees and interns at Verizon. Verizon supplied dozens

of capes to Trinitas as part of a nation-wide program that brings cheer to children undergoing medical care. Two-year old Walter Garay, and his sisters Yartzia (center) age 5 and Melissa, age 7, show off their colorful capes to mom Lisseth (left) and Teresa Andrews, Clinical Coordinator, Pediatric Health Center.


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Growing Pains?

Maybe not. A look at the cost of LBP in kids.

By Caleb MacLean

What is the leading cause of disability in the world today? The answer, according to the World Health Organization's 2010 Global Burden of Disease study, is low back pain (LBP). LBP is defined as pain in the area on the posterior aspect of the body, from the lower margin of the twelfth ribs to the lower gluteal folds, with or without pain referred into

one or both lower limbs that lasts for at least one day. The common image of an LBP sufferer is a hard-laboring adult, or a senior citizen, but the fact is that low back pain in children and adolescents is a significant health problem, too.

As Dr. Naomi Betesh points out, in children and teens, back pain increases with age. And because LBP in adolescents leads to increased risk of recurrence in adulthood,

LBP: DID YOU KNOW?

- The annual bill for chronic pain in America, which includes healthcare costs plus lost productivity, is more than \$600 billion.
- More than 15% of that cost is related to lower back pain.
- In 2014, 1 in 34 Americans will lose two weeks or more in productivity to LBP.
- Only one-third of the annual cost of LBP in America is related to healthcare; lost wages and diminished productivity accounts for the remaining two-thirds.

physicians are realizing the importance of early detection and treatment in the pediatric population.

“Patients, whether adult or pediatric, have the best outcomes with a multidisciplinary treatment approach,” explains Dr. Betesh, a pain management and rehabilitation specialist at Union County Orthopedic Group in Linden and Clark. “Treatment strategies include core strengthening, postural training, proper biomechanics education, medication management and minimally invasive procedures.”

The 2010 WHO study, which was released in March 2014, concluded that LBP causes more global disability than any other condition. With the planet’s aging population, the report stated, “there is an urgent need for further research to better understand LBP across different settings.” **EDGE**

Editor’s Note: The above statistics were part of a 2013 study that included information sourced from the CDC, the Center for Medicare & Medicaid Services and the U.S. Bureau of Labor Statistics.

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- Given Wireless Capsule (“Pill Camera”) Endoscopy (evaluation of small bowel).

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A close-up photograph of a hand holding a small, white, pill-shaped capsule. The capsule is held between the thumb and index finger. The capsule has a clear, rounded top and a white base with the text 'PillCam' printed on it. The background is a blurred white, likely a medical professional's coat.

A New Perspective

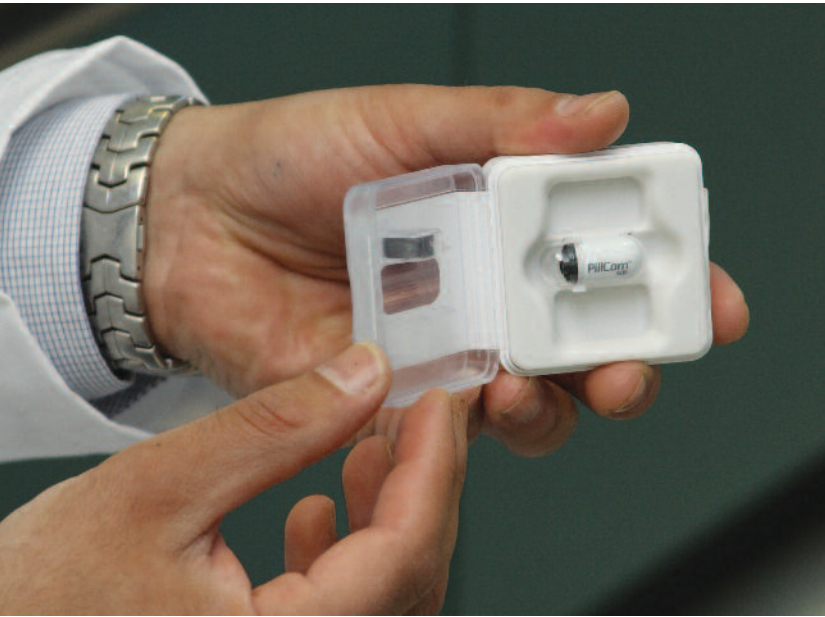
*New diagnostic devices are taking gastroenterologists
on a fantastic voyage.*

By Kathryn Salamone

Imagine possessing the ability to enter the body to conduct reconnaissance, diagnose and perhaps save a life without traditional invasive measures. In 1966, sci-fi authors imagined—and Hollywood created—that exciting scenario. In *Fantastic Voyage*, a CIA agent, a surgeon and three others are charged with removing a life-threatening blood clot from the brain of a comatose Soviet scientist,

who barely survived an assassination attempt while defecting to the West.

You probably know the story. The CIA shrinks the crew and its submarine down to one micrometer and inserts the vessel into the scientist's body. It's a race against time, as the effects of miniaturizing begin wearing off after an hour.



Pretty exciting stuff back then—not to mention a field day for the special effects team.

Miniaturization took a more humorous turn in the 1987 film *Innerspace*, when an experimental craft piloted by a naval

aviator is miniaturized and—through a series of unlikely events—jected into a hypochondriacal grocery clerk, played by Martin Short. For the record, both *Fantastic Voyage* and *Innerspace* won Oscars for Best Visual Effects.

Fast-forward a few decades. People, submarines and aircraft aren't miniaturized, but medical devices complete with cameras and data retrieval capabilities are.

In 2006, *MIT Technology Review* reported on a then recently-FDA-approved diagnostic device the size of a vitamin pill, which could be ingested. Once inside the body, the device for diagnosis of gastroenterological conditions could gather information along its way through the digestive system. The sensor could then transmit information to an external receiver, about the size of a cell phone, worn by the patient. Once its data gathering was complete, the diagnostic device was excreted through normal bodily functions. The patient could then return to the gastroenterologist's office with the external receiver for data analysis.

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While being interviewed for this article, Dr. Neil Kheterpal described the intricacies of the PillCam SB 3 to writer Kathryn Salamone.

At that time, such a device gave gastroenterologists information on digestive disorders that could not be easily obtained through previous methods. Before the advent of this type of diagnostic sensor, taking a look at the twists and turns of the intestines was both invasive and unpleasant for the patient. In less than a decade, these devices have become a valuable tool for gastroenterologists in diagnosing digestive disorders. They make exploring the 25 feet of the small and large intestines almost as easy as using a GPS device.

Dr. Neil Kheterpal, gastroenterologist at Trinitas Regional Medical Center, has been using the PillCam line of medical diagnostic devices—developed and manufactured by Israel-based Given Imaging—since 2007. He is confident that the latest generation, the PillCam SB 3, will be of great benefit to the diagnostic procedures he performs on his patients at Trinitas.

“This technology has played a major role in our better understanding of the small intestines,” Dr. Kheterpal explains. “The mobility of the device has made viewing the intestines much easier and has improved our diagnostic capabilities as a result. I have found it to be an exceptionally valuable tool in my role as a diagnostician.”

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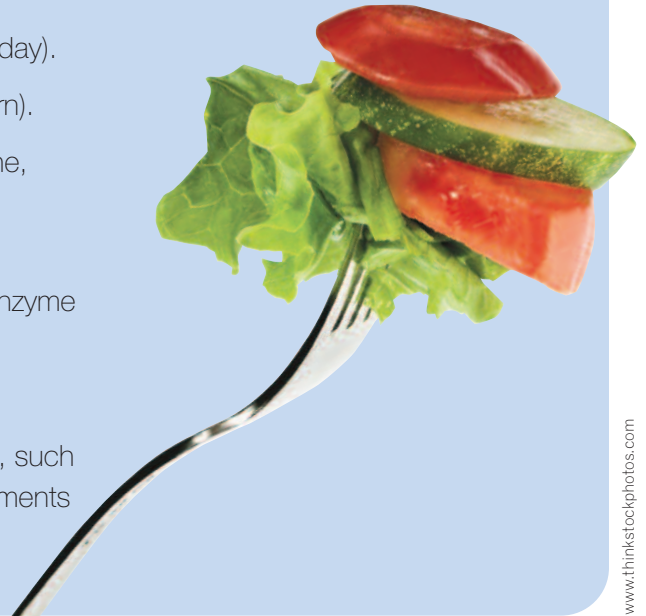
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As in the case of many chronic conditions, diet can play an important role relieving the impact of various digestive disorders. According to the U.S. National Library of Medicine, these strategies can help ease symptoms...

- Eating small amounts of food throughout the day.
- Drinking lots of water (drink small amounts often throughout the day).
- Avoiding high-fiber foods (bran, beans, nuts, seeds, and popcorn).
- Avoiding fatty, greasy or fried foods and sauces (butter, margarine, and heavy cream).
- Limiting dairy products if you have problems digesting dairy fats. Try low-lactose cheeses, such as Swiss and cheddar, and an enzyme product, such as Lactaid, to help break down lactose.
- Avoiding foods that you know cause gas, such as beans.

Also, ask your doctor about extra vitamins and minerals you may need, such as iron supplements (if you are anemic), calcium and vitamin D supplements to help keep your bones strong, and vitamin B12 to prevent anemia.



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notes Dr. Kheterpal. "I have used the two earlier generations of the PillCam in the past seven years. They offered images of excellent quality. But, this latest version exceeds that level with images of even higher resolution, a 30 percent improvement over the PillCam SB 2."

Also, the device now has the capability of capturing images at varying rates of speed through an adaptive frame rate technology. In other words, while traveling through the intestinal track, sensors will respond when the capsule is moving slowly or quickly. Slow movement will allow the camera to capture images at two frames per second, while faster movement will capture up to six images per second.

In his years of using the earlier generations of PillCam, Dr. Kheterpal has recognized the high standards of the device. He considers the PillCam "the pioneer" in diagnostic devices for gastroenterologists. "What started out as a promising concept and purpose has shown its worth in successive generations as these refinements demonstrate," he observes.

However, Dr. Kheterpal stresses that the PillCam SB 3 or any future generations of this device will not replace traditional colonoscopies. "The PillCam SB 3 and its predecessors have given us a view of the intestinal track that we didn't have before. It's just one of the tools that we have in the arsenal of disease diagnosis that ultimately helps in diagnosis and in recommending potential disease treatment, helping to contribute to the best possible outcomes for patients. Treatment will continue to be the domain of other more invasive procedures. Diagnosis is the one thing that this device is designed for and it does it exceptionally well." **EDGE**



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Run Sena Run

*Westfield native leaves California in quest
of advanced surgery at Trinitas.*

By Erik Slagle

When Sena O'Connor-McLellan embarks on her regular daily run along the trails of the Diablo Mountains of California's Bay Area, she is doing something her West Coast doctors said would never happen: regaining the physically active lifestyle she enjoyed before uterine prolapse began slowing her down. A native of Westfield and an avid runner, O'Connor-McLellan initially consulted with her California physicians, who recommended a radical solution.

"They said I'd have to have my cervix removed and give up running," she recalls. "That didn't feel right to me. That's when I called Dr. Riachi."

Dr. Labib Riachi, Chairman, OB/GYN, and Director of Robotics at Trinitas Regional Medical Center, had treated O'Connor-McLellan for a separate condition in 2009, using a robotics-assisted procedure that she says resulted in a smoother-than-anticipated recuperation. The surgical scars were practically unnoticeable, and the discomfort was

minimal. After a phone call to Dr. Riachi, she boarded a plane back to New Jersey, consulted with him at his office, and was scheduled for surgery the next day. Once again, the robotics-assisted procedure delivered results.

"Four small incisions—that's all it took," says O'Connor-McLellan, a mother of four sons ages 15 to 20. "So unobtrusive, so simple. It wasn't painful to roll over and I could pull myself up to get out of bed. Within a week, I was on a plane back to California. By two weeks, I was completely back to being myself."

The procedure, which is performed using the daVinci Surgical System, is called a robotic cervicospine. It involves the insertion of an abdominal mesh to relieve the prolapse and in most cases is a permanent solution with few if any lingering effects. After six weeks, as Dr. Riachi promised, O'Connor-McLellan was able to restart her trail work with a slow jog. "It is very rewarding to see people such as Sena benefit from this minimally invasive technology," he says. "The daVinci system enables us to perform delicate surgeries in a faster and more secure way. It allows us to be more aggressive in how we treat, while giving us almost unlimited access within the surgical field."

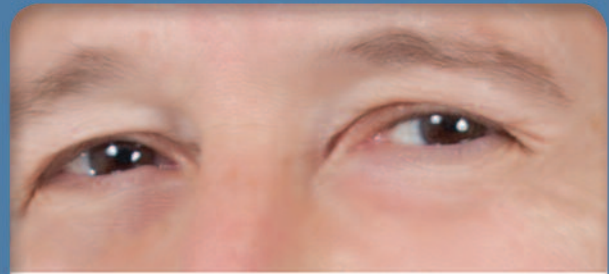
The daVinci system allows a surgeon working at a console to manipulate four robotic "arms" that maneuver a camera and carry out cutting, holding and coagulating all through a single or multi-port precise abdominal incision. Dr. Riachi has



Labib Riachi, MD

*Chairman, OB/GYN, and Director of Robotics
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NO COMPARISON

In 2007, Sena O'Connor-McLellan (*below and on page 46*) underwent a non-robotic laparoscopic procedure to treat Crohn's Disease. "The recuperation was longer, more painful, and generally much worse," she reports, adding that she hopes that her experience will lead other women to explore the benefits of robotics-assisted surgery. "Women put off things like [prolapse correction] because they think they can't get it done



and get back to life. You think the only option is surgery that will put you on your back for two weeks. But the robotics option gets you back on your way in a few days. The flu will put you down for longer!"

used the system to perform corrective surgeries for conditions such as prolapse, bleeding, fibroids, uterine cancer, and endometriosis. He now trains other surgeons to do the same. In all, he has carried out more than 800 robotic procedures since 2009.

"I call him the rock star," O'Connor-McLellan says. "I would still go back to New Jersey if I needed another procedure, and I recommend anyone else to make that trip as well. I wouldn't trust anyone else; I wouldn't put my health in anyone else's hands. I feel that strongly about what he can do, and about robotics in surgery. People shouldn't be afraid of it. The healing is incredible." **EDGE**

Editor's Note: Sena O'Connor-McLellan is back to enjoying the lifestyle she loves, hitting the trails every day for a running routine which, less than a year ago, she was advised to give up. Every mile she covers is a testament to the difference Dr. Riachi and the daVinci system can make. Next up for O'Connor-McLellan is the Rock & Roll Half-Marathon for the Crohn's and Colitis Foundation of America in November on the Las Vegas Strip.

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COLLEGE BOUND

More than five million freshmen will be unleashed on U.S. campuses this fall. Is it too late for one final tug on that leash?

In a decade and a half practicing emergency medicine, Dr. John D'Angelo has seen more than his fair share of college freshmen wheeled into the ER. From traffic accidents to alcohol poisoning to *Jackass*-inspired stunts gone wrong, Dr. D'Angelo is the man waiting for your kid on the business end of a bad idea.

In this installment of the new Healthy EDGE feature, ASK DR. D'ANGELO, he looks at ways that parents of current college freshmen (and also college-bound high school seniors) can guide their children toward making smart choices while they live away from home. It all starts (you guessed it) with an open conversation...



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How do parents start a discussion about the new choices and responsibilities they know their freshman will face at college?

Getting ready for college means more than just outfitting a dorm room and preparing for living with a roommate. Start the conversation by talking to your son or daughter about the importance of eating and sleeping well, exercising

regularly, and developing a routine—all of which will help reduce stress and keep your child healthier.

How do you prevent small medical problems from becoming big ones when your child is so far away?

Create a dorm room first aid kit. Include band-aids, gauze, antibiotic ointment, a thermometer, acetaminophen or ibuprofen, and an extra supply of current medications that your child takes regularly. Put a copy of your health insurance card inside the kit, along with the name of a hospital and one or two Internal Medicine/Family Medicine doctors nearby that take your health insurance.

What can parents do about managing chronic problems, like asthma, or making sure that pre-existing conditions are on the radar of Student Health?

Contact the college's Health Center by phone right before school starts to inform the staff about your child's pre-existing medical condition(s) and treatment. If your child

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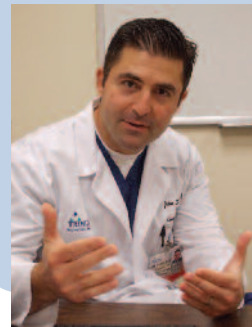


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Elizabeth, New Jersey 07208

takes medication or has a condition, it's a good idea to make an appointment with the college/university campus physician. Some college campuses also contract with advance practice practitioners (physician assistants or nurse practitioners) who provide regular weekly office hours. Take advantage of this worthwhile service.

How can parents exert some influence on the decision-making process when it comes to underage drinking and other aspects of campus life?

Prevent underage drinking by having a detailed discussion with your child regarding the dangers of drinking alcohol—such as alcohol poisoning, binge drinking, sexual assault, and addiction. The same goes for sexual health. Have a frank discussion about abstinence, contraception, HIV and other sexually transmitted diseases, pregnancy prevention, sexual peer pressure, and sexual assault. You should also touch on areas of mental health, which include substance abuse and addiction. Children of parents who suffer from



Do you have a hot topic for Dr. D'Angelo and his Trinitas ER team?

Submit your questions to AskDrD@edgemagonline.com

addiction of any sort are more likely themselves to struggle with the disease. Talk about drugs such as alcohol, marijuana, prescription drugs, illegal drugs and tobacco, and include dangers like peer pressure and addiction.


Editor's Note: John D'Angelo, DO, is the Chairman of Emergency Medicine at Trinitas Regional Medical Center. He has been instrumental in introducing key emergency medical protocols at Trinitas, including the life-saving Code STemi, which significantly reduces the amount of time it takes for cardiac patients to move from the emergency setting to the cardiac catheterization lab for treatment.

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Elizabeth, NJ 07207

908-994-5300 | Fax 908-994-5308

Associate Professor of Medicine Seton Hall University
Graduate School of Medical Education

The background of the page is a photograph of a library or study. On the left, there is a window with light-colored curtains. In the center and right, there are tall wooden bookshelves filled with books. A wooden desk or table is visible on the right side, with a lamp that has a white shade and a decorative base. The floor is covered with a large, colorful, patterned rug. The title 'For Pete's Sake' is overlaid on the image in a purple, serif font.

For Pete's Sake

Vincent Kartheiser (*aka* Pete Campbell) has taken *Mad Men* viewers on a fashion rollercoaster ride, stretching from the button-down Eisenhower years through the Summer of Love. We felt Pete needed a little updating. Vincent's response? "Let's do this thing."

Photography by David Walden

*Mad Men Project Coordinator
Tracey Smith*



QUICK STUDY

Designer: SAND COPENHAGEN

Footwear: MAX VERRE



SIGHT LINES

Designer: TED BAKER
Footwear: MAX VERRE



STAND-UP GUY

Designer: TED BAKER
Footwear: MEZLAN

VESTED INTEREST

Designer: TED BAKER



WALK THE WALK

Designer: ZEGNA

Footwear: THE LEFT SHOE COMPANY

Model: Vincent Kartheiser

Stylist: Melis Kuris

Hair & Makeup:
Louise Moon

Production Assistant:
Bruce Cole

Catering: Lauren Cartmel

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The Left Shoe Company • www.leftshoecompany.com

David Walden • www.davidwalden.com

Melis Kuris • www.meliskuris.com

Louise Moon • www.louisemoon.com

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Virginia Robinson Gardens • www.robinsongardens.org



Special Thanks to the Virginia Robinson Gardens in Los Angeles, and Robinson Gardens Society for opening its doors to the EDGE fashion team. You can become a member of the Society at robinsongardens.org. See page 58 for more information.

VIRGINIA ROBINSON GARDENS



Virginia Robinson Gardens is a national treasure belonging to the citizens of Los Angeles County. The graceful, Beaux Arts-style Main Residence was completed in 1911, predating the construction of the Beverly Hills Hotel (1912) and the incorporation of the city of Beverly Hills (1914).

The gardens include The Great Lawn—with its perennial flower borders—The Italian Terrace Garden, The Kitchen Garden and Orchid Greenhouse, The King Palm Forest and Display Rose Gardens.

Log onto robinsongardens.org for a calendar of special events and educational lectures. On your next trip to Los Angeles, make time to visit us. Tours are available Tuesdays through Fridays (10 AM & 1 PM) with advance reservation.

EDGE PEOPLE



VIRTUALLY SAVVY

Elisabeth Marrapodi, TRMC Director of Library and Information Services, shares pride in an award from Medical Library Association's Hospital Libraries Section for Research with colleagues Connie Kozachek and Debbie Milkosky. Marrapodi was recognized as a contributing author to Virtual, Augmented Reality and Serious Games for Healthcare I, which explores how gaming has helped to improve consumer health literacy. Elisabeth developed interactive health games about heart attack, stroke and medical terminology that use current and emerging technology which more than 3,000 people from the Trinitas community and worldwide have played. Kozachek, Director of Education, Training, and Development, and Milkosky, Stroke Program Coordinator, served as clinical consultants on the project.

To see how health savvy you are, visit www.trinitashospital.org/library_health_literacy.htm where you can challenge yourself with our health literacy games.



WOMAN OF INFLUENCE

Lisa Liss, TRMC's Director of Volunteer Services, is honored by the Boy Scouts of America Patriots' Path Council as one of its 2014 Lifetime Achievement Award winners. She is joined by her fellow honorees: Elizabeth Police Director James Cosgrove, JP Morgan Chase VP Gregory J. DeSalvo—also Treasurer of the Patriots' Path Council—and Kevin Murphy, Chief Operating Officer of the newly-created Veterans Chamber of Commerce of New Jersey. Liss has interacted with more than 2,200 young people from Union County in career exploration programs at Trinitas.



WALKING THE WALK

About 50 walkers from Trinitas joined an estimated crowd of 750 at Oak Ridge Park for the 2014 Greater Union County Heart Walk, which stressed the importance of heart health through physical fitness and proper nutrition. The walk is part of Trinitas's ongoing commitment to heart health—promoting a lifestyle that prevents heart disease and reminding people that walking an hour or two a week can make a real difference.



CHEERS FOR VOLUNTEERS

Volunteers from L'Oreal spent their Corporate Volunteer Day helping departments at Trinitas's Williamson Street and New Point campuses in Elizabeth, and the Trinitas Children's Therapy Center (TCTS) in Springfield. For the fourth consecutive year, the group filed, organized and worked on projects and activities that needed attention.



Community Events

We welcome the community to our programs that are designed to educate and inform.
To register for any of these programs, call (908) 994-8939, unless otherwise noted. Programs are subject to change.

SEMINARS

WEDNESDAY, SEPTEMBER 10

5:30 – 7:00 pm

Treat Your Feet Well: The ABC's of Better Foot Health

Ayesha Mohiuddin, DPM, and Aqsa Siddiqui, DPM

Light Dinner

CORE Building, 1164 Elizabeth Ave., Elizabeth, NJ
(Enter parking lot from South Broad St., next to Fire House)

MONDAY, SEPTEMBER 22

5:30 – 7:00 pm

What Every Man Should Know about Prostate Health

A program of interest to husbands and their wives.

Brett Opell, MD, Urologist

Light Dinner • To register, call (908) 994-4MEN (4636)

CORE Building, 1164 Elizabeth Ave., Elizabeth, NJ
(Enter parking lot from South Broad St., next to Fire House)

TUESDAY, OCTOBER 7

5:30 – 7:30 pm

A Closer Look at Men's Health

Alan Krieger, MD, Urologist and Surgeon

Light Dinner • To register, call (908) 994-4MEN (4636)

The Gateway Family YMCA

1000 Galloping Hill Road, Union, NJ 07083

THURSDAY, OCTOBER 16

5:30 – 7:00 pm

Breast Health & Screenings: Why You Should Have a Yearly Mammogram

Michelle Cholankeril, MD

Buffet - \$10 charge at the door

The Westwood

438 North Ave., Garwood, NJ 07027

THURSDAY, OCTOBER 23

5:30 – 7:00 pm

Arthritis – Treatment Options to Keep You Moving: Medication, Physical Therapy, and Joint Replacement

Jim Dunleavy, PT, MS

Director, Rehabilitation Services

Light Dinner

CORE Building, 1164 Elizabeth Ave., Elizabeth, NJ
(Enter parking lot from South Broad St., next to Fire House)

TUESDAY, NOVEMBER 4

12:30 – 2:00 pm

Body, Mind, Heart and Soul: Secrets for Improving Your Health and Wellbeing

Rodger Goddard, PhD

Dept. of Behavioral Health & Psychiatry

Light Lunch

Grassman Hall (lower level)

Trinitas, New Point Campus, 655 E. Jersey St., Elizabeth

TUESDAY, NOVEMBER 18

5:30 – 7:00 pm

Diabetes: the How-To's of Preventing Complications

Ari Eckman, MD, Chief

Division of Endocrinology, Diabetes & Metabolism

Light Dinner

CORE Building, 1164 Elizabeth Ave., Elizabeth, NJ

(Enter parking lot from South Broad St., next to Fire House)

TRINITAS COMPREHENSIVE CANCER CENTER SUPPORT GROUPS

Conference Room A or Conference Room B

Trinitas Comprehensive Cancer Center

225 Williamson Street, Elizabeth New Jersey 07207

Living with Breast Cancer

**Monday, September 8, October 6,
November 3 and December 1; 1:00 – 2:00 pm**

Living with Cancer

**Tuesday, September 9, October 7,
November 4 and December 2; 1:00 – 2:00 pm**

Caregiving Support Group

**Wednesday, September 10, October 8,
November 4 and December 3; 1:00 – 2:00 pm**

Viviendo con Cáncer, Apoyo Familiar

**Miercoles, Septiembre 10, Octubre 8,
Noviembre 4, Diciembre 3; 2:00 – 3:00 pm**

Viviendo con Cáncer, Grupo De Apoyo

**Jueves, Septiembre 11, Octubre 9, Noviembre 5
Diciembre 4; 1:00 – 3:00 pm**

Viviendo con Cáncer de Mama

**Viernes, Septiembre 12, Octubre 10, Noviembre 6
Diciembre 5; 1:00 – 3:00 pm**

**For more information on any TCCC support programs and
to RSVP, please contact Roxanne Ruiz-Adams, LSW,
(908) 994-8535. Por favor llame al (908) 994-8535 para
confirmar su asistencia.**

TRINITAS HEALTH FOUNDATION EVENTS

FRIDAY, NOVEMBER 14

Jazz Celebration with Chris Botti

Grammy Award-winning Instrumentalist

Light Buffet Supper 6:00 pm • Concert at 8:00 pm

VIP Tickets, \$200 Each

*Includes Orchestra Seat, Light Buffet Supper,
Advance Parking, and a listing in the program*

Regular Tickets \$125 Each

Includes Orchestra Seat, Light Buffet & Advance Parking

New Jersey Performing Arts Center (NJPAC)

Newark, New Jersey

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of Trinitas Regional Medical Center. Making reservations
for Foundation events is fast and easy on your American
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For more information, call Laura Ciraco,
(908) 994-8249 or lciraco@trinitas.org

COMMUNITY EVENTS

SUNDAY, OCTOBER 19

Annual Union County Autism Speaks Walk

Pre-Walk activities/Vendor Booths begin at 10 am
Step-off for Walk at 12 noon

Nomahegan Park, Cranford

Anyone interested in joining the Trinitas Children's Therapy
Services team as an actual or virtual walker or by making
a donation on behalf of our team can do so by going to
[www.walknowforautismspeaks.org/site/c.igIRL6PIrH/b.76
83511/k.2EFB/Walk_Now_for_Autism_Speaks_Home.htm](http://www.walknowforautismspeaks.org/site/c.igIRL6PIrH/b.76
83511/k.2EFB/Walk_Now_for_Autism_Speaks_Home.htm).
Search for the Trinitas Children's Therapy Services team.

MONDAY, OCTOBER 20

5:00 – 8:30 pm

8th Annual Taste of Elizabeth Food Tasting Extravaganza

Renaissance Newark Airport Hotel

1000 Spring Street (Routes 1 & 9 South Service Road)

Sponsored by the Rotary Club of Elizabeth

Featuring 45 food and beverage vendors

Tickets are \$30 in advance, Call (908) 451-3665 for
more information and to purchase tickets.

MEDICAL AND BEHAVIORAL HEALTH SUPPORT GROUPS

Diabetes Management Support Group

Monthly, First Monday, 2:00 - 3:00 pm

Kathleen McCarthy, RN, CDE (Certified Diabetes Educator)

Open to both diabetics and non-diabetics who want to learn more about diabetes prevention.

65 Jefferson Street, 2nd Floor, Elizabeth, New Jersey
Call (908) 994-5502 for further information or registration

Sleep Support Group

Thursday, October 30, 7:00 pm

Open to those who suffer sleep disorders and those who want to know more about them. Speaker to be announced. Refreshments, free raffles and complimentary parking. Bring your garage parking ticket with you to the meeting for validation.

Physicians Conference Rm, Administrative Services Bldg.
210 Williamson Street, Elizabeth, New Jersey

For information about the Trinitas Comprehensive Sleep Disorders Center or to register, call (908) 994-8694 or visit www.njsleepdisorderscenter.org

Narcotics Anonymous

Monday 7:00 – 8:30 am

Sunday 12:00 noon – 2:00 pm

Sunday 5:00 – 6:30 pm

Roberta Braneck, Community Liaison, (908) 994-7438
Grassmann Hall, 655 East Jersey St., Elizabeth

Alcoholics Anonymous

Friday 7:30 pm – 8:45 pm

Roberta Braneck, Community Liaison, (908) 994-7438
Grassmann Hall, 655 East Jersey St., Elizabeth

HIV Education and Support Program for HIV Positive Patients

Monthly. Call for scheduled dates/times.

Ebony Washington, (908) 994-7158

Early Intervention Program Clinic, 655 Livingston St.
Monastery Building, 2nd Floor, Elizabeth

HIV Positive Men Support Group

Last Tuesday every other month, 4:00 pm – 5:30 pm

Ebony Washington, (908) 994-7158

Early Intervention Prevention Clinic
655 Livingston St., Monastery Bldg., 2nd Floor, Elizabeth

Mental Illness Support Group (NAMI) for Spanish Speaking Participants

4th Friday of each month, 6:30 pm - 8:30 pm

Mike Guglielmino, (908) 994-7275

Martha Silva, NAMI 1-888-803-3413

6 South Conference Room, Williamson Street Campus
225 Williamson Street, Elizabeth

TRINITAS CHILDREN'S THERAPY SERVICES

899 Mountain Avenue, Suite 1A, Springfield

"10 Tips for..." Workshops

Now in its fifth year, 10 Tips Workshop Series offers content for adults who work with children of all ages with an emphasis on preschool and school aged children. Tips are geared toward home, school, and community environments. All workshops take place in Springfield. Workshops are \$15 each but discounts are available for enrollment in multiple sessions. Remaining workshops in this series will appear in future issues of EDGE Magazine.

Tuesday, September 23, 6:00 pm – 7:30 pm

10 Reasons Why A Child May Need A Fine Motor Evaluation

Tuesday, October 14, 6:00 pm – 7:30 pm

10 Reasons Why a Child May Need a Gross Motor Skills Evaluation

Tuesday, November 11, 6:00 pm – 7:30 pm

10 Reasons Why a Child May Need an Oral, Motor or Articulation Evaluation

Tuesday, December 9, 6:00 pm – 7:30 pm

10 Reasons Why a Child May Need a Visual Perceptual Evaluation

Tuesday, January 13, 2015, 6:00 pm – 7:30 pm

10 Reasons Why a Child May Need a Sensory Processing Evaluation, Part 1

To register for one or more workshops or for more information, please contact Christine German, MS OTR at CGerman@trinitas.org or (973) 218-6394, ext. 4012.

Winter Programs: Sept 29 - Jan 2, 2015

The following programs run once a week for 45 minutes. They are a great alternative to direct therapy services. They give children the opportunity to address key developmental areas in structured but busier environments which are more reflective of typical real-life situations.

Gross Motor Circus

Children will enjoy this dynamic sensory-motor group where they will learn through movement and sensory exploration in our fun, child friendly environment. Entertainment and comedy, kids style, make this a fun experience.

KINECT™ KIDS

Four to 12 year olds have the opportunity to participate in this motor planning/ coordination group that utilizes games on the X-Box Kinect™. Children will learn while playing fun games that allow our therapist's to keep data showing direct progress in motor skills. Skills practiced include kicking and dribbling a ball, jumping rope, throwing, catching, and physical exercise. Every child will want to attend this group!

Scribbles to Script

Handwriting for preschoolers through elementary school aged children in a fun atmosphere that uses multi-sensory activities to reinforce learning.

Social Butterflies

This program helps children to learn how to interact socially while engaged in a combination of tabletop and movement-based activities.

Sports 1 Step at a Time

Children ages 4 - 12 are introduced to several sports, including soccer, baseball, basketball, and kickball, in a non-competitive group setting.

Typing Whizkids

1st graders through middle schoolers will participate in functional tasks that will allow them to learn efficient keyboarding skills with emphasis on speed and accuracy.

Parents' Night Out

Dates to be announced

To register for any programs or for more information, please contact Kevin Nelson at knelson@trinitas.org, (973) 218-6394, ext. 13, or fax (973) 218-6351.

To learn more, visit www.childtherapynj.com

SPECIAL PROGRAMS

Total Joint Replacement: Get the Facts to Make an Informed Decision

Information about managing arthritis, consulting with your physician about a total joint replacement and the Total Joint Replacement Program at Trinitas Regional Medical Center

Second Wednesday of each month

5:30 - 6:30 pm

Physicians Conference Room, Lower Level
Administrative Services Building, Trinitas Regional Medical Center, 210 Williamson Street, Elizabeth, NJ
Call (908) 994-8939 to register.

Breast Health and You

Educational workshops, scheduled by request, presented with care and compassion, on the topic of breast health, the facts about breast cancer, its early detection, and coping with a breast cancer diagnosis.

BILINGUAL - SCHEDULED BY REQUEST

Contact Amparo Aguirre, (908) 994-8244 for further information and to request a workshop.

Ask the Pharmacist: Medication Management

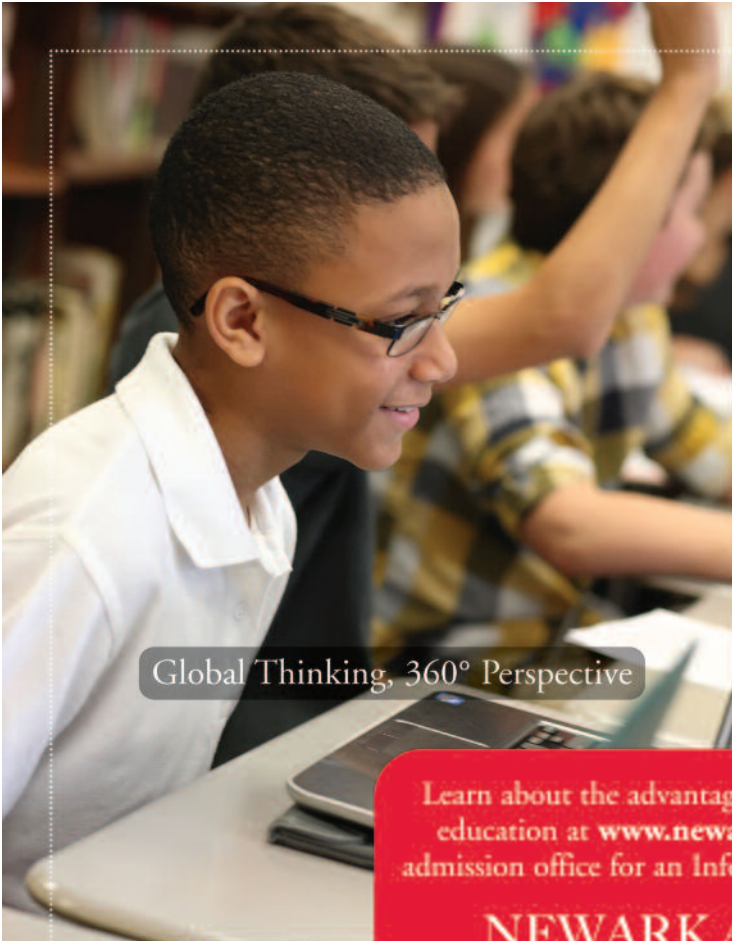
Free of charge, by appointment only.
Monthly on the 4th Tuesday

11:30 am - 1:00 pm

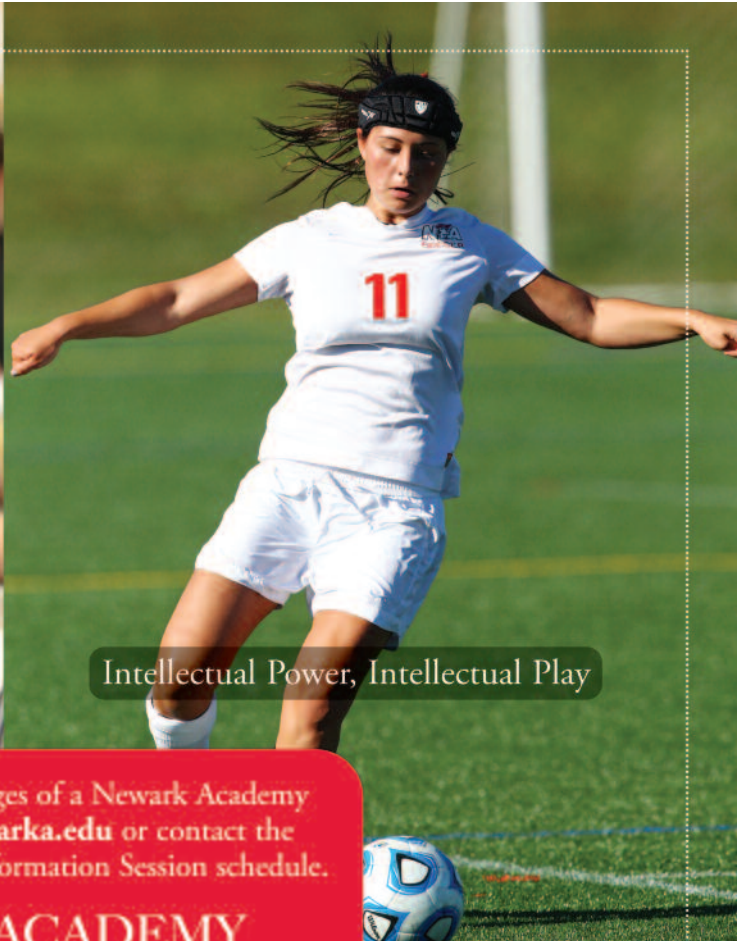
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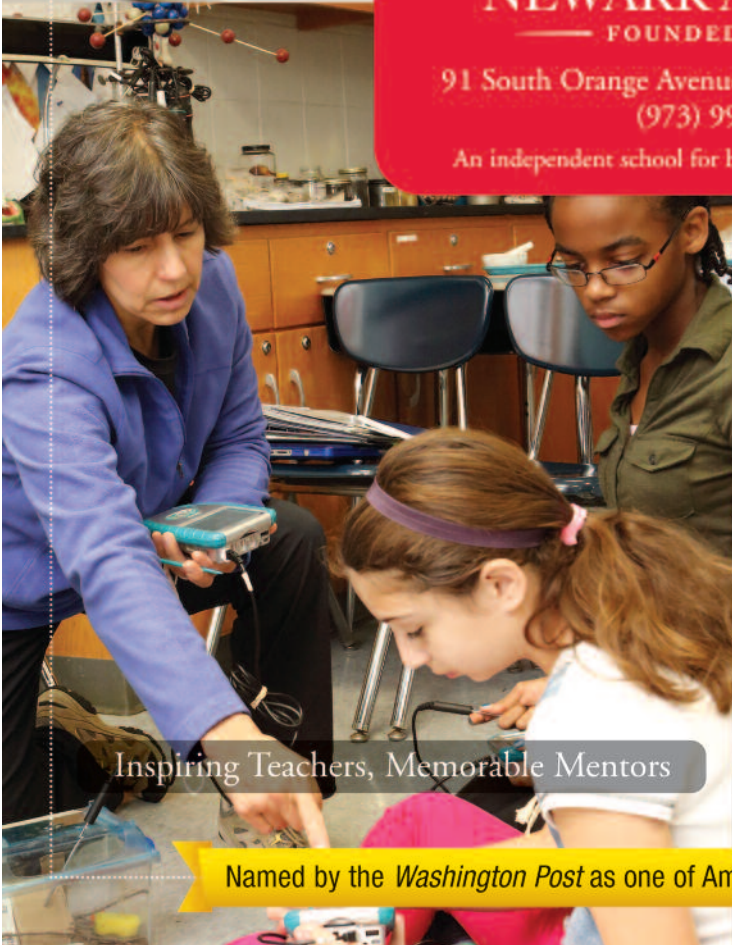
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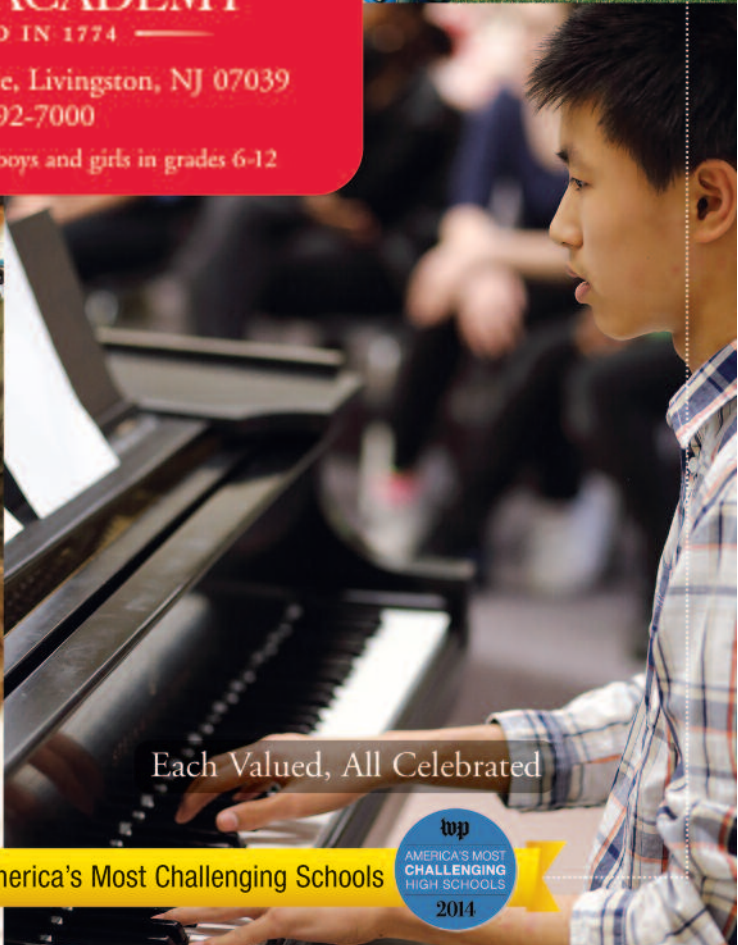
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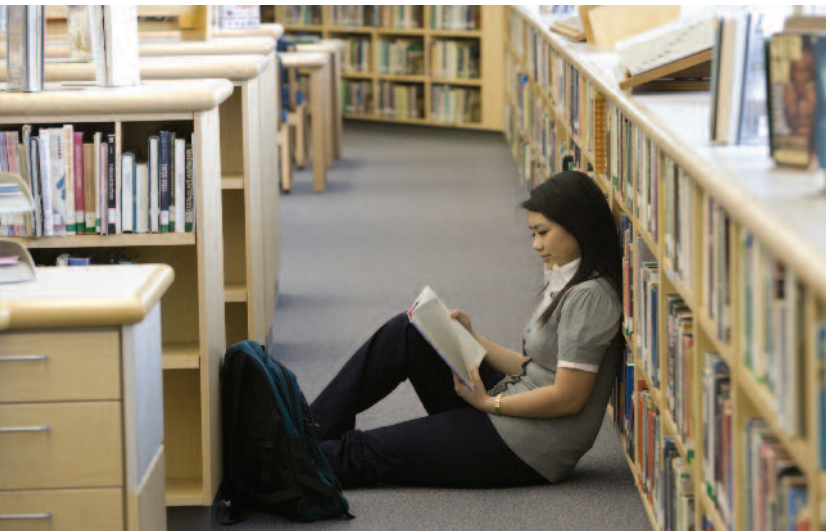
Page Turners

According to leading New Jersey educators, the case for a challenging literature curriculum is open-and-shut.

By Christine Gibbs

A couple of months ago, I convened five of my old school girlfriends during our annual reunion to discuss our all-time favorite middle-school (we called it “junior high” back then) Summer Reading List titles. There was an immediate consensus about *Catcher in the Rye*, *To Kill a Mockingbird*, and *The Heart is a Lonely Hunter*. These novels represented our first foray into more serious, more adult fiction, offering themes of rebellious

angst, social injustice, and seemingly insurmountable challenges. We also agreed that, as parents (and now grandparents), we were all too familiar with the moaning and groaning of subsequent generations when presented with the dreaded list. Perhaps it’s overscheduling or shorter vacations or digital distractions, but it seems as if the “I can’t wait to read it” treasures of our early teens have become the “Do I have to read it?” chores for a lot of kids today.



www.thinkstockphotos.com

For generations the great literary safety net has been supplied by our schools. Whether reading comes naturally to a student or is a bit of a forced march, every child is exposed to the enlightening qualities of a great book sometime in the vicinity of 6th Grade, and in most systems the rubber meets the road in 7th. By high school, kids have been introduced to literature in a meaningful way; they get why reading matters. For some it sticks, for others it doesn't.

The responsibility of educators is to inspire their students to read. (It's up to authors to keep readers *reading*.) Some school systems in New Jersey do a magnificent job. Others have become less demanding of their students, and even of their teachers. In assessing the relative merits of a child's educational options, parents would be wise to ask questions about how great literature fits into a school's overall philosophy. We put this question to a number of top schools in the Garden State.

"The job of a teacher is not just to find the right book, but to start a student on a lifetime of reading pleasure."

—Dr. Peter Lewis • Head of School
The Winston School • Short Hills

Dr. Lewis defines the basic literacy goal for all students as "getting pleasure out of print," adding that "with literature, we need to find a theme that will spark interest—but first we need to provide the techniques and strategy to decode the words, starting in the lower grades." At Winston, non-fiction

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is typically factored in during the Middle School grades. Often the hero is a very ordinary human being who rises to meet and overcome challenges. For example, *Mountains Beyond Mountains*, by Tracy Kidder, is a book about Dr. Paul Farmer and his inspiring quest to cure infectious diseases around the world.

Be it fiction or non-fiction, Dr. Lewis believes that, from an academic perspective, all literature is still fundamentally “text,” and the challenge is to keep students enraptured by the written word rather than put off by the hurdles of decoding them. That effort includes booking author visits to add a living component to the books students are reading. On a school trip to see Orlando Bloom in *Romeo and Juliet* on Broadway, Bloom met with Winston students and explained that although he had been dyslexic as a child, he had managed to overcome his early challenges to pursue and achieve his lifelong dream of becoming a modern-day Shakespearean actor. Dr. Lewis used the opportunity to emphasize to his students that “Just because it’s hard to do, doesn’t mean you can’t do it.”

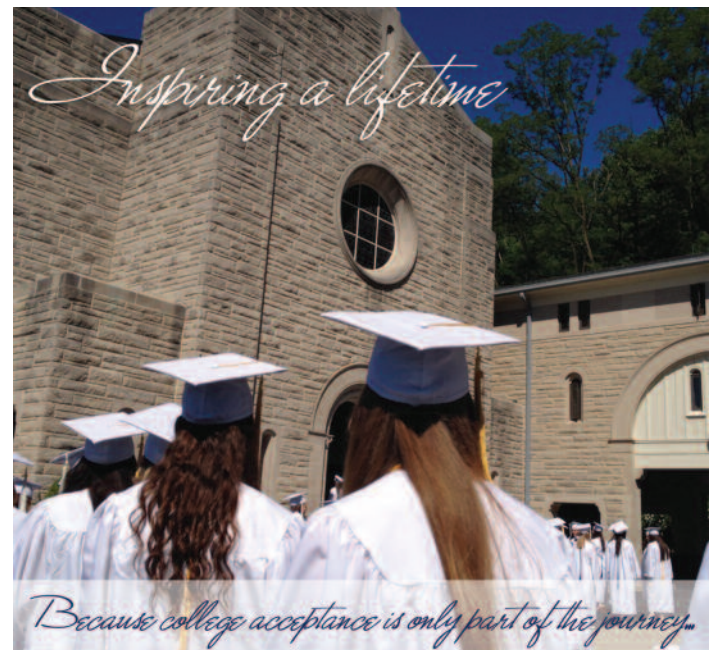
“Avid readers make awesome writers.”

—Mary Schoendorf • Middle School Literature Coordinator
St. Bartholomew Academy • Scotch Plains

The kids at St. Bartholomew are in a “trilogy mode,” particularly by authors Suzanne Collins (*The Hunger Games*) and Veronica Roth (*Divergent*). Schoendorf has noticed that this popular reading genre has been influencing her students’ writing, which is immensely gratifying. Middle schoolers she notes, tend to be a bit unfocused in their writing. Often her role is to help fine-tune their efforts and come more quickly to the point they want to make.

To inspire her students’ interest in literature, Schoendorf regularly offers video clips about the authors to help bring them to life. She also insists on “web quests,” where students are required to research the author’s life and time—all before they even open the book. “This way,” she points out, “the book itself becomes the reward...and one that they can’t wait to start reading.”

Schoendorf also tries to nudge them out of their literary comfort zone into other genres (e.g., the classics). In doing so, she assesses class profiles in order to determine the



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most appropriate literature for the grade level, beginning with what she believes a class can emotionally handle. For example, she would ordinarily avoid Edgar Allan Poe, at least until the 7th Grade. For her 6th Graders, she might substitute *The Hatchet*, a young-adult wilderness survival novel by Gary Paulsen—an adventure story that is not as dark as Poe's work, but offers all the same basic literary suspense elements. Recently, Schoendorf successfully introduced the 7th Graders to *The Wednesday Wars*, by Gary Schmidt—a coming-of-age story about a 7th grader. Her students were so impressed by the protagonist's interest in Shakespeare that they asked for a Shakespeare unit in their own classroom, which is now known as Shakespeare Wednesdays. In fact, they even volunteered to give up half their recess for more class time with the Bard...which only proves her favorite point: "Get them interested, and they'll bite."

"Many of the most popular books fall into the category of dystopian literature, where the person who saves the world is a young adult."

—Barbara Dellanno • Dean of Academic and Faith Formation
Union Catholic High School • Scotch Plains

Dellanno, who doubles as Union Catholic's Humanities Curriculum Specialist, sees the goal of both parents and teachers when it comes to young adult literature as "getting them hooked on reading for pleasure." Her opinion about much of the YAL being written today is that it does just that. In fact, she admits to getting hooked herself on such contemporary classics as the Harry Potter series. Dellanno also believes it's a positive for young readers to form their own tastes and reading habits. "I think that it is important that teachers and parents allow them to choose what they want to read," she says, adding that there's no harm in an occasional comic book or sports magazine.

The point is to get them reading and, once they develop the habit, they are more easily encouraged to branch out into serious literature, even the classics. Not surprisingly, Dellanno gives a thumbs-up to trending series literature, such as *The Hunger Games*, *Twilight*, *Maze Runner*, *Divergent*, *Gone*, and *Park Service*. As for singular novels, she favors *The Book Thief* and *Wonder*, as well as novels like *Fahrenheit 451* and *Persepolis*. As for popular authors,

continued on page 68

SO YOU WANT TO WRITE A YOUNG ADULT BEST-SELLER...

In a recent article in *Atlantic Magazine* by Nolan Feeney, "The 8 Habits of Highly Successful Young-Adult Fiction Authors," several recognized authors shared their secrets to success. To be a winner, a YA book of fiction must be:

- **Attention-grabbing**...from the minute the book is opened until the last page is read.
- **Age-appropriate**...with someone in the book being a peer of the targeted reader.
- **Relatable**...to teenage experiences, even some that may be dark, but familiar.
- **Meaningful**...inspirational but in a realistic way.
- **Believable**...from an author who can think like a young teen and sound like one, too.
- **Respectful**...with no patronizing or "dumbing down" of information.



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Thursday, December 4 at 9:30 am

Thursday, January 29 at 9:30 am

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she lists Jerry Spinelli, Walter Dean Myers (a recently deceased resident of Jersey City), Sarah Dressen (for girls), and Elizabeth Wein (for historical fiction). “Dystopian-themed novels,” Dellanno notes, “are empowering and reflect a way for the younger generation to cope in a healthy way with our post-9/11 world.”

When asked why *To Kill a Mockingbird* seems to top everyone’s list of Middle School classics, Dellanno explains that it is a great tool to teach the important elements of fiction (setting, point of view, foreshadowing and symbolism), and that the 1962 film starring Gregory Peck enables students to compare and contrast great writing and great filmmaking techniques. “Also, the essential questions raised by the novel grip students and make them think and want to discuss what they have read with one another,” she says. The 1960 novel by Harper Lee happens to be Dellanno’s all-time favorite.

**“The classics speak to the human condition
and teach lessons about life to which all people
can relate.”**

—Dr. Martine Gubernat • Chair of English Department
St. Joseph High School • Metuchen

The freshmen boys at St. Joe’s dive right into great literature in English I, including short stories, nonfiction, drama, novels, mythology and poetry. During a typical year, they’ll digest Shakespeare’s *Julius Caesar*, *Inherit the Wind* and *The Call of the Wild*. This sets the stage for English II, which focuses on American literature; English III, which transports young readers across the ocean for a year of British lit.; and finally to English IV and AP classes that feature challenging selections of world literature.

According to Dr. Gubernat, classic literature is at the heart of the English curriculum all four years. “The classics,” she says, “help readers to consider the impact of events—both large and small, positive and negative—on ordinary people.” The “noble language” of the classics, she adds, serves as the basis for student analysis and evaluation of the written word.

“The written language is still king.”

—Whitney Slade • Head of School
The Rumson Country Day School • Rumson

The 2014–15 school year will be Slade’s first at RCDS, an independent K–8 school in Monmouth County with a strong



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historical commitment to fostering an appreciation of literature. The nature of how great writing is delivered, he notes, is changing...and with change comes trepidation on the part of parents and educators. "With the advent of the Internet and social media there is fear—real or imagined—that students will be distracted from reading and the joys of literature," he says.

Slade believes that it is incumbent upon teachers, parents and caregivers to foster reading whenever possible. However, it needs to be on the young person's terms. Whether reading an online version of a novel or a well-written publication, engaging in a worthy blog, or simply making a monthly visit to the bookstore, exposure is key. The form it comes in, he insists, should be irrelevant. "Good writing is as important as ever in binding us together, sharing a common history, fostering creativity, and developing skills for an unpredictable workplace," Slade says.

"Books can evolve with you and your understanding of them can evolve, too...that's just one wonderful thing about my job."

—Lou Scerra • English Department Chair
Newark Academy • Livingston

At first glance, the literary spread between 6th and 12th Grades at Newark Academy seems extremely ambitious. The 6th Graders are reading *A Midsummer Night's Dream* and *Nothing But the Truth*, a novel about a boy suspended for humming the national anthem. The seniors are tackling

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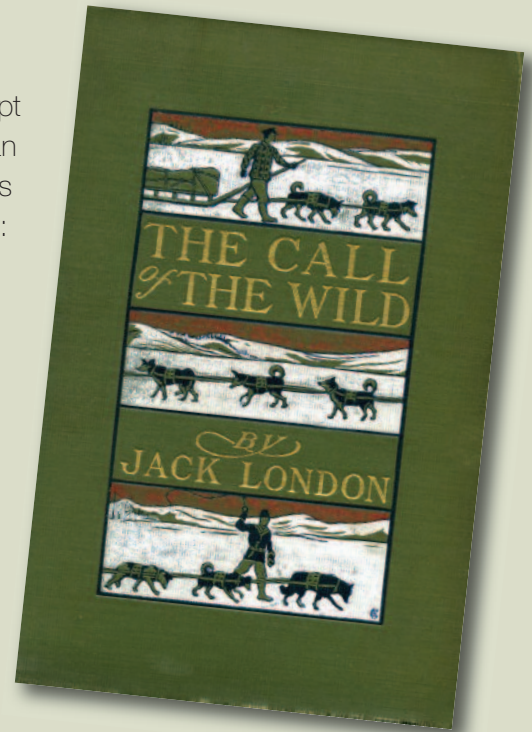
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DIRTY DOZEN

John F. Kennedy once said that libraries should be open to everyone—“except the censors.” At one time or another, some of the great works of American Literature were included on official lists of Banned Books for public schools and libraries, including the 12 below. All, by the way, made it onto another list: the Library of Congress Books That Shaped America...

- The Scarlet Letter* • Nathaniel Hawthorne (1850)
- Moby Dick* • Herman Melville (1851)
- Leaves of Grass* • Walt Whitman (1855)
- The Red Badge of Courage* • Stephen Crane (1895)
- The Call of the Wild* • Jack London (1903)
- The Great Gatsby* • F. Scott Fitzgerald (1925)
- Gone with the Wind* • Margaret Mitchell (1936)
- The Grapes of Wrath* • John Steinbeck (1939)
- For Whom the Bell Tolls* • Ernest Hemingway (1940)
- The Catcher in the Rye* • J. D. Salinger (1951)
- To Kill a Mockingbird* • Harper Lee (1960)
- Where the Wild Things Are* • Maurice Sendak (1963)



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Alison Bechdel's 2006 graphic memoir, *Fun Home*, Junot Diaz's Pulitzer-winning 2008 novel *The Brief Wondrous Life of Oscar Wao*, Virginia Woolf's 1925 *Mrs. Dalloway*, and the playwright Tom Stoppard's *Arcadia*. In between, students are introduced to Harper Lee, F. Scott Fitzgerald, Walt Whitman, Toni Morrison and John Green.

Serra, who heads the school's literature-based English Department, points out that much of the literature he assigns is driven by story and character. He meticulously selects texts that are developmentally appropriate in terms of form and content, saying, "I'd like to think we have a nice blend of traditional classics and contemporary literature that all speak to the concerns of the 21st century world. We're always eager to add new texts into the curriculum and we also try to listen to student input."

Serra's personal favorite is *The Great Gatsby*—the subject, as it happens, of his undergraduate thesis. Interestingly, he credits his sophomores with having helped him to "see the characters, the story, and the novel itself in a new way."

Inside the Numbers

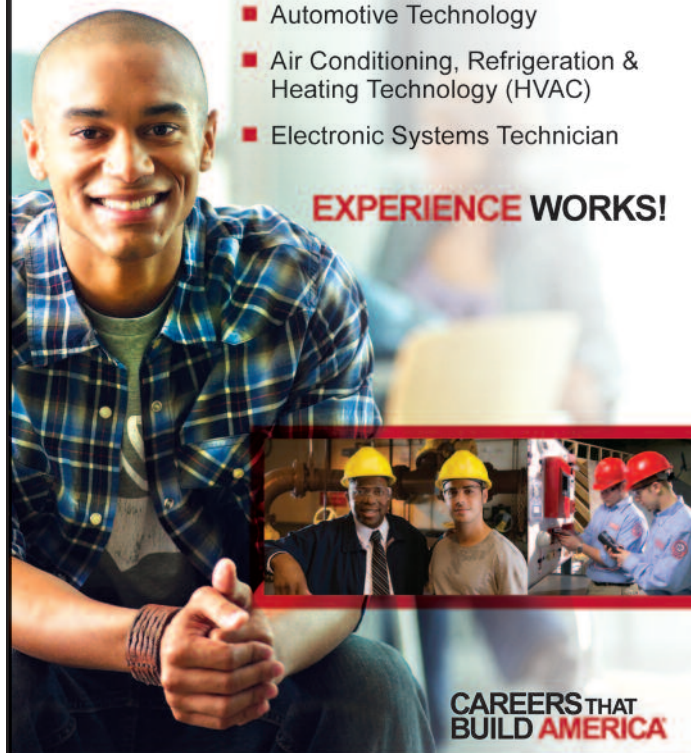
The U.S. publishing world generated \$27.01 billion in net revenue in 2013, selling 2.59 billion units according to a recent report from the Association of American Publishers and BISG (Book Industry Study Group). A large chunk of that business is attributable to YAL. In December of last year, a report on CBS News indicated YAL sales were up 24 percent since 2010, making it the fastest-growing publishing market sector. Long overlooked by the big publishers, these books have actually become popular with adults, too; the report estimated that about 80 percent

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of YAL buyers are over 18...and not all of them are buying for kids.

In terms of embracing non-paper delivery methods, the news is also positive. An article in *New York Magazine* last year entitled “YAL by the Numbers” showed that, in 2002, fewer than 5,000 YA titles were published—of which only 143 were ebooks. By 2012, the number of titles had more than doubled over 10,000, of which 40 percent were of the ebook variety.

Good literature comes in many shapes and sizes—from traditionally leather-bound library tomes to dog-eared and page-worn paperbacks to the latest palm-held backlit digital readers. There are some among us who would never trade that special feeling that comes from physically opening a “real” book and thumbing through it page-by-page. On the other hand, the popularity of audio and ebooks, whether delivered to a Kindle, a Nook, or some other experience-enhancing device, has expanded exponentially, especially among the younger generation. Whatever or however a person prefers to read, it is the actual commitment to read that really matters. And for that we count on our educators—more heavily now than ever. **EDGE**



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IT'S A GIFT!

Bright Ideas for Book Lovers By Christine Gibbs



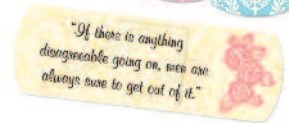
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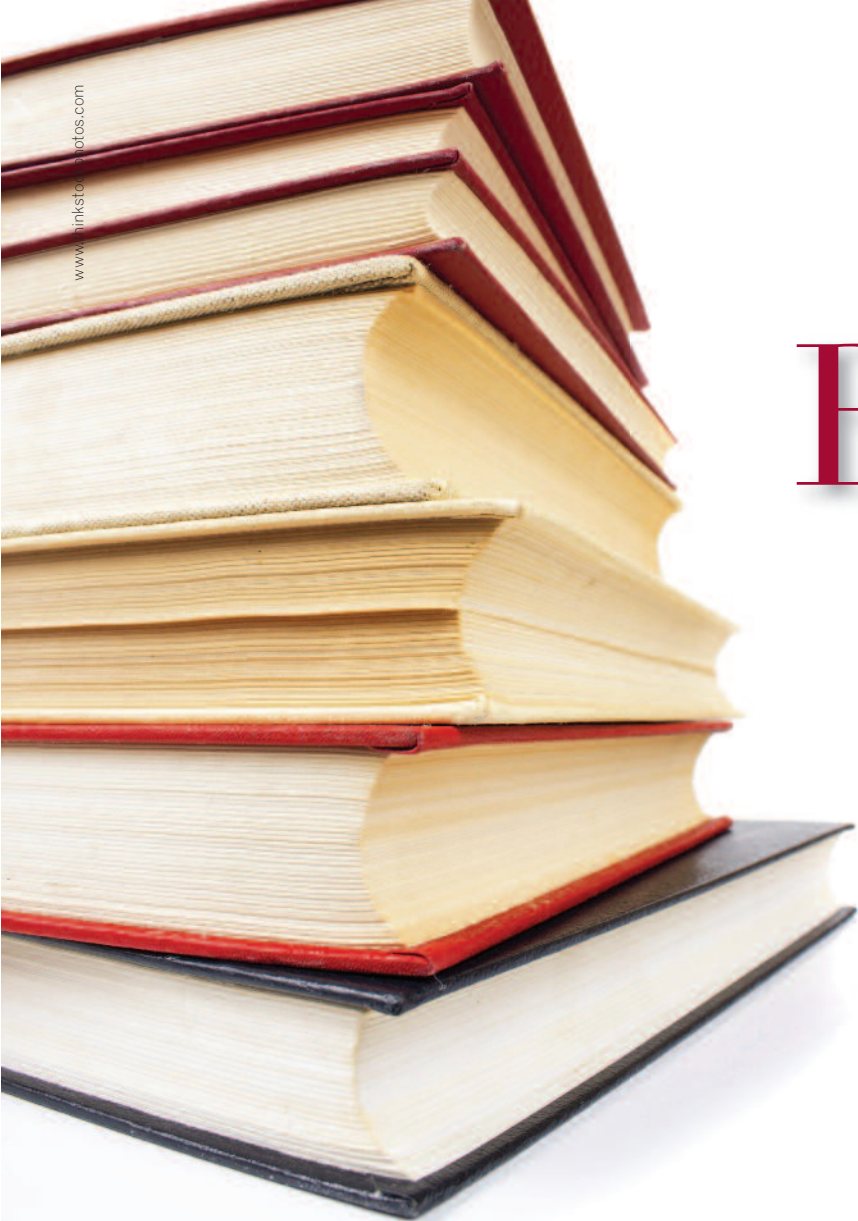
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Reading Matter

The 25 books all New Jerseyans should have in their homes

By Mark Stewart

Am I missing something? How did being “book-smart” become a bad thing? More to the point, when did TV and the Internet become more reliable sources of ideas and information than a well-written, proofed and edited book? Honestly, sometimes I wonder if we’ve all become a little book-*stupid*. As a transplanted Manhattanite who put down roots in the Garden State more than three decades ago, I made it my mission to learn as much as I could about New Jersey as

quickly as possible. Thirty-one years later, I am still turning pages (and keeping my local Barnes & Noble afloat) with no end in sight.

Where all of that reading has gotten me is to the realization that New Jersey is a land of multiple personalities and myriad identities. The deeper one drills down into the history or the culture or the literary heritage of the state, the more utterly new and fascinating stories begin to reveal themselves. I was probably in my 40s when it finally dawned

on me that I would never be able to synthesize all of the information trapped in the 200 or so books (now 300 or so) I owned that are relevant to New Jersey.

Not long ago, I was discussing this very point with a visitor to my home—a relatively recent transplant in the Garden State. How, he asked, would I characterize exactly what it means to be a New Jerseyan? Well, I replied, you won't find your answer online. It's somewhere on these bookshelves. Then he asked the better question: Which 25 would you pull off the shelves to get me started?

I was amazed how quickly I was able to narrow down my collection. What I ended up with was a mix of works covering history, culture and fiction—most of them recently published, some very well known, a few not. You may find my Top 25 light on dirty politics, organized crime, pollution, gambling and diners—five themes that certainly have generated their fair share of books—but hey, this is my list. Go make your own!

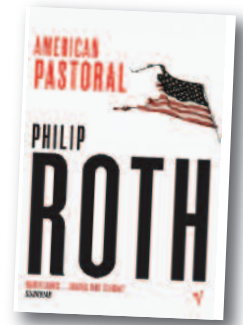
No, *really*. Pick your own Top 25. In fact, I hope you get to the end of this story and disagree with at least half of my choices. Because, truth be told, that's what being book-smart is all about. Happy hunting!

1609: A Country That Was Never Lost
History • Kevin Wright • 2009

Forget everything you learned in school about the Lenni-Lenape. Kevin Wright unearthed original documents from the 1600s and 1700s for *1609*, which repaints the picture of colonial New Jersey in some eye-opening ways.

American Pastoral
Fiction • Philip Roth • 1997

Roth's novels are very New Jersey-centric, so any of his award-winning books technically could make this list. *American Pastoral* focuses on the tumultuous life of a former athletic star modeled on Newark's legendary Swede Masin.



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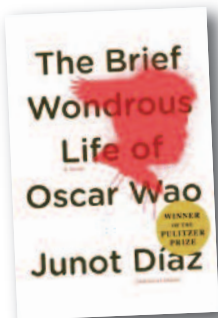
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GREAT THINGS.

Are You There God? It's Me, Margaret

Young Adult Fiction • Judy Blume • 1970

Margaret is a sixth grader who moves from New York City to the New Jersey suburbs, where she begins an unforgettable search for spiritual answers. Is there a girl under the age of 50 who hasn't read this book?



The Brief Wondrous Life of Oscar Wao

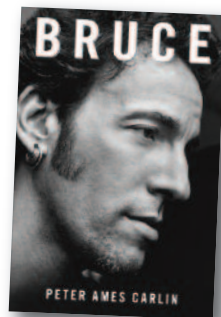
Fiction • Junot Diaz • 2007

Much of this Pulitzer-winning novel is set in the Dominican Republic, but the central character, Oscar, is a Paterson teenager trying to balance love, life and a sci-fi obsession with his family heritage.

Bruce

Biography • Peter Ames Carlin • 2012

EDGE interviewed Peter right after his Springsteen bio came out, and it has since been heralded as the "Best on Bruce" by his legion of fans.



Eddie and the Cruisers

Fiction • P.F. Kluge • 1980

This novel, set in South Jersey during the early 1960s, has been called the *Citizen Kane* of rock & roll. No argument here. The movie was very good; the book is even better.

Encyclopedia of New Jersey

Reference • Marc Mappen • 2004

Keep this 900-plus-page book within reach at all times. Though a decade out of date, it still provides a superb starting point for virtually anything you need to know about the Garden State. Mappen's books and newspaper pieces on Jersey culture and history are legendary.

Freedom Not Far Distant

History • Clement Price • 1980

A scholarly work on the African-American experience in New Jersey by the Rutgers U. professor who was recently named City Historian of Newark.

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Howl and Other Poems

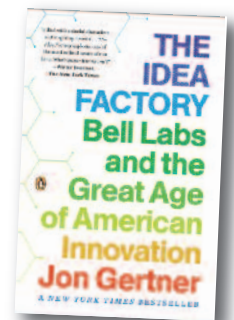
Poetry • Allen Ginsburg • 1956

This collection includes Ginsburg's two best-known poems, *Howl* and *A Supermarket in California*. Though not specifically tied to New Jersey—and more famous for its influence on the Beat Generation—this book presents the Newark-born poet at the height of his literary powers...and was just too hard to put back on the bookshelf once I pulled it off.

The Idea Factory: Bell Labs and the Great Age of American Innovation

Non-Fiction • John Gertner • 2013

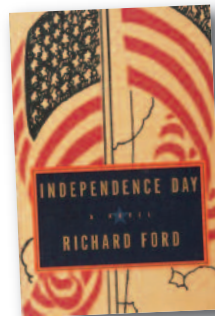
I have come to know many now-retired scientists who worked at Bell Labs. What they accomplished—and how they attacked the problem-solving process—is truly humbling. I couldn't wait to get my hands on this book.



Independence Day

Fiction • Richard Ford • 1995

No, it's not a book about an alien invasion. *Independence Day* is one of Ford's three novels starring New Jersey real estate agent Frank Bascombe. Each is a Faulkner-esque masterpiece in its own right, but this book won a Pulitzer, so it's the one I'm going with.



Jernigan

Fiction • David Gates • 1991

As first novels go, this one by David Gates is nearly unimprovable. Central character Peter Jernigan sounds like an adult version of Holden Caulfield, with suburban New Jersey as a backdrop.

The Jersey Game: The History of Modern Baseball from Its Birth to the Big Leagues in the Garden State

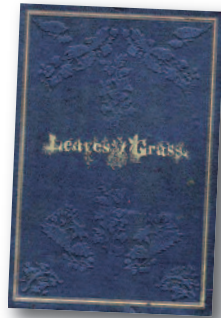
Sports • James Di Clercio • 1993

Truth be told, I have yet to discover a great, scholarly book covering the history of New Jersey sports. This one makes the list for its sharp focus on baseball in the 19th century.

Leaves of Grass

Poetry • Walt Whitman • 1891

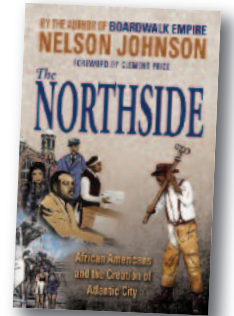
Whitman actually published the first collection of his writing under this title in 1855. He constantly reworked the poems and kept adding more until the final version, published prior to his passing in Camden in 1892. He had moved to the Garden State in the 1870s. *Leaves of Grass* praises the wonders of nature and the human spirit.



The North Side: African Americans and the Creation of Atlantic City

History • Nelson Johnson • 2010

We all know what happened to Johnson's earlier book, *Boardwalk Empire*. I pick this one, however, because it presents a side of the same story that was underexplored in the HBO series.



New Jersey: A History of the Garden State

History • Maxine Lurie & Richard Veit, Editors • 2012

As essay collections go, this is the one I now reach for when I need to bone up on my regional history. It is structured chronologically and features an introduction by Marc Mappen.

Past and Promise: Lives of New Jersey Women

History • Joan Burstyn • 1997

This work of collective biography does an excellent job of highlighting the achievements and contributions of New Jersey women from colonial times up through the late 20th century. I'd love to see a second, updated edition.

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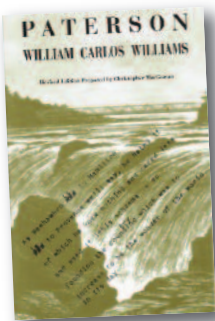
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Paterson

Poetry • William Carlos Williams • 1963

Williams began publishing his poems about Paterson in the years after World War II. They were finally collected in a 1963 volume. Williams approached his subject as a reporter might, and then transformed his research into a sometimes-eccentric new form of American poetry.

The Pine Barrens

Non-Fiction • John McPhee • 1968

This book was originally published as nine articles in *The New Yorker*. It is an incredible snapshot of an untouched wilderness in the shadow of two major urban centers. If you are trying to decide which book on this list you should read first, strongly consider McPhee's.

Rebellion In Newark

Non-Fiction • Tom Hayden • 1967

Were the infamous Newark Riots riots at all? Hayden's

detailed account of the events leading up to and during the six days of murder and mayhem still stands up after all these years—and raises a number of troubling questions about New Jersey's darkest hour.

This Is New Jersey

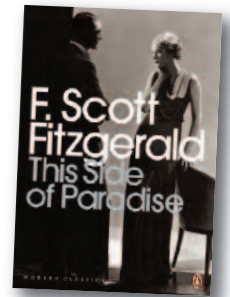
History • John Cunningham • 2012

Some version of this book was probably your textbook in 4th or 5th Grade. Cunningham was the state's unofficial popular historian for nearly seven decades from the 1940s until his passing in 2012.

This Side of Paradise

Fiction • F. Scott Fitzgerald • 1920

The heck with *The Great Gatsby*. This was the novel that catapulted Fitzgerald into the post-WWI literary scene. The story of Amory Blaine (a thinly disguised F. Scott) explores love, greed and social climbing among the Princeton elite. The initial printing sold out in three days.



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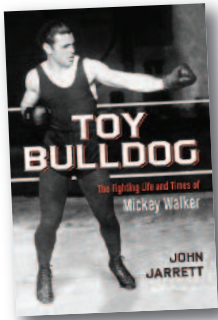
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Toy Bulldog: The Fighting Life and Times of Mickey Walker

Biography • John Jarrett • 2013

The story of boxing in New Jersey intersects with so many other themes that I had to include one book on the sport. Mickey Walker wins a split decision over the better-known Jimmy Braddock story, *Cinderella Man*. Though both stories are compelling, Walker's takes place during the Prohibition Era and is far more colorful.

Weird N.J.

Non-Fiction • Mark Moran & Mark Scurman • 2003

You've probably come across the magazine created by these two guys a million times. Their first book hit the stores a little over a decade ago. If you ever have a hankering to root around abandoned psychiatric hospitals and the like, consider this your travel guide.

A Woman's Crusade: Alice Paul and the Battle for the Ballot

Biography • Mary Walton • 2010

After more than a half-century of steady-but-slow progress by the women's suffrage movement, New Jersey's Alice Paul rolled up her sleeves and finished the job by employing an out-of-the-box brand of civil disobedience that forever changed the way Americans stand up to their own government. **EDGE**

Editor's Note: Mark Stewart has authored six books on his adopted home state, all published by The Heinemann Library, as well as a history of the New Jersey Devils. None made the cut. Which book just missed squeezing into the list? "Number 26" was the 2001 suspense novel set in Spring Lake, *On the Street Where You Live*, by Mary Higgins Clark. Anyone who's thinking of digging a backyard swimming pool might first want to check out this supernatural cautionary tale!

The Cover Story

(76) Houghton Mifflin; (77) Riverhead Books; Touchstone Publishing; (78) Penguin Books; Alfred A. Knopf; (79) Upper Case; Rutgers University Press; Plexus Publishing; (80) New Directions; Scribner Publishing; (81) McFarland & Company.

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Celebrating Survivorship

at Trinitas Comprehensive Cancer Center

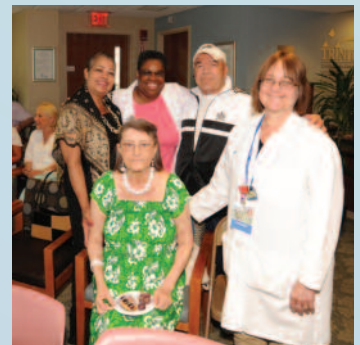


"Patients Are Our Pearls" fittingly captured the precious nature of cancer survivorship at the Trinitas Comprehensive Cancer Center's ninth annual celebration of Survivors Day in June. Staff members at the Center created an afternoon filled with activities offering support and encouragement to cancer survivors, their families and friends.

Barry Levinson, MD, Medical Director of the Center, celebrated the number of survivors at the event as he spoke of progress made in cancer research and treatment, thanks to the Center's participation in clinical trials as an affiliate of the Jefferson Kimmel Cancer Network. Carol Blecher, Advance Practice Nurse, shared her experiences with survivors and their families, while several survivors offered their testimonies. Juanita Fryar, RN, Administrative Director of Medical Oncology, inspired the guests when she read a poem celebrating hope. Sharon Kurtz, RN, demonstrated integrative therapies available at the Center that often enhance the patient's treatment experience and improve quality of life. Patient Navigator Veronica Velasquez and Social Worker Roxanne Ruiz-Adams created a canvas displaying the Cancer Center logo and encouraged everyone to place a thumbprint on the canvas. The completed canvas with the bold logo was unveiled at the end of the event.

The harpist who performs regularly at the Center added beautiful musical interludes during the afternoon. Local businesses generously donated baskets that were raffled off to those in attendance.

Camaraderie and displays of support and affection were part of an afternoon of renewal for mind and spirit celebrating what it means to be a cancer survivor.



EDGE

interview

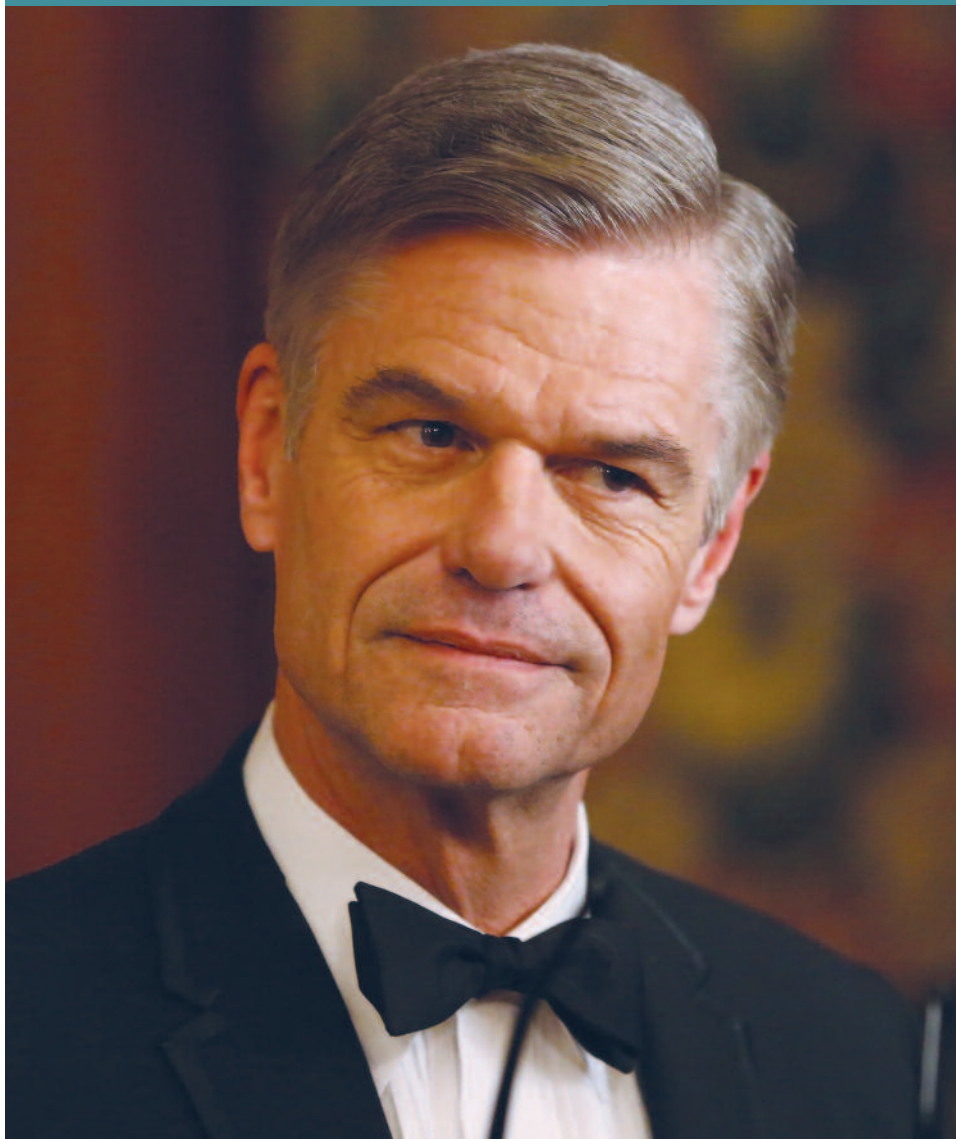
Harry Hamlin

When Princeton-educated F. Scott Fitzgerald wrote that there are no second acts in American lives, it is unlikely he imagined someone like Yale-educated **Harry Hamlin**. Like the figment of a talent agent's imagination, Hamlin arrived on the entertainment scene in the late 1970s with a killer combination of easy charm, classic good looks, impeccable stage training and a knack for making parts his own. After reaching the apex of his profession in the 1980s, he backed out of the spotlight to raise his family. When Hamlin decided to get back into the game, his timing couldn't have been better. Yet, as Editor-at-Large **Tracey Smith** discovered, when it came to landing the role of Jim Cutler in *Mad Men*, timing wasn't everything.

EDGE: In 2014–15, you are a cast member of *Mad Men* and *Shameless*. They are wildly different shows. Are they wildly different sets?

HH: No. They're both extremely professional. John Wells and Matt Weiner are two of the most accomplished and professional writer/show-runners that have ever existed. So you can imagine that everything is extremely well thought-

Photo by Michael Yarish courtesy of AMC



out on both sets. There are very few differences, other than the fact that on the *Shameless* set you're not allowed to have any sides. Sides are small versions of the script that are handed out every day, kind of a crib sheet for the actors. John Wells doesn't permit them; he demands that the actors know all of their lines in advance. Normally, the sides are right there in your dressing room and you look at them to find out what scene you're doing first and what the order of the scenes is, and what words you may need to brush up on. In the car on the way over to the set from the studio, Emmy Rossum said, "You'd better know your lines—if you don't, you're in deep trouble with John Wells and he'll *never* hire you again!" (laughs) So, it's a good thing I knew my lines.

EDGE: How did your casting experience compare on the two shows?

HH: For *Shameless*, I was offered the role and didn't need to read for it, or even meet John Wells. He obviously knew

who I was. Matt Weiner has a policy where he meets everybody that comes on the show, and reads everybody that comes on the show. But he normally doesn't cast anyone who has a profile. He likes actors to be somewhat known, but not really, really *well* known. In my case, there have been times in my career when I have been really, really well known, but not so much lately, because I took some time off to raise my kids. Anyway, I was surprised to get the call from my agent to go in and meet Matt and read for a part they called "Swinger Boss" for *Mad Men*. They told me it would be a one- or two-episode part. I was a fan of Matt's, and I loved the show, so I agreed to go in.

EDGE: But Matt obviously knew who you were.

HH: Yes. The casting directors told me later that they had to spirit me into the room by putting a fake name on the docket for Matt, because they wanted him to see me for this part—but they knew that if he saw my name on the

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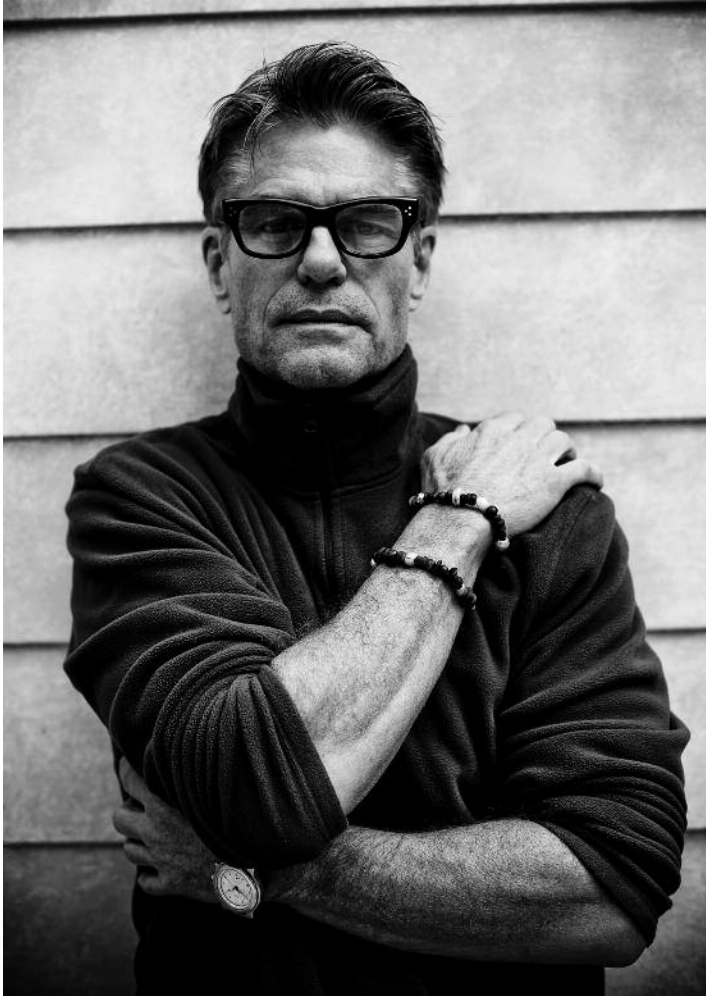


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docket he probably would say, “Wait a minute, what’s he doing here? I don’t see guys who are well known.” So as soon as I walked through the door, there wasn’t much Matt could do but say, “Oh. Hi. How are you? Welcome and let’s read the part.” So I read for the part...and *didn’t get it*. I was disappointed, because I wanted to work on *Mad Men*. But a few months later, they called and offered me another part. They didn’t tell me it was Jim Cutler. They said it might go for two episodes, but definitely one. Once again, I said to myself, *Well, I don’t really do just one episode*, but then [my wife] Lisa said, “Come on! It’s *Mad Men*! You should go in and do it...maybe you could get Jon Hamm’s autograph!” (laughs) So I did. I went in, got the part, and it expanded and became what it has become now.

EDGE: Cutler seems like a deep pool, a pragmatist who plays everything close to the vest. What do you like about that part?

HH: I like that he’s quirky. It’s a chance to play a character that’s somewhat eccentric or a little bit off. I saw Jim being at somewhat of an angle to reality—not exactly a right angle to reality, but maybe thirty degrees off. In my opinion, he has potentially another secret life that has not been

revealed. They gave me a lot of latitude to create the character that I wanted to create. I had to say the words they gave me, but when it came to my behavior, they kind of let me loose.

EDGE: Do we see any Harry Hamlin in Jim Cutler?

HH: No. The rhythm and how he holds his body, I don’t do that at all in life. I actually used my 10th Grade Latin teacher as a kind of a template. I remember him being pretty tightly wound.

EDGE: How would you characterize the quality of the writing on *Mad Men*?

HH: Every single word is well thought out—the choice of every comma, every single nuance of the language. There’s nothing there by accident, and there’s nothing there that hasn’t been embedded over and over again to make sure that the cadence that the actors deliver is exactly the cadence that they want to hear. Oftentimes, narrative dialogue is very right-on-the-money; it’s not how people actually speak. In *Mad Men*, they have integrated spontaneity into the dialogue.

EDGE: You mentioned taking time off to raise your children. What was behind that decision?

HH: I deliberately stepped back from the business when my new flock of kids was born. The hours that we keep on TV shows just do not jibe with raising a family, and with films you’re going on location all the time. It was the late 1990s and the business essentially left L.A. right about the same time the kids were born. You’ll recall that the Canadian dollar went way down, and incentives began to be put into place in different states; Hollywood ceased to be Hollywood about fifteen years ago. When that happened, I said to Lisa, “I’m going to keep working, but I’m only going to work here in L.A. because I want to put these kids to bed every night. We’re going to have to figure out a way to make ends meet and make our lives work with that arrangement.” I already had a son and didn’t get a chance to spend any time with him, because he grew up in Rome and I was working all the time. I was devastated by that, and am to this day. You don’t want to have kids and not be there with them growing



Warner Bros.

up. The most important thing in life is the legacy one leaves with their children. The ability to raise a solid family and be part of it, I think, is the greatest effort that we can make in life. So, I just said, “You know what? We’ll figure something out. I’ll write a book or I’ll do some reality TV, or we’ll do whatever is required to stay in town so that we can put our kids to bed every night.”

EDGE: And it worked.

HH: It did. We were able to do it. Lisa and I both worked and kept the fire going. Then, when the kids were old enough, around 13 or 14, I said, “It’s time now for me to go back to work.” I called my agent and said, “Let’s see what we can find.” *Veronica Mars* shot here, so I could do that. *Army Wives* shot in South Carolina. By then, though, I could leave for a while. *Curb Your Enthusiasm* came up and that was a lucky stroke. Then *Shameless* came up and people liked that, and then I got *Mad Men*. I have been very fortunate that things have worked out as well as they have.

EDGE: Final question...Perseus 1981 or Perseus 2010—which *Clash of the Titans* am I renting tonight?

HH: Well it had better be 1981! (laughs) Little known fact about *Clash of the Titans* that Matt Weiner revealed to me on my first day working on *Mad Men*. They were in the process of casting Jim Cutler and Matt’s 13-year-old son was having a bunch of guys over for a sleepover birthday party. He told his son he could rent any movie he wanted and watch it in the screening room, and his son picked my version of *Clash of the Titans*. Matt said, “You were on my mind two weeks ago when my son asked to have this movie screened at the house.” That’s 30-some years after this film was made. That a kid would still ask to have that movie screened at his birthday party, I was amazed by that. I don’t know whether that had anything to do with his decision to cast me for the role, but that was something he told me my first day working with him.

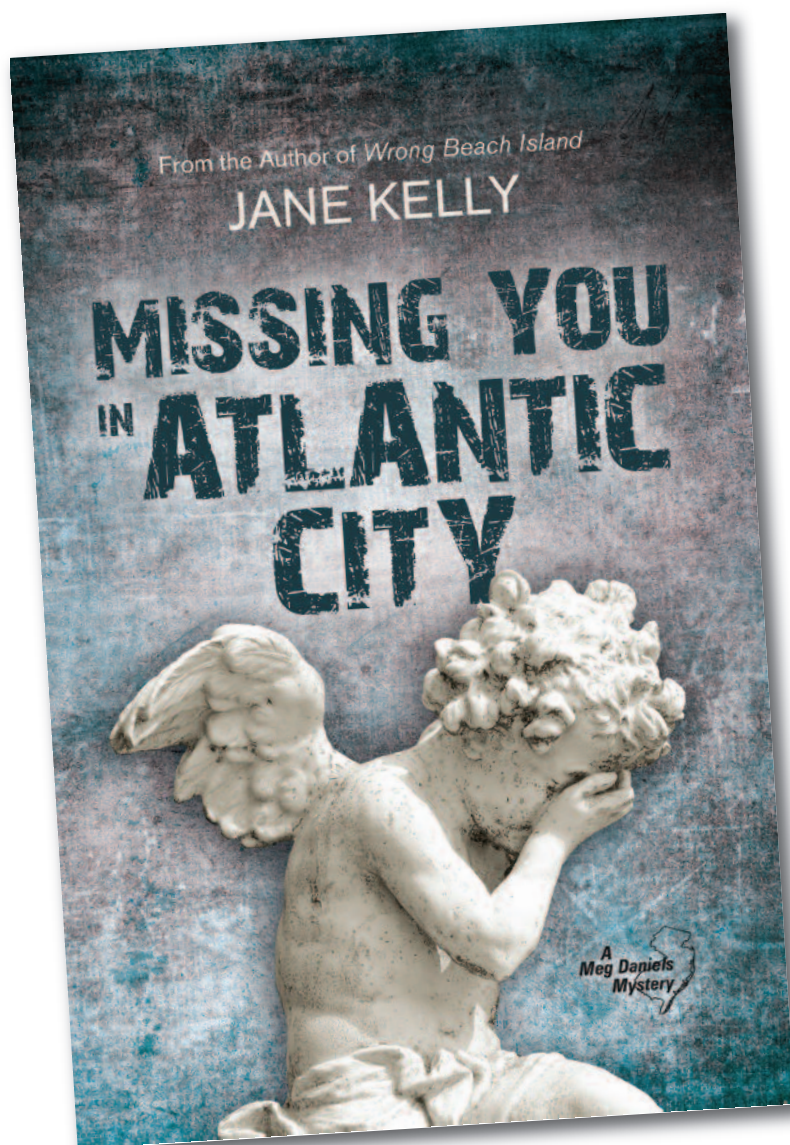
EDGE: What do you recall about *Clash of the Titans*?

HH: Well, we kind of skewered the mythology a little bit. At Yale, I wrote my thesis on Myth and Drama. When I got the script for *Clash of the Titans* many years later, I noticed that the story was all screwed up. Perseus never rode a Pegasus in the original myth. Also, about three-quarters of the way through filming in Malta, they informed me that I would not be cutting off Medusa’s head with a sword. They had been told by the studio in London that the movie might get an X rating for violence, so I couldn’t do it. I said, “If that’s the case, you’re going to have to find somebody else to finish the movie because I’m going back to Los Angeles tonight.” They totally freaked out. They locked me in my trailer and unplugged the electricity. I still refused to do the shot. “You’ve screwed up the mythology so much in this movie—and now you want me to cut Medusa’s head off with my shield? Like a Frisbee? I’m *not* gonna do it!”

EDGE: You won that one.

HH: Yes, I did. **EDGE**

Editor’s Note: Tracey Smith took Harry Hamlin back to his days as a teenager and 20-something, and also quizzed him on his starring role on *L.A. Law*. Log onto edgemonline.com to read more of their Q&A.



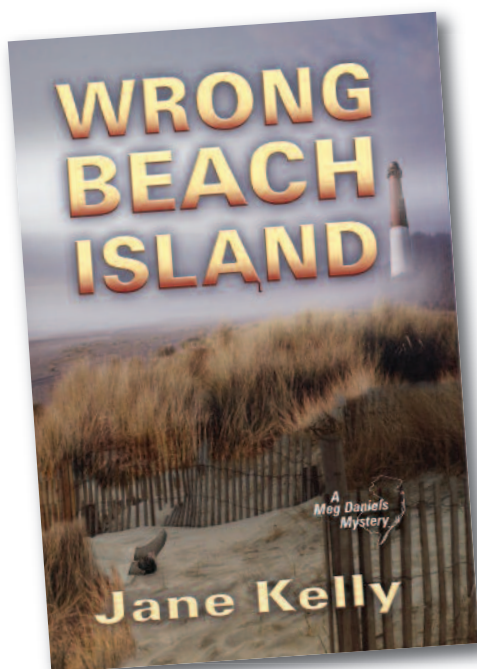
A Matter of Character

When Jane Kelly is angry with people, she kills them.

By Jennifer L. Nelson

That is just one of the many perks of being a mystery writer. “There was a person in my life who I disliked very much,” Jane Kelly says of her first book, authored in the mid-1990s. “So I killed him in a story. I found it to be a much safer, more legal way to vent my frustrations, and most importantly, I discovered that I really enjoyed writing.”

The author of the popular New Jersey Shore-based fiction series featuring sleuth and heroine Meg Daniels, Kelly will release the fourth installment of a series that includes *Killing Time in Ocean City*, *Cape Mayhem*, and *Wrong Beach Island* later this fall. That first book, for the record, never found a publisher. Nevertheless, Kelly (then in her 40s) didn’t give up. After a conversation with Tom Hogan, Sr.,



president of Medford-based Plexus Publishing, she was encouraged to try writing about something she knew a lot about. That's when the focus of her next mystery became the Jersey Shore; Kelly had been vacationing at the beach from the age of five months, and has returned every year since.

"I was most familiar with Ocean City, so that's where I started...and *Killing Time in Ocean City* was actually published," she recalls. "But since bodies don't wash up at the Jersey Shore every day, I thought it would be best to come up with mysteries for Meg to solve in other towns I knew and loved, like Cape May and Long Beach Island... and now Atlantic City."

Kelly's most recent novel isn't entirely focused on casinos or gambling. She's more inclined to sink \$20 in video poker and go home than she is to drop hundreds of dollars at the tables. Instead, she infuses her work with other sources of personal inspiration. "I'm not a big gambler, but there *is* a part of me that always wanted to be a singer—even though I have no talent whatsoever," she smiles. "So that's why I made one of the main characters a frustrated lounge singer."

In *Missing You in Atlantic City*, Meg is vacationing in Atlantic City while her boyfriend (recurring character Andy Beck) is busy working at his job in hotel casino security. She finds herself spending a lot less time with her toes in the sand than she had hoped when she decides to dig into a

disappearance that occurred in the 1960s. The 50-year-old mystery revolves around a chance encounter with Johnny Boyle, a lounge singer and Frank Sinatra impersonator known as Johnny Angelini, and his long-lost mother, Betty Boyle, who went missing when he was an infant.

Like Kelly, Meg has always written from the perspective of a tourist at the Jersey Shore. As she listens to Johnny's tragic tale, she vows to help him find out what happened to his mother once and for all. "My first thought was that, as someone who comes to visit the beach, you never expect anything bad to happen." Kelly says. "Yet, somehow, Meg always knows how to find trouble. After three books, you'd think she would have figured that out by now."

As Meg attempts to interview a tangled web of surviving witnesses in the mysterious disappearance of Betty Boyle—and ultimately reveals a twisted cover-up in the process—the story delves into the sordid world of politics in 1964, when the Democratic National Convention rolled into town and was held at Boardwalk Hall. "The reason Meg is so successful at what she does," says Kelly, "is that she really cares. She genuinely wants to help people, and she finds herself completely caught up in this story of the son who was left behind. My books are supposed to be light, fun beach reads. But they also have that additional emotion and depth regarding the crime itself."

Prior to becoming an author, Kelly's life didn't have quite as much drama as her heroine's. She graduated from Chestnut Hill College in Philadelphia, earned a Master's of Science degree in information studies from Drexel University, and added a Master's of Philosophy in Popular Literature from Trinity College at the University of Dublin. She went on to work in online information ("Before people even knew what the Internet was," she says), consulting, and facilities management—in which she still has a day job, traveling to New York, Washington, DC, Chicago, Boston and other cities as part of her work.

Actually, it was when writing her graduate thesis on political fiction when Kelly first began researching the historical events that ultimately would set the stage for the plot of *Missing You in Atlantic City*. "I became completely fascinated with history, and started reading exclusively

non-fiction about the early Cold War period," she recalls. "That's when I had the idea of having a crime that was committed in the past, and combining it with my memories of all my visits to Atlantic City growing up."

Kelly did some sleuthing herself. Not only did she spend time wandering the boardwalk and casinos of Atlantic City, she took her research a step further and tracked down an assortment of people who had *lived* during that time. "I had a friend who actually went to hear Bobby Kennedy speak at the convention. Times were different back then, and I know Betty Boyle would have been able to do the same thing."

Looking ahead, Kelly hopes to continue to be able to explore the past when it comes time to dream up her next mystery. "I like to learn about the history of the years that I've been alive," she says. "You don't have to live in Atlantic City or have grown up in the 1960s to know what was going on back then, and I think people will enjoy reading about something that was so important to our history

and that happened right here in our backyard."

Meg Daniels will continue solving crimes, Kelly expects. However, there are plans in the works for new characters.

Devising the complex plots in her novels almost comes naturally to Kelly now, but it's her characters that make each book special. "If I were only concerned with plot, I'd be publishing books a lot more quickly," she says. "The characters always end up taking on a life of their own...and if I can't 'hear' them in my own mind, then I know they're just not ready yet." **EDGE**



All images courtesy of Plexus Publishing/Jane Kelly

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Top left: Pat, Tom, Mike and John
Bottom left: Mary Catherine, Faith, parents
Yoshiko and Thomas, Ali and Eileen.

Support System

A Trinitas Family Spans Three Generations

By Caleb MacLean

What's in a name? Every day, we pass by buildings and parks and other public spaces that bear the names of people we know little or nothing about. In the case of the new Thomas and Yoshiko Hackett Ambulatory Surgery Center at Trinitas Regional Medical Center, there's more to those names than perhaps anyone knows.

The Hacketts have left behind a thriving legacy of a hardworking family which has remembered its roots. Tom Hackett was born in Elizabeth to Irish immigrants. He served in the Air Force during the Korean War, and while overseas he met his future wife, Yoshiko, in Japan. The Hacketts lived in Elizabeth for three decades, raising eight children, all of whom were born in St. Elizabeth Hospital. They moved to Roselle Park and then Clark in 2007. Tom was a letter carrier for the U.S. Post Office in Elizabeth for 35 years. He also worked many part time jobs in order to provide for his family of 10. Yoshiko worked part time for the Elizabeth Board of Education for a number of years. Tom passed away in 2010 and Yoshiko earlier this year.

During their lifetimes, Tom and Yoshiko were longtime supporters of Trinitas. Their legacy lives on since their

generosity has made it possible for Trinitas to realize a vision for better health care for the community. In 2014, the family's generosity and devotion was recognized with the opening of the Ambulatory Surgery Center bearing their names. The 9,500 square foot outpatient facility has already proven vital to the community, and has reduced the demands on the hospital's busy main operating rooms.

As Gary S. Horan, President and Chief Executive of Trinitas, explains, "The measure of a man is often based on what he does in his lifetime and in the legacy he leaves behind. Tom and Yoshiko Hackett loved Elizabeth and never forgot the City in which they lived, worked and raised their family. They passed along that abiding love and regard for their hometown to their children who, like their parents, are committed to supporting programs and initiatives that help Trinitas meet the health care demands of the communities it serves."

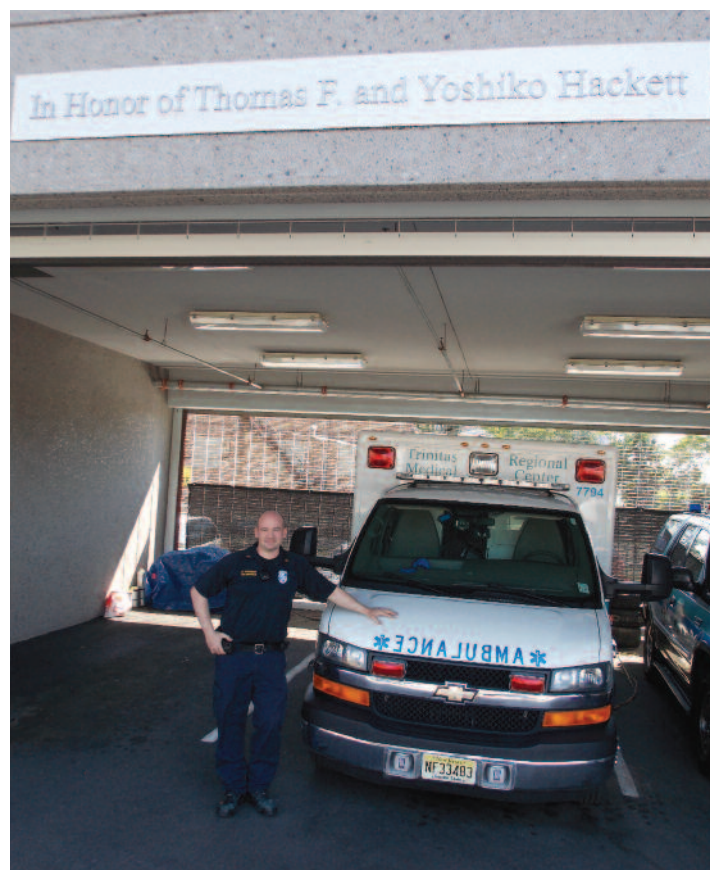
Their daughter, Eileen, is currently a member of the Trinitas family, working in the Information Technology department, and their son, Patrick, serves on the Trinitas Regional Medical Center Board of Trustees. Eileen and Patrick's siblings—Ali, Faith, Tom, John, Michael and

Mary Catherine—have also remained connected to the hospital in various ways, including annual giving to the Trinitas Health Foundation. A third generation is also involved with Trinitas as several of Tom and Yoshiko's 19 grandchildren are donors and event volunteers.

"Our parents were hard-working and very caring, and taught all of us the importance of helping each other and supporting others in the community," says Patrick Hackett. "We are so pleased to have the opportunity to honor them at Trinitas, an organization they had such important connections to and that meant so much to them."

The Hackett family's connection to Trinitas—now three generations and growing—continues to move the medical center forward. More important, it will benefit the people in Union County and beyond for generations to come. **EDGE**

Editor's Note: In addition to the Ambulatory Surgery Center, Thomas and Yoshiko's names also grace the Trinitas Emergency Services headquarters (*right*) in the Center for Regional Education (CORE) on Elizabeth Avenue in midtown Elizabeth. Nick Schoendorf, Communications Supervisor, (*right*) represents his fellow EMTs.





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The Trinitas Health Foundation's Sixth Annual Andrew H. Campbell Memorial Clay Shoot brought 86 shooters out to Hudson Farms in Sussex County and netted \$60,000—the highest amount raised since the introduction of this fundraiser in 2009. Campbell, the former Chairman of Elizabeth General Medical Center, was instrumental in forging the consolidation of EGMC and St. Elizabeth Hospital into Trinitas, and later served as Chairman of Trinitas. Joining Nadine Brechner, Vice President and Chief Development Officer (far left) and Valerie Ramsberger, now-retired Director of Palliative Care (third from right), are Campbell family members Drew Campbell, Cynthia Campbell, Margaret Campbell O'Donnell, and James Campbell.

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BOOSTING HIGH ACHIEVERS

The Westfield Foundation funded the newly-launched Medical Mentoring program at Trinitas Regional Medical Center. The first group to participate, all high achievers from Westfield, showed interest in a healthcare career to qualify. The high school seniors received congratulations upon completion of the program from Lisa Liss, Director of Volunteer Services, at Trinitas, and (seated) Nadine Brechner, Vice President and Chief Development Officer of the Trinitas Health Foundation, Abby Nagel, MPA, Director of Corporate Partnerships at the Trinitas Health Foundation, Betsy Chance Executive Director of the Westfield Foundation, and Pat Haydu, RN and facilitator of the Medical Mentoring Program. Standing, from left, are students Olivia Windorf, Chrissy Greismer, Katherine Duffy, Elizabeth Fox, Leah Isoif, Kayleigh Denner, Kelly Morrison, Norna Jules, Victoria Breza and Erin Frankel; Westfield residents Jill Sawers, Ellen Krevsky and Nancy Lessner, members of the Trinitas Health Foundation Board; students Andrew Zale and Jason Liu, and Gary S. Horan, FACHE, President & CEO of Trinitas Regional Medical Center.



HELPING HANDS FOR HEARTS

The John Taylor Babbitt Foundation recently provided a \$4,880 grant to the Trinitas Health Foundation for the purchase of four automatic electric defibrillators (AEDs) for use in ambulances and in the Trinitas Emergency Department Lobby. Other funds from the grant will be used to purchase related items and pay for training. From left are Dr. John D'Angelo, Chairman of Emergency Medicine, Abby Nagel of the Trinitas Health Foundation, Marian Joyce of the John Taylor Babbitt Foundation, Nadine Brechner, Vice President and Chief Development Officer of the Trinitas Health Foundation, and JoAnne Babbitt, Vice President of the John Taylor Babbitt Foundation.

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5 Minutes with... Rich Sommer

Mad Men's Harry Crane



Photo by Jordin Althaus courtesy of AMC

What is it about your character, Harry Crane, that makes him so right to handle the agency's TV business?

He loves to schmooze—no doubt about it! He loves a cocktail, he knows where all the parties are, he has a knack for making inroads with the right people, he's very business-flirty, he's good at buttering someone up, holding their hand and making sure they make the right decision. Which is something Harry and I do *not* have in common!

Which actor on the show was the farthest from the character he or she played?

Vincent Kartheiser. I think all of us would agree, hands-down, that Vinnie was the farthest from the part he played.

How about Jon Hamm as Don Draper?

Luckily, he's not much like Don at all. He's a very good guy to be around and he set the tone early for our group. He's on time, he knows his lines, he treats others with respect—so no one in the entire cast had an excuse to do otherwise.

Did you imagine that the *Mad Men* concept—which was very experimental—would be a hit?

I had done a couple of commercials, but this was really my first TV job, so of course I never expected this. I'm starting a pilot for a new show now and I have the same feeling—I have no idea what it could be. I like the script a lot, I'm hopeful it will turn into another few years of quality work, but you never really know.

What was the smartest thing *Mad Men* creator Matthew Weiner did?

Not ever letting the cat out of the bag. His commitment to—and enforcement of—total secrecy helped the show's popularity and also elevated our thinking about the characters we played. Knowing that the stakes were that high added something to our performances.

Do you like where Harry Crane is heading as the final episodes unfold?

I'm very pleased. Clearly, he's got his foot in the door, he's made his intentions clear about being a partner, he's on a good trajectory. Unless he blows it.

In a way, Harry is perfectly positioned to become a major player in the television industry. Where do you think Harry is headed post-*Mad Men*?

I have no idea how the series will end, so I have no idea what will happen to Harry. But you know, historically, people like Harry Crane ended up as power agents. I don't imagine his ambition stops at being a partner at Sterling Draper, or whatever the heck it is now. But I don't know that he'll ever stop climbing.

What would you like your character's last line to be?

I'll leave it to the writers to come up with that. I'm just scared to know that there is a last line coming. **EDGE**

Editor's Note: EDGE Editor-at-Large Tracey Smith squeezed another five minutes out of Rich Sommer. Log onto edgemagonline.com to read more of their Q&A.

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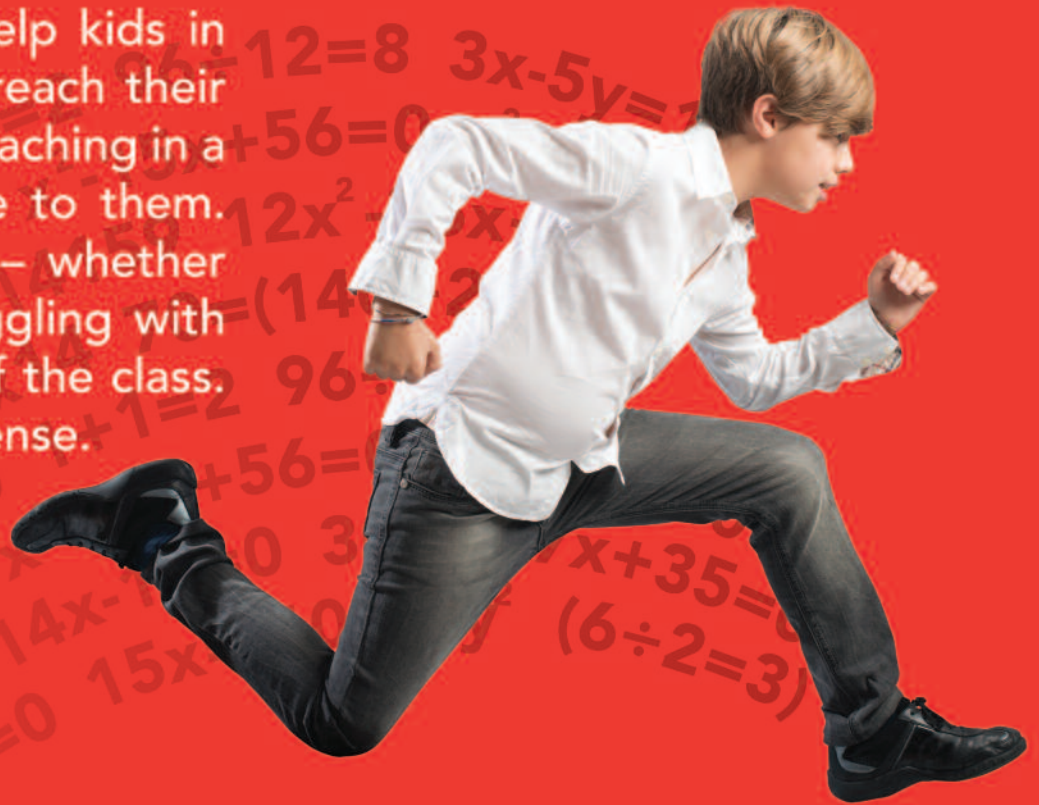
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